

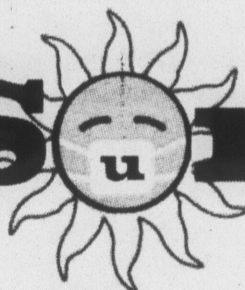


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The Quincy Sun



Historic Quincy's Hometown Weekly Newspaper Since 1968

VOL. 53 No. 6

Thursday, October 22, 2020

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MAPLE SHADE TREE with yellow leaves against a blue sky at Pine Hill Cemetery in West Quincy makes a pretty fall photo. The cemetery undergoing an expansion project that will provide space for 4,000 burial plots. Story on Page 17.

Quincy Sun Photo/Robert Bosworth

Councillors Hear Presentation On Economic Development

By SCOTT JACKSON

Planning Director Jim Fatseas said his department is a resource for companies looking to grow and thrive in Quincy, but also noted government does not have the ability to pick and choose which businesses move to the city.

Fatseas and members of the Planning Department

staff provided city councillors with an overview of the department's economic development efforts, including steps to help out businesses amid the pandemic, during a three-hour meeting of the council's oversight and ordinance committees on Oct. 15.

Councillor Anne Mahoney, the chairwoman of the ordinance committee, had introduced a resolution seeking an update on the city's economic development efforts in January, before the pandemic hit. The presentation on Oct. 15 was in response to that resolution.

tion.

Fatseas said his department wants to work with businesses to help them grow and thrive.

"Our mission is placing a spotlight on the people and communities who are investing back into Quincy

Cont'd On Page 13

All QPS Students Eligible For Hybrid Learning

By SCOTT JACKSON

With students in all grades now able to participate in a hybrid learning model, the coming weeks will be important to determine if any students are able to transition to in-person learning on a full-time basis, Health Commissioner Ruth Jones told the School Committee.

Quincy students in grades 4-12 were eligible

to transition from a remote-only learning model to a hybrid one with a mix of in-person and remote days on Oct. 15. Their peers in pre-kindergarten to grade three were able to start the school year in September following the hybrid model. Certain high-need students at all grade levels were allowed to start the year with in-person classes as well.

Cont'd On Page 14

COVID Advice: 'Don't Let Your Guard Down'

By SCOTT JACKSON

With colder weather setting in and bringing with it the start of cold and flu season, Quincy's health commissioner stressed the importance of continued vigilance to fight the spread of COVID-19.

Health Commissioner Ruth Jones provided an update on COVID-19 cases in Quincy during Monday's City Council meeting,

which was held remotely via Zoom. Jones said 11 new cases of the coronavirus were reported on Monday, bringing the total number of cases since the pandemic began earlier this year to 1,820. Of that total, 1,558 residents have recovered and 135 have died.

"We have not had a death - and I'm happy to say this - in months in Quincy," Jones

Cont'd On Page 15

Early Voting Underway

More Than 1,400 Residents Cast Ballots During Weekend

By SCOTT JACKSON

More than 1,400 residents cast their ballots this weekend at North Quincy High School as voting in the presidential election got underway.

Early voting will continue this week and next and

residents can also submit a ballot by mail ahead of Election Day on Nov. 3.

City Clerk Nicole Crispo said 812 residents voted at the high school on Saturday, the first day of early voting, and 589 did so on Sunday.

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HarborOne Bank Opens Quincy Branch - Page 8
 Crime Prevention, Job Well Done - Page 10, Page 11
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More Quincy news:
The Quincy Sun.com

Energy Production For Physical Activity

Practical Fitness With Wayne L. Westcott

By WAYNE WESTCOTT

Every minute of our lives, we are producing energy to maintain our life-sustaining processes. Even when we are asleep, our hearts are pumping blood throughout our bodies, our organs are functioning, and our cells are involved in chemical reactions, with the end result of energy/heat that maintains our body temperature at about 98.6 degrees.

Of course, muscular activity is a major consumer of energy. Because muscles are still active when we're at rest, more than 25 percent of the calories we burn when sleeping are used for muscle tissue maintenance and remodeling.

Aerobic Energy System

The primary means for producing energy is transporting oxygen from the lungs to the cells of the body through the heart and circulatory system. This is referred to as aerobic energy production (which means with oxygen). At rest, when there is less muscle activity, we can provide all of the oxygen our cells need by light breathing and a relatively low heart rate. More specifically, at rest, we all

use about 3.5 millimeters of oxygen per minute for every kilogram (2.2 pounds) of body weight. Physicians typically refer to this as 1 metabolic equivalent (MET) of energy production.

As we become more active, our energy requirements increase proportionately. For example, a brisk walk may require four times as much energy as sitting (4 METs). Because of the increased muscle activity and energy requirements, we must breathe faster and deeper, and our hearts must pump blood faster and harder to supply enough oxygen to our working muscles. If we start running, we may need eight times as much energy as sitting (8 METs). This level of energy production may approach our body's maximum capacity for transporting oxygen to the working muscles. Unlike the lower energy requirements associated with walking, we may not be able to sustain the higher energy requirements associated with running for more than a few minutes.

As we gradually increase the duration and intensity of our aerobic training pro-

gram, our cardiorespiratory system experiences important adaptations that enable us to exercise longer and with less effort. Essentially, our heart becomes a stronger pump (pumping more blood each beat), our circulatory system becomes more efficient (expanding the capillary beds) and our blood becomes a better oxygen transporter (increasing the number and size of red blood cells).

This process is generally referred to as aerobic conditioning, and it has important fitness and health benefits. The most obvious indicator of increased aerobic capacity is a reduction in our resting heart rate. As our heart becomes stronger, it pumps more blood every time it contracts and, therefore, does not need to beat as frequently to meet our resting oxygen/energy requirements. With continued aerobic training (e.g., 20 to 40 minutes of walking, running, cycling, etc.) our resting heart rate may decrease from an average of 75 beats per minute to 65 beats per minute, and may eventually approach 55 beats per minute. A 20-beat-per-

minute reduction in our resting heart rate saves almost 29,000 heart contractions every day.

Anaerobic Energy System

While most of our daily activities are accomplished by means of our aerobic energy system, more powerful bouts of physical exertion depend on a different energy source known as the anaerobic energy system. There are two components of the anaerobic energy system, depending on the duration of the high-effort exercise. For very brief, all-out physical activities, such as sprinting 75 yards as fast as possible, we produce the necessary energy by means of creatine phosphate stored in our muscles. The heart and circulatory system simply can't gear up quickly enough to supply the muscles with oxygen, so these chemical reactions provide energy anaerobically (without oxygen). Although highly effective for short-term energy production, creatine phosphate is extremely limited in our muscles and can't sustain exercise bouts longer than 10 seconds. Creatine phosphate must be restored with oxygen, so each brief ex-

ercise event is followed by heavy breathing and high aerobic energy system activation. The creatine phosphate energy system may be trained by performing 75-yard sprints. After a good warm-up, sprint 75 yards as fast as possible, and then jog back to the starting line. Sprint another 75 yards, and jog back to the starting line. Begin with four sprints and gradually progress to eight fast dashes.

For high-effort events lasting from 10 seconds to 2 minutes, we use another anaerobic energy source known as the lactate system. This system uses glycogen (sugar) stored in the muscles for energy production, and enables us to run fast for 200, 400, or 600 yards. The major limitation of the lactate system is the chemical by-products that cause muscle fatigue. As lactate accumulates in the tissues and blood, our muscle function becomes impaired. Similar to the creatine phosphate system, energy produced through the lactate system must be restored with oxygen. Although energy for short-term events can be produced anaerobically, these sources must be replenished aerobically. Like the creatine phosphate system, the recommended



WAYNE WESTCOTT

conditioning program for the lactate system is interval training. For example, run a quarter mile (one lap), then jog a quarter mile (one lap), and repeat for a total of four laps. Progress gradually to three quarter mile runs alternated with three quarter mile jogs, for a total of six laps. Interval quarter-mile training sessions should be preceded and followed by at least a half-mile jog warm-up and a half-mile cool-down.

Whichever energy system you choose to train, be sure to check with your physician for approval and recommendations.

Wayne L. Westcott, Ph.D., is Chairperson of the Quincy College Exercise Science Department. He has written 30 books on physical fitness and strength training. Wayne may be reached at 617-984-1716 or at wwestcott@quincycolllege.edu.

Community Conversation Focus On Social Justice Online Oct. 22

The public is invited to join the Thomas Crane Public Library and March Forward Quincy for their first community conversation about social justice, to be held online at 7 p.m. Thursday, Oct. 22.

For this conversation, the library is partnering with a new local organization, Quincy for Transformative

Change, which will help create a brave space to discuss the ideas expressed in the book *When They Call You a Terrorist: A Black Lives Matter Memoir* by Patrisse Khan-Cullors and Asha Bandele. The first 15-20 minutes of the program will be spent reviewing highlights from the book, and then everyone will be

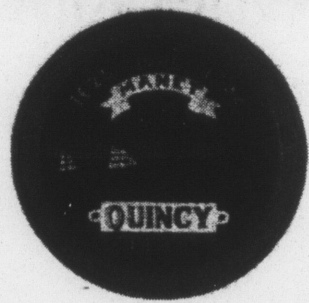
invited to participate in a conversation about how these ideas impact our lives here in Quincy.

TCPL is partnering with local organizations to lead a series of community discussions throughout the year. Each group will choose a book/reading/movie/video/intellectual work of some kind to deepen our understanding of a specific social justice issue and will lead the community in discussion about how this issue affects our lives and help us to act in ways that advance social justice in our community.

This program is co-sponsored by the Friends of the Thomas Crane Public Library, March Forward Quincy, Quincy for Transformative Change and Quincy4Justice. Closed captions will be available. For more information, including links to supplemental materials, visit the TCPL website.

Join on Zoom (meeting ID 853 2718 0184). Using the free Zoom app is recommended. Call (646) 558-8656 and use the same meeting ID to listen to the audio.

You may also view the program live on the Crane Public Library's YouTube channel and on our Facebook page.



ABSENTEE VOTING for MA STATE ELECTION

Absentee ballots are available for the
Massachusetts State Election.

Quincy voters may vote in person at City Hall
Monday through Friday from 8:30 a.m. to 4:30 p.m.
until Monday, November 2, 2020 at noon.

Voting takes place in the City of Quincy Election Office,
second floor, City Hall glass annex building,
1305 Hancock St., Quincy.

For voters who would like the ballot mailed to them they
must complete an absentee voter application.
Absentee voting applications are available at
City Hall or at quincy.ma.gov.

To have an application mailed,
please call the Election Office at (617) 376-1144.

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OCT

22

2020

Group Home For Adults With Disabilities Opens Here

New Germantown Home First Completely Deaf-Friendly House In Eastern MA

NeighborWorks Housing Solutions, a leading housing service provider in southern Massachusetts, announces the opening of one of their newest homes on Bicknell Road in the Germantown neighborhood of Quincy.

Through a partnership with WORK Inc., the house serves as the home to five adults with intellectual and developmental disabilities and is the only completely deaf-friendly home of this kind in eastern Massachusetts. The home is staffed on a 24-hour basis and is fully integrated with smart technology to accommodate the deaf staff and residents. The house opened and welcomed the new residents late last month, and was officially celebrated at a recent small ribbon-cutting.

"We are so proud of the current project in Germantown in partnership with NeighborWorks Housing Solutions," said Jim Cassetta, president and CEO of WORK Inc. "WORK Inc. and NeighborWorks have worked together for many years and are excited about this new housing develop-

ment. WORK Inc. operates 22 residential group houses for individuals with intellectual and developmental disabilities. This unique home is being developed and built to accommodate individuals with mobility issues, intellectual and developmental disabilities, and hearing impairment.

"WORK Inc. is grateful to have the support and partnership of NeighborWorks Housing Solutions, the city of Quincy, the Department of Developmental Services, and many others to make this project possible," Cassetta added.

Elton Hampton Architects designed the home; funding was provided by the Massachusetts Department of Housing and Community Development, the Massachusetts Department of Developmental Services, and the City of Quincy.

"This has been an honor to collaborate with WORK Inc. on this project, which will truly be a home to five individuals who have a unique set of needs," said Robert Corley, chief executive officer of Neighbor-

Works Housing Solutions. "We're excited to show the community how important this type of housing is for the community. We look

forward to partnering with WORK Inc. and other similar agencies to help create more housing like the home in Germantown."

NHS and WORK Inc. have been partnering with QATV to document the history of the project, and share information about this type

of housing and its importance. The three-part series is currently in the works and will be available for viewing on QATV's website.



RIBBON CUTTING CEREMONY marks the official opening of NeighborWorks Housing Solutions new group home for adults with disabilities in Germantown. From left to right: Robert Corley, CEO NeighborWorks Housing Solutions; resident; Mayor Thomas Koch and Jim Cassetta, CEO, WORK Inc. *Courtesy Photo*

Baker Urges Continued Vigilance Around Coronavirus

By SCOTT JACKSON

Gov. Charlie Baker said the state is prepared for a rise in COVID-19 cases during the coming months and urged residents to remain vigilant to stop the spread of the virus.

"There is no question that there will be more cases this fall. That prediction was made last spring by researchers and public health experts," Baker said during an hour-long State House press conference on Oct. 13.

"We needed to be pre-

pared to identify those cases early, keep our health system strong and protect the most vulnerable among us from the uptick. We've done the work, we're prepared to respond to this virus like never before, but our preparations are of little use without the people of Massachusetts continuing to do their part."

Residents, the governor said, need to keep taking steps to stop the spread, such as social distancing

Cont'd On Page 4

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Moments
in time

THE HISTORY CHANNEL

• On Nov. 3, 1777, Gen. George Washington is informed that a conspiracy is afoot to discredit him with Congress and have him replaced by Gen. Horatio Gates. Major Gen. Thomas Conway led the effort. Conway offered his resignation in March 1778 by way of apology, and was surprised and humiliated when Congress accepted.

• On Nov. 4, 1928, Arnold Rothstein, New York's most notorious gambler, is fatally shot during a poker game. Police made arrests after following his trail of blood back to a suite where a group of men were playing cards.

• On Nov. 5, 1930, Sinclair Lewis is awarded the Nobel Prize in Literature for his novels "Main Street" (1920), "Babbitt" (1922), "Arrowsmith" (1925) and "Elmer Gantry" (1927). In 1926, he had turned down the Pulitzer Prize awarded him for "Arrowsmith."

• On Nov. 7, 1957, The Gaither Report called for by President Dwight Eisenhower to review the nation's defense readiness urges a vigorous \$30 billion campaign to build fallout shelters. It suggested that American citizens were completely unprotected from nuclear attack.

• On Nov. 2, 1960, a landmark obscenity case over "Lady Chatterley's Lover," by D.H. Lawrence, ends in the acquittal of Penguin Books. The publisher had been sued for obscenity in publishing an unexpurgated version of the novel, which deals with the affair between the wife of a landowner and the estate's gamekeeper.

• On Nov. 6, 1982, Shirley Allen is arrested for poisoning her husband, Lloyd Allen, with ethylene glycol, commonly known as antifreeze. After witnessing her mother spike Lloyd's drinks with the deadly substance, Shirley's own daughter turned her in to the authorities.

• On Nov. 8, 1994, 59% of California voters approve Proposition 187, banning undocumented immigrants from using major state public services such as non-emergency health care and education. The ballot measure never took effect, and California has since repealed Prop 187.

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Monotropa uniflora lacks chlorophyll pigments and appears white. It grows in the decaying debris of dark, dense-growth forests across the Northern hemisphere. Each stem bears a single delicate flower that hangs downward, which protects its pollen from the rain and lets insect pollinators access it. The clear fluid from its stems has been used to treat eye problems, skin problems, seizures and pain by native Americans and traditional medicine practitioners. — Brenda Weaver
Source: medium.com

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Baker Urges Continued Vigilance Around Coronavirus

Cont'd From Page 3

and wearing face masks when necessary.

"What we need from you is continued vigilance as we head into the ninth month of fighting this virus," he said. "Face coverings, distance and hygiene are all part of the plan."

Baker said residents have done a good job complying with health guidance in public settings, like going to work or running errands. Such precautions also need to be followed in informal settings, like private gatherings, he stated.

"We also need your vigilance in informal settings, especially as we all move from our backyards to our living rooms and our family rooms," Baker said.

The governor said residents who have traveled out of state or been in groups of people without masks should get tested for the virus and wear a mask at home to stop household spread.

"Stay vigilant and respect the virus," he stated.

Baker was asked several times during his press conference if the rise in cases seen in Massachusetts in recent weeks constitutes the start of a second surge of the coronavirus. The governor said it is not.

"I don't consider where we are to be anywhere near that," he said. "What we have seen is a rise in cases that a lot of people predicted was going to happen months ago and we have been preparing for that."

The governor was also asked if he would consider shutting down indoor dining, as some health experts have suggested he do, given the recent increase in cases. Baker said there is no proof the recent uptick has been caused by indoor dining; rather the increase has been driven by individuals in their 20s and 30s spending time together.

"There is no evidence that that is what's driving

our cases," Baker said of indoor dining. "I'm not going to stop doing things just because somebody doesn't like them. Somebody actually has to demonstrate in our data that something is actually driving cases."

"Right now, the thing that is driving cases is young people...who are spending a lot of time with each other in close quarters — apartments, rooftops, places like that. They are not social distancing and they are passing the virus around."

While those in their 20s and 30s are less at risk from serious impacts of COVID-19 than older residents, Baker said they can spread the disease to more vulnerable individuals.

"The vast majority," of individuals in their 20s and 30s, Baker said, "don't get as sick as someone over the age of 60 would, but many do, and they do have the potential to pass it along to other people in their family or in their network who are

older and for whom getting the virus could be a very terrible thing."

During his press conference, the governor outlined a number of steps the state has taken to prepare for a potential second wave of COVID-19 cases.

The state, for example, now has the capacity for 65,000 coronavirus tests per day, which will soon rise to 100,000 tests per day. The state was conducting about 2,000 tests per day in late March and 13,000 per day in May.

The state is also stockpiling personal protective equipment, or PPE, Baker said. The state has enough PPE — including masks, gowns and gloves — to last through the end of 2021, Baker said.

In addition, he said the state has a stockpile of 1,200 ventilators available, nearly twice the 675 that were used in the spring. The number of patients in the ICU peaked at 1,085 in April for comparison.

Baker Proposes \$45.5 Billion Budget

By SCOTT JACKSON

Gov. Charlie Baker has proposed a \$45.5 billion for the current fiscal year, a spending plan he said would not require any tax increases to fund.

Massachusetts began the current fiscal year, FY21, on July 1 without a budget amid the coronavirus pandemic. Lawmakers have passed a series of one-month budget to keep government running since then.

The proposed budget introduced by the governor on Oct. 14 represents a \$900 million increase over the FY21 spending plan he submitted to the legislature earlier this year.

The proposed budget includes no tax increases.

"The idea of going back to taxpayers given their own situation just didn't seem like the right thing to do," Baker said.

The governor later stated he would yet to a tax increase should the legislature approve one.

Baker is proposing to withdraw up to \$1.35 billion from the state's stabilization fund, also known as the rainy day fund, to help pay for his proposed spending plan. There is \$3.5 billion in the stabilization fund presently.

"The rainy day fund is there to support services when it's raining, and I think most people would agree it's raining," Baker said.

The amount withdrawn from the stabilization fund could be reduced if taxes

or other revenue comes in higher than anticipated, he added.

The proposed new budget would give cities and towns no less in local aid than they received in fiscal year 2020, according to Lt. Gov. Karyn Polito. The proposed budget would include an additional \$108 million increase in Chapter 70 education funding for municipalities and at least \$442 million in federal

aid for K-12 schools to help teach students during the pandemic.

The budget also includes an additional \$100 million for economic development and small business recovery, which is on top of the \$275 million economic development package the administration announced in June. Baker said the \$100 million would be funded by a change in how the state

collects the sales tax from certain businesses.

The proposed budget recommends funding the Executive Office of Health and Human Services at \$25.24 billion, a \$1.43 billion increase from the previous fiscal year. That includes \$160 million for Chapter 257 human resource provider rate increases using a new methodology that officials

Cont'd On Page 23

Mass. Fiscal Alliance Calls On Baker To Reduce State Spending

Massachusetts Fiscal Alliance issued the following statement in response to Gov. Charlie Baker's \$45.5 billion-dollar revised state budget, which calls for more spending than his pre-COVID budget released in January.

Despite the increase in spending, the new budget anticipates less tax money being collected by the state than in January. To cover this gap, the governor's budget spends approximately \$1.35 billion of the state's \$3.5 billion "rainy day" fund, leaving the balance at around \$2.2 billion at the end of the year.

"Governor Baker was right to propose the state draw on the 'rainy day' fund to pay for state spending during a once in a generation crisis. However, without reducing state spending, the state continues heading in the wrong direction. Taxpayers would be more

willing to see their savings be spent if it included a reduction in state government spending," said Paul Diego Craney, spokesman of the Massachusetts Fiscal Alliance.

Massachusetts remains operating under pandemic-related executive orders, originally promulgated in March, that have shut down or limited economic activity around the state. After setting records for highest unemployment in the country over the summer, the Commonwealth continues to be among the states with the highest unemployment and its economy remains severely distressed.

Despite this, the Baker administration proposed raising taxes on popular services like Uber and Lyft, and further squeeze struggling businesses by implementing an immediate collection of the sales tax and increased the level of state

government spending.

"In this pandemic, few industries have been hit harder than ride sharing services and retail businesses. To then decide that their pain can be best addressed with a tax increase, and accelerated tax collections, shows a tone deafness that only could live in the narrow confines of our statehouse. The Governor's approach will only exacerbate the state budget problem while hurting small businesses," Craney said.

"Whatever budget is approved by the Governor and State House leaders, they need to keep in mind that in January, new state mandates will go into effect that will drive up the cost of doing business. This budget must be viewed in the context of what is coming down the road with more expensive costs of doing business and more economic uncertainty," Craney added.

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Scenes From Yesterday



THIS OLD POSTCARD was published in 1912 by Gilbert Shunk who was a local news dealer with a shop on Newport Avenue in Wollaston. The view is of Brook Street looking west from Arlington Street. This street got its name from Sachem Brook, which meandered along here from the Montclair peat bogs to Wollaston Beach. When The Wollaston Land Co. subdivided this area into house lots in the 1890s, the brook was buried in pipes that run under the backyards of the houses on the left. In the 1920s, a business block was built on the lot on the left, now the location of Andre's Variety Store. Brook Street

is one of five 50-foot wide streets that were laid out west to east by the land company; they had originally named Holbrook Road, Broadway. At the time there were no automobiles and it doesn't seem there was a need for such width on residential streets. In this view, only one horse-drawn wagon can be seen using the entire street. However, thanks to someone's vision, this street today accommodates parked cars on both sides with ample space for two travel lanes.

From the Tom Galvin Postcard Collection

Quincy's Yesterdays

This Week
1986
34 Years Ago

\$236,000 Grant To Improve Traffic Flow

State Sen. Paul D. Harold announced the award of a \$236,000 grant to the City of Quincy for engineering and design work for improvements at five major traffic congestion points in Quincy.

Harold said the funding is being awarded from the state Public Works Economic Development (PWED) program which grants money for transportation improvements that will result in economic benefits to the community through "spinoff" effects.

Harold, who serves on the Joint Legislative Committee on Transportation, worked closely with state Transportation Secretary Fred Salvucci to receive the funding for Quincy.

COUNCIL APPROVES \$250,000

TO RE-OPEN WOLLASTON SCHOOL

As expected, the City Council unanimously voted to approve a \$250,000 appropriation order submitted by Mayor Francis X. McCauley for the re-opening of the Wollaston Elementary School.

The school, which was closed amidst much protest due to declining enrollments, is scheduled to re-open in the fall of 1987.

COMMITTEE TO ADOPT POLICY

ON FUNDING OSTERMAN'S SUCCESSOR

Mayor McCauley said the School Committee will have to adopt a policy for a replacement of School Supt. John Osterman who announced recently that he will step down next year.

During the surprise announcement at last week's school committee meeting, Osterman said he will not request an extension of his contract and will resign Sept. 30, 1987.

"He has done a good job," said McCauley of Osterman who was appointed superintendent two years ago.

QUINCY-ISMS

The city treasurer's office reported that over \$3.2 million in real estate and personal property taxes have been collected since the tax bills were sent out on Oct. 3. . . Quincy Typewriter Service, 5 Maple St., Quincy Square, was offering Smith-Corona Typewriters for \$99.95. . . Flu shots were given to 913 Quincy residents during a vaccination clinic at the Kennedy Health Center. Administering the shots was Dr. Leon Jacobs assisted by Mrs. John Noonan. . . The Quincy Sunbeams column reported that Attorney General Bellotti, who is stepping down as attorney general at year's end, is planning to practice law in Boston. . . J.B. Optical and Hearing Aid Co., 1361 Hancock St., Quincy Square, was advertising "Discount Hearing Aids, Custom Fit, All In The Ear for \$399." . . The North Quincy High School Class of 1956 was planning its 30th reunion for Friday, Nov. 28, at the Neighborhood Club in Quincy. All interested classmates are asked to contact Alfred Sweeney, 15 Amherst St., Braintree. . . Mayor McCauley designated the week of Oct. 19-25 as "Work, Inc. Week" on the occasion of the 20th anniversary Work, Inc.'s founding. . . Mayor McCauley also named the month of October, South Shore Lupus Month. Receiving the mayoral proclamation was Patricia O'Keefe, president of South Shore Lupus. . . McIntire's Studio, 679 Hancock St., Wollaston, was offering "Passport Photos, In Instant Color for \$4.95." . . The Koch Club of Quincy was sponsoring the 31st annual Christmas Charity Program for the Needy and the Homeless. . . The Berry Insurance Agency, 685 Hancock St., Wollaston, noted: "When It Comes To Insurance We Keep Good Companies." . . The children of the First Parish Church, Quincy Center, was planning a bake sale-plant sale for UNICEF Sunday, Nov. 2. . . The South Shore Mental Health Center presented Distinguished Service Awards to Quincy residents: Attorney General Francis X. Bellotti and Mayor Francis X. McCauley. . . The Montclair Men's Club's 33rd annual dinner was scheduled for Oct. 29 at the clubhouse. Scheduled to receive the John B. Gillooly Memorial Award was New England Patriots President Billy Sullivan. . . The South Shore YMCA, Coddingtown St., held a dance for young people, ages 13 years and up, Saturday, Oct. 25, cost \$3 per person.

Friends Of Faxon Park Meeting Saturday

Bring your own chair, your mask and join the Friends of Faxon Park for a socially distant, in-person meeting Saturday, Oct. 24 at 11 a.m.

Learn more about the

Friends group that is being rekindled. Faxon Park is a 70-plus acre park. The Friends group promotes its use and improvement.

Meeting attendees are asked to meet at the pavil-

ion.

The group will discuss the current status of the park and plan for a trash clean up to take place in November. What do you love about the park? What would you like

changed? What should the group advocate for to improve the park?

If you can't attend but want to learn more, email the group at: friendsoffaxonpark@gmail.com.

Online Concert Features Charles River Sinfonietta

The public is invited to join the Thomas Crane Public Library online at 7 p.m. Thursday, Oct. 29 for the

debut performance of the Charles River Sinfonietta in the historic Richardson Room.

They will present a tribute to Ludwig van Beethoven in honor of his 250th birthday.

For more information about this concert and other virtual programs, visit thomascranepubliclibrary.org or call 617-376-1300 x3.

Learn-To-Skate Classes At Shea Rink

Bay State Ice Skating School announces new learn-to-skate classes for children, ages 4 to 18 are at ice rinks in Quincy and Weymouth.

Classes at the Shea Memorial Rink on Willard Street in Quincy start Sunday, Nov. 8 at 11 a.m. for eight weeks and at the Connell Rink, 220-R Broad Street in Weymouth, Sun-

day, Nov. 8 at 2 p.m. for five weeks.

Classes are also available at 10 area rinks.

Use either figure, recreational or hockey skates. Beginner, intermediate and advanced classes taught by professional instructors. For information and to register, call Bay State Skating School at 781-890-8480 or visit online at WWW.BAYSTATESKATING-SCHOOL.ORG.

Bay State Skating School is compliant with the Commonwealth of Massachusetts COVID-19 guidelines.

Burke Donates \$10,000 For YMCA Road Race

Attorney George Burke of Quincy announces he recently donated \$10,000 to the South Shore YMCA for the annual George "Trigger" Burke Frozen 5K Road Race to be held virtually in

January, 2021.

Burke said he is committed to helping others and is proud to help the YMCA for all the good they provide to families from education to good health and exercise.

Avery Wang National Merit Scholar

Avery Wang of Quincy, a student at the Commonwealth School in Boston, recently received a National Merit Letter of Commendation.

Avery joins a group of students whose PSAT scores put them in the top 5% of test takers nationally.

In total, 18 members of the class of 2021 have been recognized by the National Merit Scholarship Program.

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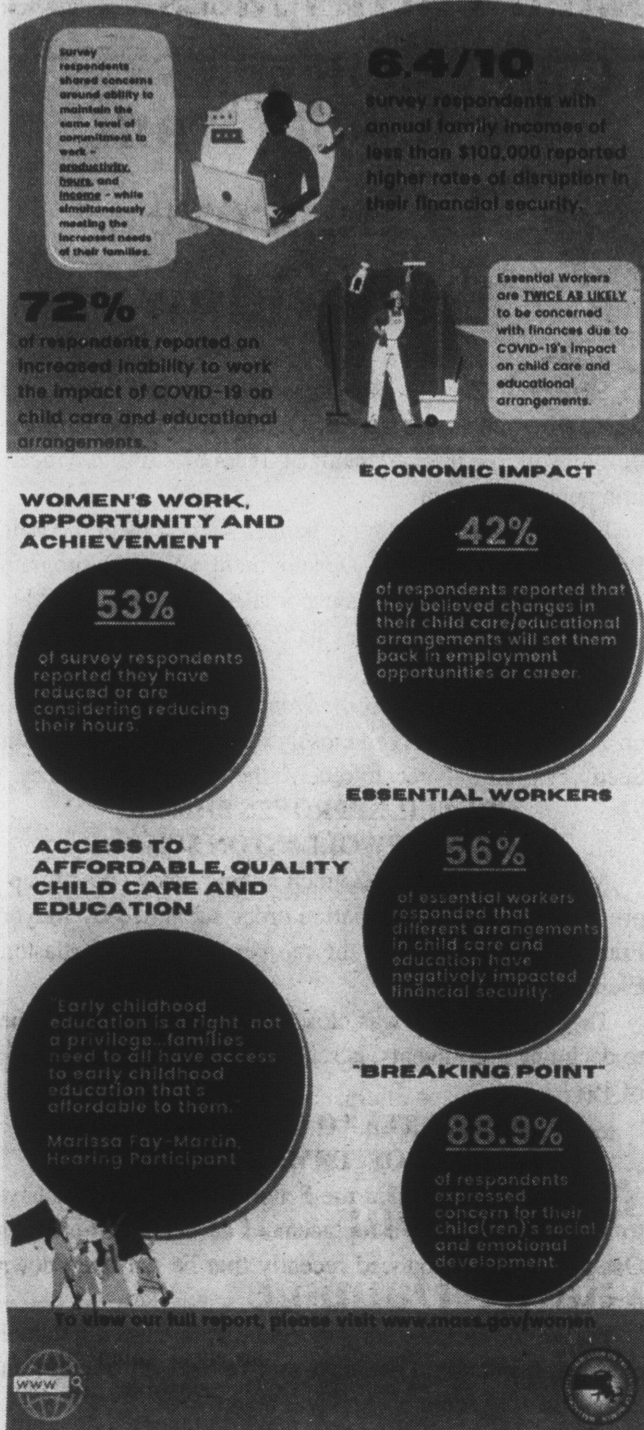
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MASSACHUSETTS COMMISSION ON THE STATUS OF WOMEN

IMPACT ON WOMEN: CHILD CARE AND EDUCATION DURING COVID-19



Report Released On Impact Of COVID-19 On Childcare, Education

The Massachusetts Commission on the Status of Women released a report relating to the child care and education crisis brought on by COVID-19 and its impact on women and working parents in Massachusetts.

The report, informed by survey and hearing data, addresses the effects on the status of women across the Commonwealth brought on by the increased burden on women and caregivers. The report was shared with elected officials along with recommendations regarding policy that would affect positive change on behalf of women and their families during this time.

To gather data, the Commission circulated an online survey conducted through email and social media from Sept. 2 to Sept. 16. It received over 4,000 responses by Massachusetts residents from more than 300 cities and towns.

Following the survey, the Commission hosted a virtual public hearing on Sept. 15 with over 60 participants; their verbal testimony was used to supplement

the survey responses. Both sources demonstrated that the pandemic has amplified the barriers and inequalities women face every day.

"We are hearing about - and many of us are experiencing - intense stress related to the impossible task of simultaneously working and providing care," said newly elected Chairwoman Denella Clark. "It is time that we as a Commonwealth understand that early education, care, and school are essential components to families' economic stability and the state's economy."

Specific data show that almost half of the respondents experienced a direct impact on their employment status because availability to childcare and education became non-existent. Furthermore, 80 percent of respondents participants reported experiencing a significant to overwhelming amount of stress due to these changes.

The Commission's report is located on their website, and can be reached through the following link: <https://www.mass.gov/women>.



WOODARD & CURRAN has been named a bronze winner in engineering excellence by the American Council of Engineering Companies for Massachusetts for their work on the Town Brook relocation in Quincy (photo above). *Courtesy Photo*

Woodard & Curran Bronze Winner In Engineering Excellence

The American Council of Engineering Companies of Massachusetts (ACEC/MA) has named Woodard & Curran as a winner of their 2020 Bronze Engineering Excellence Award for their work on the Town Brook relocation in Quincy.

The 2020 Engineering Excellence Awards were recently announced and will be celebrated at the 2021 ACEC/MA Engineering Excellence and Awards Gala. The awards celebrate innovation, ingenuity, and excellence in engineering achievement.

The Town Brook relocation unlocks the potential redevelopment of 14 acres of underutilized land in down-

town Quincy. It includes new green infrastructure that improves water quality and helps restore spawning habitat for native fish species. To accomplish it, Quincy established a unique public-private partnership that allowed significant infrastructure upgrades to be completed by a private developer.

The city's program manager, Woodard & Curran, then collaborated closely with the developer to design and construct the infrastructure on the same site as the construction of a 150+ unit apartment building. Ultimately, the project advances Quincy's ambitious downtown revitalization efforts

and economic development.

Woodard & Curran handle a wide range of water and environmental issues—solving complex problems with creativity and tenacity. They are an integrated engineering, science, and operations company. Privately held and steadily growing, they serve public and private clients locally and nationwide.

"The Engineering Excellence Awards program recognizes engineering firms for projects that demonstrate a high degree of achievement, value and ingenuity," said Jenn Howe, President of the American Council of Engineering Companies of Massachusetts and Prin-

cipal and Vice President at SMMA, Symmes Maini & McKee Associates. "Entrants are rated by an independent panel of judges from the architectural community, the construction industry, academia, the media, and the public sector on the basis of uniqueness and originality; future value to the profession and perception by the public; social, economic and sustainable development considerations; complexity; and successful fulfillment of the client/owner's need, including schedule and budget. We congratulate them and thank them for their contributions to improving the quality of our everyday lives."

MPL Launches Herbert Voigt Writer In Residence Position

The Milton Public Library announces the launch of the Herbert Voigt Writer in Residence.

The position creates a new opportunity for local writers to become more

involved with the Library and within the community. The Trustees of the Milton Public Library will be sponsoring this one year position, and are beginning their search for candidates.

The Writer in Residence will be an aspiring or published writer, residing in Milton, who furthers the library's fundamental mission through the creation of an original piece of work

and sharing their expertise through developing and offering library programming. The candidate search will take place over the next couple of months, with the goal of having a writer in the position starting in January.

The position is named in honor of former Library Trustees Herbert Voigt. Mr. Voigt was a member of the Library Board of Trustees from 2012 until his passing in 2018. Mr. Voigt championed library services and the providing of space to explore creativity.

For more information about requirements and expectations, and to find an application, the Library encourages people to visit: <https://miltonlibrary.org/about/writer-in-residence/>

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Thursday, October 22
5:00pm: Bethany Congregational Church
7:00pm: Messages to the Voters

Friday, October 23
11:30am: Currently in Quincy
7:00pm: LIVE: Adventure of the Telling Bell

Saturday, October 24
12:00pm: State Senate Debate
1:00pm: Messages to the Voters

Sunday, October 25
10:00am: Bethany Congregational Church
11:30am: Good News

Monday, October 26
11:30am: Currently in Quincy
8:00pm: NQHS vs. Hanover Football '11

Tuesday, October 27
7:00pm: AM Quincy: Mayor Thomas Koch
8:00pm: Messages to the Voters

Wednesday, October 28
5:00pm: Good News
7:00pm: The Call

Government Access Channel 9

Thursday, October 22
10:00am: AKC: Exercise with Karen
12:30pm: AKC: Eldys' Yoga II
8:00pm: City Council Incl. PH & Ord Comm 10/19

Friday, October 23
8:00am: MA House of Reps Session 10/13
8:10am: MA House of Reps Session 10/15
6:00pm: Climate Preparedness: Resilient Church
7:00pm: In the Know: Presidential Election Preview
8:00pm: TCPL Presents: Policing Black Bodies

Saturday/Sunday, October 24/25
8:00am: MA House of Reps Session 10/19
8:30am: In the Know: Presidential Election Preview
12:00pm: City Council Incl. PH & Ord Comm 10/19
6:00pm: Climate Preparedness: Our Food Systems
7:00pm: City Council Incl. PH & Ord Comm 10/19

Monday, October 26
6:00pm: MA Joint Comm on Elder Affairs 10/13

Tuesday, October 27
8:00pm: TCPL Presents: Yellow Fever

Wednesday, October 28
5:30pm: LIVE: Quincy School Committee

Programming is subject to change.
For a complete list of programs, please visit our website at qatv.org

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Social Security Matters

Ask Rusty – I Need Guidance On Social Security, Medicare

By RUSSELL GLOOR

AMAC Certified Social Security Advisor
Association Of Mature American Citizens

Dear Rusty: I am turning 67 in October and as of today am still employed full time. I really do not plan on retiring unless I am forced to. But how do I arrange my Social Security and Medical care stuff. It seems this subject is like a color, and everyone has a different color they like. Is there any way for me to figure this out with help or on my own? I could really use some guidance. Signed: *Perplexed*

Dear *Perplexed*: Okay, let's look at your Social Security and your Medicare separately, because they're two totally independent programs.

You do not need to do anything about Social Security until you are ready to start collecting your benefits. Since you have already reached your full retirement age (FRA) of 66, you are now earning Delayed Retirement Credits (DRCs) at the rate of .667% per month. That means that your benefit in October, if you were to claim it then, would be 8% more than it would have been at age 66. If you continue to delay applying for SS benefits, you will continue to earn those DRCs up to age 70, when your benefit amount would be 32% more than it would have been at your FRA. The choice of when to claim your Social Security is yours to make, considering your need for the money, your health, and your expected longevity. The longer you wait (up to 70) the more your benefit will be, and if you expect at least average longevity (about 84 for a man your current age) then you'll get both a higher benefit amount and more in cumulative lifetime benefits by waiting to claim your Social Security.

As for Medicare, if you are now covered by your employer's "creditable" healthcare plan, you can delay enrolling in Medicare until your current employer coverage ends (when you stop working). "Creditable" is a group plan with more than 20 participants. If you now have "creditable" employer healthcare coverage (including drug coverage) you won't be liable for a Late Enrollment Penalty for enrolling in Medicare (or a drug plan) later. If you are still working and know your creditable employer coverage will end soon, you can enroll for Medicare benefits to start coincident with the end of your employer coverage. Or, after you stop working, you can enroll in Medicare during a "Special Enrollment Period" (or "SEP" for those transitioning from employer coverage to Medicare coverage). Your SEP for Medicare will last for 8 months after you stop working, but you only have 63 days after the end of your employer drug coverage to enroll in a Part D prescription drug plan.

The bottom line is this – you don't need to enroll in Medicare until your creditable employer healthcare coverage ends. And you don't need to apply for Social Security until you wish to start receiving benefits (just don't wait beyond 70).

One final point because you were born in 1953: if you are now married and your wife is already collecting her SS, you can file a "restricted application for spouse benefits only" and collect only a spouse benefit from your wife, while still allowing your own benefit to continue to grow until you are 70. But this option is only available to you because you were born before January 2, 1954.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit amacfoundation.org/programs/social-security-advisory or email ssadvisor@amacfoundation.org.

Quincy resident Sean Toland recently participated in the Jimmy Fund Golf Challenge, a virtual fundraising initiative benefiting Dana-Farber Cancer Institute.

Golfers chose their own challenge, from playing 18 holes, visiting a mini golf course, or creating a trick shot in their backyard – there are endless ways to participate. Toland challenged himself and his three friends to play 44 holes of golf in 12 hours. In doing so, the foursome has raised over \$6,900 for Dana-Farber Cancer Institute so far. Toland played in honor of his father Michael, who passed away from cancer two years ago.

"I've put my golf habit to a good use with the Jimmy Fund Golf Challenge... this year I played in memory of my father, Michael", said Toland. "We lost him to cancer two years ago but had the great fortune to re-



QUINCY RESIDENT Sean Toland (left) recently participated in the Jimmy Fund Golf Challenge, a virtual fundraising initiative benefiting Dana-Farber Cancer Institute. Joining him were (second from left to right) David Henault of Boston, Michael Vadala of Quincy and Dennis Moran of East Walpole.

Courtesy Photo

ceive care from this world-class institution. I have no doubt the Dana-Farber team allowed us to have a few more memories with him. I am participating in this challenge so other families

can have the highest level of care."

Registration for the Jimmy Fund Golf Challenge is \$20, and each participant receives a Jimmy Fund face buff and a \$20 PGA TOUR

Superstore gift card. For more information, visit Jimmy Fund Golf Challenge. To support Sean visit, Sean Toland's personal fundraising page.

Fall Garden Tasks To Protect Your Landscape From Winter Wildlife Damage

By MELINDA MYERS

As the seasons change, we adjust our gardening tasks and plantings to match. Animals also make changes this time of year, often changing their eating habits and dining locations. These adjustments can impact your gardens. Reduce the risk of damage by starting in fall to protect your landscape from hungry animals this winter.

Take a walk around your landscape to evaluate plants and plantings for their susceptibility to animal damage. Look for pathways that animals use to access your landscape and areas of potential damage. Note new plantings, animal favorites and those special plantings you would hate to lose. Make sure these are protected.

Check mulch around trees and shrubs. Deep layers of mulch and mulch piled around the trunk of trees and the base of shrubs



TO PROTECT PLANTINGS from rabbits, use fencing that is at least four feet tall or a repellent that discourages them from dining on plants.

Photo Courtesy Melinda Myers

provides shelter for mice and voles. These rodents like to gnaw on the bark of trees and shrubs in winter. Pull mulch off tree trunks and stems and spread out deep mulch so it is only two to four inches deep.

Protect young trees and shrubs with a four-foot-tall fence of hardware cloth sunk several inches into the ground to prevent vole damage at ground level and most rabbit damage. Mature trees are usually only bothered during years where the vole and rabbit populations are high and food is scarce.

Fencing around garden beds filled with animal favorites is another option. Make sure your fence is high enough, tight to the ground and gates are secure. You will need a four-foot-high fence for rabbits and at least five- to six-foot-high fence to keep deer out of small

gardens. A fence of several strands of fishing line has proven to be successful for some gardeners.

Repellents are another less obtrusive option. These use smell or taste to discourage animals from dining in your landscape. Check the label to see if the repellent works on the animals and rodents you are trying to manage. Apply repellents before animals start feeding for best results. Then reapply as recommended on the label. Look for one, like organic Plantskydd (plantskydd.com), that is rain and snow resistant, lasting up to six months on dormant plants over the winter so you will need to apply it less often.

Scare tactics may be effective depending on where you live. In urban and suburban areas animals are used to human scents and sounds.

Gardeners often hang old CDs and shiny ribbons in tree branches to scare hungry animals. If you opt for scare tactics, be sure to employ a variety of options and change their location to increase your chance of success.

Constantly monitor and evaluate the effectiveness of the methods used and check all plantings for damage. When animal populations are high and hungry, they will eat about anything. Be willing to change things up if one method is not working. Using multiple tactics will help increase your level of success.

Protect your landscape from hungry deer, rabbits, and voles this winter. Start preparing in fall before their winter dining habits begin. If you are vigilant and persistent, you can coexist with these creatures and still have a beautiful landscape.

Melinda Myers has written more than 20 gardening books, including *Small Space Gardening*. She hosts *The Great Courses* "How to Grow Anything" DVD series and the *Melinda's Garden Moment* TV & radio segments. Myers is a columnist and contributing editor for *Birds & Blooms* magazine and was commissioned by Tree World Plant Care for her expertise to write this article. Her web site is www.MelindaMyers.com.

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HarborOne Bank Opens First Quincy Branch At One Chestnut Place

HarborOne Bank has opened its first location in Quincy at One Chestnut Place in Quincy Center. The Quincy branch will be the third new HarborOne location to open in the last two years. The Quincy branch opened on Monday.

"This is a major milestone in the strategic growth of HarborOne Bank, and we are extremely excited to start working with Quincy businesses, families and individuals," said James Blake, CEO of HarborOne Bank. "Our growth strategy is focused on cities and towns where our team-based relationship banking model adds real value for consumers and businesses— and Quincy is the perfect fit."

The Quincy branch features retail and consumer banking services, a full suite of small business and commercial banking products and services, and an array of credit and lending products for both commercial and personal banking needs. A highly trained team of re-

lationship experts will execute HarborOne's unique partnership approach to fulfill all customer needs from loans and lines of credit to checking and savings accounts.

The HarborOne model centers on building strong relationships between experienced consumer and business banking professionals and clients looking to reach and exceed financial goals. The bank also provides new technologies that allow a seamless self-service banking experience, which consumers have come to appreciate throughout the pandemic, and which provides all facets of electronic

banking.

"When HarborOne enters a new community, we make sure we become partners with business leaders, with consumers, with municipal leaders and with non-profits," said HarborOne President Joseph Casey. "Our success depends on the community's success, and we want to be part of that."

HarborOne will donate \$5,000 each to Father Bill's & MainSpring and Interfaith Social Services, two organizations that serve Quincy and who HarborOne has had a long-standing relationship with.

WHAT'S COOKING

with
Marie & Susie

By MARIE D'OLIMPIO and SUSIE FALCO



Fish And Creamed Peas Entree

By MARIE

We all know that some fish can sometimes be bland and haddock and cod especially need some help so it can be flavorful.

Even though I found a great way to season it—to enhance the fish even more I have created a delicious topping. When you try this recipe, you will see what I mean!

FISH and CREAMED PEAS

Directions and Ingredients:

1- or 2-pounds haddock cod, or preferred fish

2 tablespoons melted butter

2 tablespoons fresh parsley, chopped

Salt and pepper to taste

This fish dish can either be cooked in the oven baked or placed in aluminum foil and grilled outside.

Melt the butter in the microwave, chop the parsley, salt and pepper.

Brush butter, salt and pepper mixture on to each side of the fish with a pastry brush then sprinkle parsley on both sides of the

fish as well.

Place on a cookie sheet with parchment paper.

Bake in 275-degree oven for 25 minutes until done.

While the fish is cooking you can make the topping—please see recipe below.

Creamed Peas (or asparagus)

1 cup peas, frozen or canned

If you use asparagus instead, 1 cup steamed, cut into one-inch pieces and eliminate the stems

2 tablespoons of butter

2 tablespoons of flour

2 cups of whole milk

In a skillet, melt the butter, add the flour, stirring and add milk gradually to make a roux; cook on low heat until mixture thickens.

When thickened add the peas or asparagus.

When fish is done, place on a platter and pour the cream sauce over it.

Bean & Spinach; Lentil Vegetable Soups

By SUSIE

So, it is certainly time for making some soup, since the chilly weather has started to make its way into our days!

Here is an easy, delicious, and healthy soup that you can make in no time. It's always nice to keep beans and broth in your pantry so you can make a quick soup when the days are getting cooler (and shorter!)

Beans and broths can even be found in aseptic packaging rather than cans, if you prefer. Inexpensive and important staples to have in your kitchen.

BEAN AND SPINACH SOUP

*I like Eden brand beans because they are easier to digest and the cans do not have the BPA lining that is linked to health problems.

2 cups white kidney beans (canellini), canned (or home-cooked)

2 tablespoons olive oil

1-2 cups kidney or red beans, canned (or home-cooked)

1 cup garbanzo beans (chickpeas), canned (or home-cooked)

About 3-4 cups fresh spinach, kale or escarole, washed, drained and chopped or 10-oz. frozen chopped spinach

4 cups vegetable or chicken broth

1 cup tomato sauce

1 medium onion, chopped

3 large cloves garlic, minced

2 tsp. dried basil

Sea salt and Pepper to taste

Saute onion in saucepan with olive oil until fragrant.

Add garlic and basil and stir for a minute or two but do not let garlic brown.

Simply toss in everything else and combine.

Let come to a boil then cover and simmer about 45 minutes.

Serve hot with some parmesan cheese. Even better the next day!

LENTIL VEGETABLE SOUP

Here is a delicious and unique soup that has a lot of healthy additions to it. Loads of vegetables, lentils, and even pumpkin which makes the soup thick and delicious. Lentils are high in protein, loaded with fiber, and a great source of iron and folate. Pumpkin also is loaded with fiber as well as vitamins and minerals, including a good amount of iron, vitamin A and vitamin E. Then you add your greens in and all the other vegetables and you have a powerhouse of a soup. ENJOY!

Lentil Vegetable Soup

1 onion, chopped

¼ cup olive oil

1 cup pureed organic canned pumpkin

2 carrots chopped

2 stalks celery chopped

1 red pepper, chopped

1 zucchini, chopped

3 cloves garlic minced

1 bay leaf

1 teaspoon each dried oregano and basil

2 cups dry lentils

8 cups of broth (veggie, chicken, or mushroom) organic. Imagine is a great brand

1 cup spinach or baby kale

2 tablespoons vinegar REDMONDS REAL SALT and pepper to taste

Heat oil over medium heat in large soup pot. Add veggies EXCEPT FOR SPINACH OR KALE and cook until tender. Now add garlic and herbs. Cook until fragrant but do not let garlic get browned. Now add everything else except for vinegar and greens. Bring to a boil, then cover and simmer for at least an hour. Uncover and stir in vinegar and greens and cook until they wilt. Check for seasonings and serve.

This recipe is great and freezes well also. Make enough so you can have it in a pinch.



HARBORONE BANK has opened its first location in Quincy at One Chestnut Place in Quincy Center. Front Row from left to right: Erica Jasey, Relationship Banker and Sarah Duprez, Relationship Banker. Back row: Joe Silva, AVP Branch Officer; John Mulcahy, Relationship Banker; Jesse Dumais, Loan Originator; Bob Coletta, Vice President Commercial Lending Officer; and Kevin Brower, Vice President Small Business Team Lead. Courtesy Photo

MassDOT Highlights October Distracted Driving Awareness Month

Reminds Motorists To Remove Distractions While Driving, Pay Attention To The Road, Reduce Speed And Drive Safely

The Massachusetts Department of Transportation (MassDOT) is highlighting October as Distracted Driving Awareness Month

and the importance of the "hands-free" law, signed by Gov. Charlie Baker, which took effect on Feb. 23.

Since the hand-free law

took effect, 22,417 motor vehicle citations, including warnings, have been issued to drivers in Massachusetts.

The "hands-free" law stipulates that operators of motor vehicles cannot use an electronic device unless the device is being used in hands-free mode. Operators cannot read or view text, images, or videos unless what is being viewed is helping with navigation, and the device is mounted in an appropriate location. Motorists also cannot make phone calls unless they can do so without holding their phones, by utilizing technology such as Bluetooth. The law also requires law en-

Cont'd On Page 35

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Systemic Lupus Erythematosus

A Message From Ruth Jones, City Of Quincy Health Commissioner

By RUTH JONES
MSPH, BSN, RN,
BC, CP-FS

Lupus is an autoimmune disease characterized by acute and chronic inflammation of different tissues of the body.

Those with lupus produce abnormal antibodies in their blood that target tissues within their own body rather than foreign infectious agents. Because the antibodies and accompanying cells of inflammation can affect tissues anywhere in the body, lupus has the potential to affect numerous areas.

Occasionally lupus can cause disease of the skin, heart, lungs, kidneys, joints, and/or nervous system. When only the skin is involved, evidenced by a rash, the condition is called lupus dermatitis or cutaneous lupus erythematosus. A form of lupus dermatitis that can be isolated to the skin, without internal disease, is referred to as discoid lupus.

When internal organs are implicated, the condition is denoted as systemic lupus erythematosus (SLE). Both discoid lupus and systemic lupus are 8 times more common in women than men. This ailment can affect all ages but most frequently begins from 20-45 years of age. Statistics validate that lupus is slightly more frequent in African Americans and people of Japanese and Chinese descent. Symptoms of systemic lupus erythematosus can differ, because there are distinctive types

of lupus, and not all affected people show the same symptoms.

The defined reason for the abnormal autoimmunity that causes lupus is not known. Inherited genes, viruses, ultraviolet light, and certain medications may all play a role. Lupus is not caused by an infectious microorganism and is not transmissible from person to person. Genetic factors heighten the tendency of developing autoimmune diseases; furthermore, it is possible to have multiple autoimmune diseases present in the same individual.

Researchers believe that the immune system in lupus is more easily stimulated by external factors like viruses or ultraviolet light. It also is recognized that some women with SLE can experience exacerbation of their symptoms prior to their menstrual periods, suggesting that female hormones play a vital role in the expression of SLE.

A variety of medications have been reported to trigger SLE. However, more than 90 percent of cases of drug-induced lupus transpire as a side effect of one of the following six drugs: hydralazine, quinidine, procainamide, phenytoin, isoniazid and d-penicillamine.

People with SLE can develop different combinations of symptoms and organ involvement. Common lupus complaints and symptoms and signs include:

- fatigue or feeling tired
- low-grade fever

- loss of appetite, nausea
- muscle aches
- hair loss
- arthritis, joint pain
- ulcers of the mouth and nose

- facial rash
- unusual sensitivity to sunlight

- chest pain caused by inflammation of the lining that surrounds the lungs (pleuritis) and the heart (pericarditis)
- poor circulation to the fingers and toes with cold exposure (Raynaud's phenomenon)

Complications of organ involvement can initiate further symptoms that depend on the organ affected and severity of the disease. Skin manifestations are common in lupus and can sometimes lead to scarring. In discoid lupus, only the skin is typically involved. The skin rash in discoid lupus typically is found on the face and scalp. Over half of the people with SLE develop a characteristic red, flat facial rash over the bridge of their nose referred to as the "butterfly rash", because of its shape.

Subsequently, because individuals with SLE can have a wide variety of symptoms and different combinations of organ involvement, no single test authenticates the diagnosis of systemic lupus. To assist doctors in improving the accuracy of the diagnosis of SLE, 11 criteria were established by the American Rheumatism Association. When a person has four or more of

these criteria, the diagnosis of SLE is strongly implied. The following are 11 criteria used for diagnosing systemic lupus erythematosus:

- Malar (over the cheeks of the face) "butterfly" rash
- Discoid skin rash, patchy redness with hyperpigmentation

- Photosensitivity (skin rash in reaction to sunlight exposure)
- Mucous membrane ulcers

- Arthritis (two or more swollen, tender joints of the extremities)
- Pleuritis or pericarditis (inflammation of the lining tissue around the heart or lungs, commonly associated with chest pain upon breathing or changes of body position)

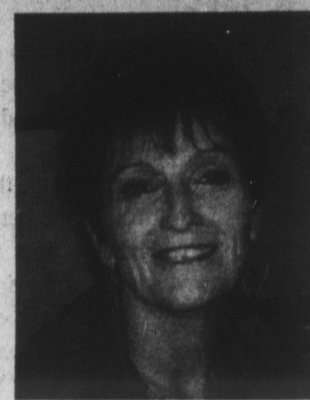
- Kidney abnormalities (abnormal amounts of urine protein or clumps of cellular elements termed casts detectable with an ordinary urinalysis)
- Brain irritation manifested by seizures and/or psychosis, referred to as "lupus cerebritis"
- Blood-count abnormalities: low white blood count (WBC) or red blood count (RBC), or platelet

count; leukopenia, anemia, and thrombocytopenia, respectively. Each of these are detectable with traditional complete blood count testing (CBC)

- Immunologic disorder (abnormal immune tests include anti-DNA or anti-Sm [Smith] antibodies, falsely positive blood test for syphilis, anticardiolipin antibodies, lupus anticoagulant, or positive LE prep test)
- Antinuclear antibody (positive ANA antibody testing [antinuclear antibodies in the blood])

Additionally, other tests can be helpful in evaluating people with SLE to determine the severity of organ involvement including the erythrocyte sedimentation rate (ESR), and the C-reactive protein, blood-chemistry testing, direct analysis of internal body fluids, and tissue biopsies. Abnormalities in body fluids (joint or cerebrospinal fluid) and tissue samples (kidney biopsy, skin biopsy, and nerve biopsy) can further corroborate the diagnosis of SLE.

Unfortunately, there is no permanent cure for SLE. The objective of treatment is to relieve symptoms and



RUTH JONES

protect organs by diminishing inflammation and/or decreasing the level of autoimmune activity in the body. The specific treatment is determined on an individual basis.

It is imperative to recognize that most people with SLE lead full, active, and healthy lives. Periodic flares in disease activity can generally be managed by adjusting medications. The key to successful management of SLE is consistent contact and communication with healthcare providers, consenting to monitoring of symptoms, disease activities, and treatment of side effects. On the whole, the outlook for people living with systemic lupus is improving each decade with the advancement of more accurate monitoring tests and further beneficial treatments.

Ruth Jones is the health commissioner for the City of Quincy.

Massachusetts Deer Crashes Peak In Autumn, Says AAA

As daylight saving time comes to an end, Massachusetts drivers need to buck up this fall and be on the lookout for deer. According to a AAA Northeast analysis of crash data, October, November and December were the peak months for deer-related crashes in 2019 with an average of one deer crash every hour-and-a-half across the Commonwealth during those three months.

In 2019, there were 1,557 deer-related crashes between October and December, most commonly near sunset when deer tend to be grazing for food and on the move during their annual mating season. Eighty-one percent of deer crashes occurred outside daylight hours.

"Motorists need to be especially vigilant and anticipate deer darting into the roadway, especially during evening hours," said Mary Maguire, director of public and legislative affairs for AAA Northeast. "Deer pose dangers to themselves, to

your vehicle, and to you, so it behooves everybody to be prepared and alert. I've also had deer dash out in front of my bike in wooded areas, so cyclists should be vigilant as well!"

The top counties for deer crashes in Massachusetts last year were Bristol (268), Worcester (260), Plymouth (210), Middlesex (188), Essex (122).

The top towns for deer crashes were Wilbraham, Rehoboth, and Westport (27 each); Middleborough (24); Swansea (20); East Longmeadow (19); and Andover, Westford, Easton, and Acushnet (18 each).

Most deer-related crashes occur because drivers simply don't see deer crossing the roadway in low-light conditions. But many crashes occur due to driver distraction or inattentiveness. AAA reminds motorists to:

- **Slow Down.** Reduce speed in low-light conditions, which will give you more time to respond to unexpected wildlife move-

ments.

- **Scan off-road areas.** Deer may dash out from the shoulder or wooded areas adjacent to the road.

- **Be patient.** Where there is one, there may be many, so don't speed off after a deer crosses your path as there may be more nearby.

- **Be prepared.** If a collision is unavoidable, apply the brakes firmly and remain in your lane; swerving sharply to avoid an animal can cause an even more serious crash.

Along with earlier sunsets, the end of daylight savings can increase the risk of drowsy driving, as well. The time change can disrupt circadian rhythms and contribute to loss of sleep. According to AAA Foundation for Traffic Safety research, losing one to two hours of sleep doubles your crash risk, and an individual operating a vehicle with five hours of sleep or less in a 24-hour period faces crash risk as someone driving drunk.



From One Survivor to Another

As October is Domestic Violence Awareness Month, I wanted to share some insight into the ongoing problem of domestic violence, especially during these unprecedented times. As someone who has experienced it myself, I know that there are so many fears and emotions that keep victims and survivors stuck; self-blame, guilt, and shame can stop us from reaching out.

I am the mother of four young adults right now but during my divorce, they were four school-aged children. My ex-husband was in the law enforcement field and so, I hid the abuse for a very long time.

The good news is that there are programs out there that can help survivors of domestic violence and their children. If you are a survivor, I hope you are reading this now: you are loved, you are cared for. If it is safe to do so, please find a way to make a phone call to your local domestic violence agency or to someone you trust for support.

As for myself, I still struggle sometimes. I have lost a lot of friends along the way after my divorce and know how devastating the isolation can be. I gain strength, however, from a domestic violence support group at DOVE once a week and my other spiritual and social support systems. Now, I hope to share my story to make sure others don't ever have to feel alone again.

So please find somebody that you trust, make that call to your local domestic violence agency, start planning for your safety and wellbeing. You deserve to live a life free of abuse! Please stay healthy and safe!

Lisa

Please visit our website to learn more ways that you can get involved: www.dovema.org

24-Hour Hotline: 617.471.1234 or 1.888.314.DOVE (3683)
Community Advocacy & Prevention Services 617.770.4065

On Oct. 2, at approximately 7 p.m., Officers Kelly and Milliken were dispatched to the Dollar Tree, 215 Quincy Ave. The caller reported there was a shoplifting in progress and that the male suspect had threatened to shoot someone in the store.

Prior to officers' arrival, the suspect had fled the store, heading south through the parking lot. The suspect was described as a white male wearing a green Celtics hoodie and black shorts. A search of the area failed to locate the suspect.

The manager described the suspect as 5'6", thin to medium build, in his late 40s, wearing a Wave Cap and black mask, and was carrying a red radio. The manager stated she observed the suspect in the parking lot on a bicycle earlier in the day. She stated the suspect came into the store, listening to his red radio, and that she and other employees observed him to steal tools and a pair of gloves by placing them in his jacket pocket. She approached the suspect, identified herself, and told him she had observed him to place merchandise in one of his jacket pockets.

A Job Well Done

By QUINCY POLICE SGT. KARYN BARKAS
Public Information Officer
Quincy Police Department

The suspect began yelling at her and at one point gave the stolen tools and gloves back to her. The manager observed a bulge in one of his other jacket pockets and she asked the suspect to empty his pocket because she believed it contained more stolen merchandise. The suspect refused to empty his pocket and then threatened to shoot her. He then fled the store. The manager stated the suspect did not use his hand to allude to a weapon but did wave his hand in front of her.

At approximately 10 p.m., numerous units were dispatched to Walgreens Pharmacy, 418 Quincy Ave., on the report of a male party threatening to shoot people inside the

store. Officer Milliken was first to arrive on scene and spoke to manager. She told Officer Milliken that a male party had just fled the store towards Falls Boulevard, and that he had threatened to shoot people inside the store. She observed this take place but did not have any information on the people threatened (they had left the area and are unknown). A gun was not shown. Officers Kelly, Officer Milliken, and Officer Kaes searched the area of Falls Blvd, where Officer Milliken located the suspect.

Officer Kelly observed him to be the same person involved in the earlier incident at Dollar Tree. Officer Kelly had observed a video provided by the victim at the time of the report. The suspect was also wearing the same clothing as in the video and as described by the victim at Dollar Tree.

The 55-year-old male from Worcester was placed under arrest for armed robbery stemming from the incident at Dollar Tree. A search of his person and property did not locate a firearm. He was also issued a trespass notice for Walgreens and Dollar Tree.

Good work!

QUINCY POLICE CRIME AWARENESS JOURNAL

FRIDAY, OCT. 2

VANDALISM/PROPERTY (neighbor problem), 4:03 a.m., South Street. Caller from earlier called back stating that the two males keep showing back up at the door. Caller states that she is there alone and doesn't know where the male she was with went. 782 bringing iPad to scene. 771 is going to bring iPad instead of 782. 784 giving female ride to train station. Report to be filed.

LARCENY (past), 12:35 p.m., Bistecca Meat Market, 51 Franklin St. Employee is at store and has surveillance footage of male in store from previous incident. Reporting party states keys were previously taken.

LARCENY (phone), 1:51 p.m., TJ Maxx, 100 Granite St. Phone tracking to center. Report to be filed.

LARCENY (bicycle stolen), 3:41 p.m., Manet Community Health Center, 110 West Squantum St. Female owns bike and left it outside while in doctor appointment. By the front door.

VANDALISM/PROPERTY (past), 6:23 p.m., Channing Street. Caller would like to speak with officer.

BREAKING AND ENTERING/PAST (dwelling), 7:22 p.m., Brook Street. Caller said someone broke into his house and tried to kick in door and then left. Caller has video. Entry was made nothing taken report to be filed.

SATURDAY, OCT. 3

LARCENY (plant), 5:35 p.m., Davis Street. Occurred on Thursday. Reporting party states he has surveillance footage of suspect.

VANDALISM/PROPERTY (house egged), 10:38 p.m., Marlboro Street. Not a second incident, reporting party believes this is from the first incident, not a new incident. No answer at second floor unit.

SUNDAY, OCT. 4

VANDALISM/PROPERTY (smashed window), 12 midnight, China Restaurant Sports Bar, 685 Hancock St. Caller states a white male riding a bicycle rode by and threw a rock at a window and smashed it. Took off up Beale toward Newport.

LARCENY (3 debit cards/money), 10:10 a.m., Burgin Parkway. Report to be filed.

VANDALISM/PROPERTY (graffiti), 10:38 a.m., Boston Market, 126 Granite St. See employee inside to report graffiti. ACU notified and will handle. Incident closed.

ASSAULT AND BATTERY (mandated report), 7:37 p.m., Seaport Drive. Mandated report after allegation that CNA pushed a patient into a wall while in a wheelchair. Reporting party states it occurred around 6:45 p.m. Report filed.

ARMED ROBBERY (gun shown), 10:04 p.m., Seven Eleven Store, 678 Adams St. Suspects were two black males. One with gun was 6'0" wearing all black. Other suspect was 5'8". Two black males in sweatsuits, ran towards Beale showed weapon, no shots fired. 775 begin track. 785 deploying partner with 111K. Clerk stated that gun was a

handgun that was definitely not a revolver. Shirley Street with Det. O'Rourke, loosely fit description. Manager at 7-11 states parties on Shirley Street are not suspects.

MONDAY, OCT. 5

LARCENY (Amazon package), 11:36 a.m., Summit Avenue. Taken from front porch, has proof of delivery.

LARCENY (Best Buy package), 12:04 p.m., Sixth Avenue. Male in the QPD lobby now. Confirmed delivery of laptop from Best Buy. Not a larceny, UPS to handle.

LARCENY (paperwork missing), 1:40 p.m., Martensen Street. Reporting party is deceased male party's brother. States the will/documents is missing from the unit today. Reporting party is on scene.

BREAKING AND ENTERING/PAST (broken back door window, 2:03 p.m., Liberty Street. Reporting party states at her mother's address above the back door window pane was smashed by her sister. When reporting party arrived sister was on scene and left as soon as she saw. Civil matter.

VANDALISM/PROPERTY (tree limb stuck vehicle), 2:08 p.m., Burgin Parkway and Dimmock Street. Reporting party is in a blue Ford Explorer at intersection above. Window and side rear view mirror damaged by falling limb. Detail officer R. Donnelly was on scene and reporting party had to leave for appointment. Incident closed. Reporting party received incident number for city tree in front of Burgin Parkway. Forestry Department was contacted and given information. Crew will go out to location and remove tree limb from roadway.

LARCENY (outdoor items), 2:12 p.m., Fenno Street. Duplicate call. Reporting party states he has video of the person who took his items. Believes the person is at the above address. Will call us back when he arrives himself. Incident closed.

LARCENY (lawn ornaments), 3:54 p.m., Greenleaf Street. Reporting party from QPD lobby to report stolen solar lights, plants, various ornaments.

ARMED ROBBERY (in progress), Dollar Tree, 215 Quincy Ave. Gone on arrival. White male, Celtics hoodie, red shorts, black hat, blue jacket, was taking hardware. Also threatened to shoot a customer earlier this evening in the parking lot on a bicycle. Checked area, unable to locate. Report filed.

TUESDAY, OCT. 6

LARCENY (past), 2:19 p.m., McCoy Field, 1 Merrymount Parkway. White male approximately 5'11" that was suspect in stealing lawn ornaments from reporting party's house the other day is at field address above. Reporting party states white male is now walking into the woods and reporting party will remain at address above and requests to speak with an officer. Party advised.

LARCENY (past), 3:58 p.m., Mitchell Field, 1 Merrymount Parkway. Meet the reporting party at parking lot. Reporting party sees suspect that took stuff from his house.

Party has his stuff back all parties advised.

LARCENY (iPhone), 6:15 p.m., Stop & Shop Supermarket, 495 Southern Artery. Meet caller in the bakery. Called on Oct. 10 at 12:33 p.m., stating phone was located; not lost or stolen.

LARCENY/MOTOR VEHICLE (use without authority), 6:49 p.m., Richman Corp., 65 Liberty St. Caller terminated an employee today and then let him take the van. The ex employee said he would return van by noon but has not returned it yet. The ex employee is now not answering his phone. Report to be filed.

LARCENY (credit card), 7:31 p.m., Copeland Street. Caller's roommate used his credit card. See caller in QPD lobby. Case number provided.

WEDNESDAY, OCT. 7

VANDALISM/PROPERTY (graffiti), 2:15 p.m., Beale Street and Newport Avenue. Side of building all the way down to Brook Street.

VANDALISM/PROPERTY (graffiti), 2:21 p.m., Burgin Parkway Extension and Walter J. Hannon Parkway. Report to be filed.

VANDALISM/PROPERTY (destruction of property), 3:53 p.m., Franklin Street and Water Street. Party in lobby states at intersection above a female party harassed her, threw a bottle at her vehicle leaving damage while making racist remarks. Reporting party was able to take a photo of the license plate of the suspect's vehicle.

LARCENY (credit card), 4:43 p.m., Gardiner Road. Reporting party prefers a phone call. States she knows who stole/used her credit card.

LARCENY (wallet), 4:50 p.m., Star Market, 130 Granite St. See caller in the police lobby. Someone stole his wallet and bag with medication inside.

THURSDAY, OCT. 8

ASSAULT AND BATTERY (just happened), 8:33 a.m., Sea Street. Disorder over bumper sticker possible assault. Female was intentionally hit with door. Suspect is still on scene. White male, bald with Patriots sweatshirt.

VANDALISM/PROPERTY (apartment), 2:56 p.m., Whitwell Street. In QPD lobby. Landlord reporting damage to apartment.

LARCENY (money and cards), 4:25 p.m., Billings Road. In QPD lobby. Reporting party stated extortion of over \$3,000 and possible gift cards.

Breaking & Entering Motor Vehicle: Quincy Avenue
Larceny Motor Vehicle: Liberty Street
Breaking & Entering Past: Liberty Street, Brook Street
Total calls for service: 1,160

A JOB WELL DONE and
CRIME PREVENTION JOURNAL
Also on Page 11

Beware Of Medicare And ACA Cons During Open Enrollment

Every year during health insurance open enrollment season, scammers try to dupe unsuspecting consumers into sharing their personal information. This year is no exception.

According to new BBB.org/ScamTracker reports, Americans are getting scam calls phishing for their

Medicare numbers and other personal information. This year, open enrollment runs Oct. 15 - Dec. 7 for Medicare and Nov. 1 - Dec. 15 for the Affordable Care Act.

How the Scam Works:

You receive a call (or a recorded message) from someone who claims to be helping you navigate your

Medicare options. They may call themselves a "health care benefits advocate" or a similar title. The caller says they can enroll you in a better Medicare program than what you currently have. This new plan is cheaper, and you can keep all the same services. To get started, all you need to do

is provide some personal information, such as your Medicare ID number. Of course, the call is a scam, and sharing personal information will open you up to identity theft.

In another version reported to BBB.org/ScamTracker, the caller is trying to frighten - rather than as-

sist - you. In this case, they claim that your Medicare will be discontinued if you don't re-enroll. Fortunately, this "Medicare advisor" can fix the situation - if only you share your share personal information.

Also, BBB.org/ScamTracker is getting reports about callers pushing "free"

back or knee braces. This is Medicare fraud, and you can learn more about these scams here.

Tips to Avoid Open Enrollment Scams

Selecting a health insurance plan can be challenging and complex. Be on the lookout for common red flags.

Cont'd On Page 11

OCT

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On Sunday, Oct. 11, at approximately 2 p.m., Officer Walker and Officer Leuchte were dispatched to a residence on a report of a female screaming.

Upon arrival, Officer Walker met with a male and female that admitted that they were involved in a verbal argument. Officer Walker spoke with the female who told him she had stayed at her grandmother's house the night before without telling her boyfriend. When she came home this morning she and her boyfriend got into an argument. The female appeared to be highly intoxicated and she stated that she had been drinking most of the morning before going home.

Officer Walker then spoke to the male party who stated that his girlfriend came home highly intoxicated this morning and wouldn't tell him where she was. This made him angry causing them to get in an argument. Both parties stated that it was only a verbal argument and Officer Walker did not observe any signs of a physical altercation.

Abuse law materials were provided and the female stated that she would finish packing up her belongings and head to a family member's house for a few days. At that time officers cleared the scene.

Approximately 15 minutes later, the male party called and said that the female was now destroying his property. Upon arrival, Officer Walker, Officer Cleary, and Officer Leuchte were greeted by the distraught male in front of his house. He stated the female broke a mirror and his television as soon as the officers had left. When asked where the female was, the male stated she took off down the street in an unknown direction.

Meanwhile, dispatch had received a call from a business owner who stated there was a female at their rear door saying her boyfriend had assaulted her. At that time, Officer Walker made his way over to the business to speak with the female. She was covered in dirt and both eyes appeared to be swollen with a small laceration to the left of her nose.

A Job Well Done

By QUINCY POLICE SGT. KARYN BARKAS
Public Information Officer
Quincy Police Department

Officer Walker asked the female what had happened. She stated that as soon as officers left, the male pushed her to the ground and started to kick her in the stomach. He got on top of her and struck her multiple times in the face and proceeded to try to strangle her. He then grabbed a kitchen knife and held it to her throat. She stated when he stopped his assault, she ran out the door to try to get away from him.

The female stated multiple times she did not want to press charges and still did not want to file a restraining order. Brewster Ambulance arrived on scene and transported her to Quincy Medical Center for her injuries. Pictures of her injuries were taken on scene.

At that time, Officer Walker made his way back to the residence. Officer Walker observed that all items allegedly damaged were cleaned up and the knife described was not located. Officer Walker placed the 55-year-old male from Quincy under arrest for assault and battery on a family/household member, strangulation, and two counts of assault and battery with a dangerous weapon.

October is Domestic Violence Awareness Month. Statistics help us to see that domestic violence is prevalent in many homes across the nation.

The Quincy Police Department has always taken this very seriously and takes an attentive and unique approach to try to assist those who are affected to get help. The Department continues to be a leader in providing safety and information to victims of domestic violence. As a pro-active

department, the QPD is committed to responding to those calls with caution, care and empathy and understands that not only are the victims affected but the children as well. Statistics also reveal that children who witness violence are significantly more likely to suffer emotional trauma, which, if not addressed, can lead to addictions, emotional disorders, anxiety and decreased self-esteem.

Continuing with a long-time relationship with the DOVE Program, the Quincy Police Civilian Domestic Violence Advocate from DOVE reaches out to all victims named in domestic violence reports to offer support, information on rights, navigation through the legal system, and resources in the community. She will also review available options with each victim.

There are many signs of an abusive personality with only a few of them being physical. If you recognize any of the below indicators or feel they are present in your relationship, you could be in danger. There are people who can help. Please contact the Quincy Police Civilian Domestic Violence Advocate Maureen Flores at 617-653-4226 or via email mflores@quincyma.gov if you have questions or need advice. If you are in danger or need immediate assistance, always call 9-1-1.

Domestic Violence High Risk Indicators

- Perpetrator threatens or fantasizes of homicide/ suicide
- Threats to harm the victim's children
- Jealousy
- Financial Controls
- Violence is increasing or becoming unpredictable
- Strangulation or attempted strangulation
- Victim believes the perpetrator will kill them
- Threat to kidnap
- Any type of substance abuse
- Violence to animals
- Stalking behaviors

QUINCY POLICE CRIME AWARENESS JOURNAL

FRIDAY, OCT. 9

LARCENY/MOTOR VEHICLE (4 wheeler/ban-shee), 7:19 p.m., Copeland Street. In QPD lobby. After TTY was entered it was determined that the ATV was towed by Boston PD to auto service and tire. More information needed and must call Boston PD. CK1 officers will follow up Oct. 10. TTY cancelled. No hold on ATV, claim check 02528 at Boston PD. ATV towed Sept. 13 from Blue Hill Avenue, Boston. Owner notified minor body damage.

SATURDAY, OCT. 10

LARCENY (equipment), 11:02 a.m., West Street. Construction equipment taken from backyard. Reporting party called back was able to get in touch with construction company. They are picking up equipment. Reporting party called back. Company picking up equipment.

VANDALISM/PROPERTY (male and female), 1:30 p.m., Holiday Inn, 1 Arlington St. Refusing to leave. Gone on arrival.

LARCENY (past), 1:45 p.m., West Street. See caller in police lobby states mother witnessed neighbor taking her package.

BREAKING AND ENTERING/PAST (past break), 9:46 p.m., West Squantum Street. Possible break. Strong language barrier.

SUNDAY, OCT. 11

VANDALISM/PROPERTY (tampered vehicle), 7:12 a.m., Quincy Point Congregational Church, 444 Washington St. Reporting party states she came out of church and the hood was open, and then when she went to driveway there was a piece under her vehicle.

LARCENY/MOTOR VEHICLE (overnight), 7:19 a.m., Clay Street. Caller states that her vehicle is no longer in the space in the parking lot that she last left it in at approximately 9:30 p.m. 2000 Pontiac Grand Prix, white. Form complete.

MONDAY, OCT. 12

LARCENY (black bike, past), 11:35 a.m., Montclair

School, 8 Belmont St. 20-inch bike taken when locked up at school; 10-year-old daughter rode to school, was reported to school. Happened last Friday, Oct. 9. If found or turned in call cell. Medium sized Mongoose bicycle.

LARCENY (Best Buy package), 12:04 p.m., Sixth Avenue. Male in the QPD lobby now. Confirmed delivery of laptop from Best Buy. Not a larceny, UPS to handle.

LARCENY/MOTOR VEHICLE (just happened), 11:46 a.m., Blackwell Street. Black male stole the reporting party's red scooter towards Hancock Street. Called reporting party back and she did confirm it was same black male that the reporting party was speaking of earlier with Officer Rolfsen. After Officer Rolfsen spoke with reporting party it was determined that the male from earlier is not one in the same as the suspect. Enter stolen vehicle - moped.

LARCENY (by check), 12:09 p.m., Water Street. Reporting party from QPD lobby states that physical check was stolen and cashed by her bank. Reporting party requests to speak with an officer; her bank has made the debit from her account settled and her funds have previously been returned.

LARCENY (wallet), 3:15 p.m., Avalon Avenue. Reporting party is now home at Avalon Avenue. She was at Walmart earlier this afternoon and found out her beige wallet is gone. She did leave her pocketbook in the carriage while she was shopping. Requests to speak with an officer. Reporting party located her wallet; it is at the pharmacy.

VANDALISM/PROPERTY (car), 5:34 p.m., Broadway. Caller said someone put paint all over her car. Thinks it's the ex-husband she's been having trouble with. Appears to be a smoothie; will wash out. Reporting party would like it documented.

LARCENY (RMV documents), 9:51 p.m., Atlantic Street. Three males, 20-32 years old, were looking at reporting party's vehicle for sale. Took registration and other documents. Fled in a red GMC with NY plates toward Milton. Delay of about five minutes.

TUESDAY, OCT. 13

LARCENY, 1:55 a.m., Spear Street. States his ex girlfriend took his car from driveway of above. Multiple unanswered cars, voicemail left.

LARCENY (scam), 1:24 p.m., Walmart, 310 Falls Blvd. See caller in lobby, employee of Walmart.

VANDALISM/PROPERTY (past), 1:33 p.m., Mallard Road. Front of house egged either last Friday or Saturday night.

LARCENY (package), 2:11 p.m., Henry Street. Report to be filed.

WEDNESDAY, OCT. 14

ASSAULT AND BATTERY (neighbor), 8:20 a.m., Granite Street. Reporting party states his neighbor slammed his head off the ground. Brewster notified. White male wearing white thermal shirt, grey shorts. Neighbor lives on second floor. Signed refusal, neither side wanted to pursue. All parties advised.

LARCENY (packages), 3:29 p.m., Archstone Quarry Hills, 333 Ricciuti Dr. Report to be filed.

INDECENT EXPOSURE (male), 6:19 p.m., Eastern Nazarene College, 23 East Elm Ave. Gone on arrival. Meet security at the front gate on Elm Avenue. Naked male was sitting in his car by the tennis courts. Male was gone on arrival.

THURSDAY, OCT. 15

LARCENY (barrel), 10:53 p.m., Pleasant Street. Grey SUV putting barrel 55 gallon drum in truck. Asian male wearing a mask; reporting party has cameras. SUV heading towards Star Market. Plastic barrel returned, suspect thought resident put it in with the trash; language barrier.

Breaking & Entering Motor Vehicle: Highpoint Circle, Dixwell Avenue, Sea Street

Larceny Motor Vehicle: Blackwell Street, Clay Street
Breaking & Entering Past: 100 block West Squantum Street

Total calls for service: 1,028

Beware Of Medicare, ACA Cons During Open Enrollment

Cont'd From Page 10

Be wary of anyone who contacts you unsolicited. People representing Medicare or ACA plans don't contact you by phone, email, or in person unless you are already enrolled. Be especially cautious of threatening calls that require quick action or immediate payment.

Decline promotional gifts in exchange for personal information. Keep a healthy level of skepticism any time a broker offers you free gifts, health screenings, or other special deals. Never sign up with a broker who offers you an expensive "sign-up gift" in exchange for providing your Medicare ID number or other personal

ally identifiable information.

Beware of dishonest brokers who offer "free health screenings." Some brokers offer this to weed out people who are less healthy. This is called "cherry picking" and is against the Medicare rules.

Guard your government-issued numbers.

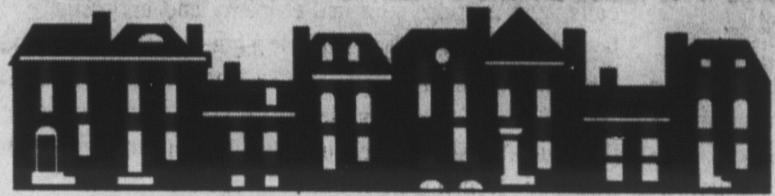
Never offer your Medicare ID number, Social Security number, health plan info, or banking information to anyone you don't know.

Hang up and go to official websites. You can enroll or re-enroll in Medicare at Medicare.gov or in a marketplace health plan at Healthcare.gov.

Joyce & Gendreau
Jewelers

Custom Designs • On-Premise Repairs
Quality Jewelry • Great Values
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52 Billings Road No. Quincy
Facebook/JoyceandGendreau 617.328.0084



Real Estate

Quincy Real Estate Transactions October 12 - October 16

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER	BUYER	AMOUNT	ADDRESS
Marc A. & Erin Bertrand	Chuankui Chen	\$630,000.00	21 Oakland Avenue
Adam E. Semple	Donald Luchini	\$587,900.00	101 South Street
Bruce J. Blakeslee & Leanne Benson	Herbert Chiou	\$616,800.00	24 Park Street
Charles & Jennie Ross	Yee Man Elisa Mak	\$635,000.00	51 Division Street
Michael E. Carey & Kathleen O'Connor	Yvon Jean-Jacques & Lauren L. Mancini	\$1,400,000.00	5 Carrigg Road
Li J. Chen	Matilde Castiel & Aaron M. Mendel	\$1,400,000.00	60 Norton Road
Timothy S. & Sarah V. Leavitt	Baoling Chen	\$505,000.00	1 Brook Road, Unit 202
Battista Living Trust	Xinyi Zheng	\$685,000.00	14 Avon Way
Timothy D. Soderdahl & Mei Xiao	Lauren A. Tarp	\$365,900.00	250 Whitwell Street, Unit 11
Jiuxi Chu & Chunmei Ding	Vicky Chen	\$550,000.00	43 Botolph Street
Michael F. Grindlay & Kellie Fuller	Joanne Ma	\$359,100.00	15 Bower Road, Unit B-11
Randolph Law & Huitong Zhao	Vanna Trieu & Cindy Sous	\$550,000.00	56 Penn Street, Unit 1
Srdjan & Vedrana Eleta	Stanley La	\$289,100.00	21 Linden Street, Unit 114
Gormley Realty Trust	Sunti & Nattakan Wiwatyakhan	\$725,000.00	52 Gardiner Road
John T. Collins, Jr. & Linda M. Collins	Brian D. Palmucci	\$306,000.00	138 Willard Street, Unit 10
Paul C. & Rachel S. Connors	Man-Ju Wang	\$677,000.00	228 Pine Street
Terrence P. & Kaitlyn N. Mulhern	Kathleen M. Hughes	\$600,000.00	174 Elliot Avenue
Karen J. Whitbeck	Peixin Li & Han Chen	\$579,000.00	122 East Squantum Street, Unit 5
Springwell Properties LLC	Benjamin C. Lunt & Maryanne F. Lanzoni	\$415,000.00	126 Turner Street
Francis V. & Ellen M. Daley	27 Tilden Commons Drive Realty Trust	\$925,000.00	27 Tilden Commons Drive, Unit 9-4
Matthew R. & Beverly J. Praetsch	Raymond Gallagher & Madison Leonard	\$555,000.00	25 Hopedale Street
Vanna Vu	Yanxu Li	\$575,000.00	39 Fayette Street, Unit 102
Michael D. Phipps	Soontaree & Napah Jamdee	\$268,888.00	10 Weston Avenue, Unit 122
Chunhui Li	Eric Chen	\$515,000.00	113 Elm Street, Unit C
Xiaosui Zhang & Wei X. Guo	Gregory W. Pett	\$323,000.00	133 Cmdr. Shea Boulevard, Unit 318
Jeffrey R. Johnston	Wai Cheung & Wei K. Cheung	\$399,900.00	100 Cove Way, Unit 710
Kathryn V. Young Nominee Real Estate Trust	Minwoo Jang	\$400,000.00	90 Quincy Shore Drive, Unit 712

O'Donnell Discusses Online Research Capability For Genealogy, History Enthusiasts

Register of Deeds William P. O'Donnell reminds genealogy enthusiasts and those with an interest in the rich history of Norfolk County that all Registry hand-written land documents have been transcribed and are available for viewing via our website www.norfolkdeeds.org.

"Since the beginnings of the COVID-19 pandemic back in mid-March of this

year, many have had to stay close to home," O'Donnell said. "Certainly, freedom of movement has been curtailed for individuals and families who have a concern about contracting the coronavirus. Many have spent hours online catching up with family and friends via social media. If you are looking for something new to do and have always been curious about your family

history or local history, the Norfolk County Registry of Deeds can be a valuable source of relevant information via its online research offerings.

"A few years back, the Registry and its vendor completed a project which transcribed all our hand-written land documents dating back from 1793 to 1900," O'Donnell continued. "Prior to this effort, these hand-written documents were in many cases difficult to near impossible

to read. With the transcription project completed, our over 8 million land documents can be accessed for viewing from the comfort of your home via our website www.norfolkdeeds.org."

It should be noted that while the transcribers made a best effort to translate these hard to read documents, their accuracy is not guaranteed.

"These transcribed documents are not legal documents in and of itself, and are not considered binding

on the Norfolk County Registry of Deeds or its employees," O'Donnell said. "It is considered merely a convenient reference for Registry users. For documentation purposes, users should refer to the scanned image of the original document instead of the transcribed image."

Concluding his remarks, O'Donnell said:

"While the Norfolk County Registry of Deeds building in Dedham remains closed to the general public due to the COVID-19 state of emergency, our online research offerings remain a viable way for genealogists and history buffs to perform research from the comfort of their homes. Please know that as your Register of Deeds, I continue to take very seriously my core responsibility to be the custodian of land document information in Norfolk County."

"Myself and the Registry staff strive each and every day to ensure the accuracy and accessibility of these land documents. I am proud that future generations will

be able to access these land documents and read the transcribed images with the ongoing goal of ensuring a correct record of land documents here in Norfolk County."

To learn more about these and other Registry of Deeds events and initiatives, like us at facebook.com/NorfolkDeeds or follow us on twitter.com/NorfolkDeeds and instagram.com/NorfolkDeeds.

The Norfolk County Registry of Deeds is located at 649 High St. in Dedham. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information.

All land record research information can be found on the Registry's website www.norfolkdeeds.org.

Residents in need of assistance can call the Registry of Deeds Customer Service Center at (781) 461-6101, or email register@norfolkdeeds.org.

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Councillors Hear Presentation On Economic Development

Cont'd From Page 1

and the neighborhoods of Quincy," he said.

"We like to serve as a resource to support and assist local businesses to grow and thrive in the community, thus we collaborate with developers, real estate brokers to assist with identifying suitable retail, office and industrial space. We provide assistance with permitting and licensing departments and we serve as the coordinating point of contact for all government departments in the city."

While the department can assist businesses looking to come to the city, Fatseas said the government cannot control which ones do.

"We're often asked why a particular venue, product or service is not selecting to have a presence in our city. The reasons vary, but ultimately government does not dictate private market places," he said.

At the beginning of the year, pre-pandemic, there were more than 4,000 businesses active in the city, according to Maureen Geary, the city's director of business and government relations. Those businesses employed 52,000 workers, 47,000 of whom were Quincy residents. The eight largest employers - State Street, Stop & Shop, Granite Telecommunications, Boston Financial Data Services, Arbella Insurance, Harvard Pilgrim, Boston Scientific and Quincy Mutual - had 10,000 workers in the city collectively.

Employment in the city had grown 4.5 percent between 2014 and 2019, Geary said, and the unemployment rate in the city at the start of the year was 3.1 percent.

In April, the city made grants available to small businesses funded by money the city received from the federal CARES Act. Fatseas said 561 businesses applied for those grants, though 145 of those businesses withdrew their application or never formally submitted it. Of the remaining 416 applications, 377 were approved and 40 were denied. Fatseas said those denials were because the businesses made too much or were otherwise ineligible.

Some \$2 million grants

were awarded, Fatseas said. The average grant was \$6,500, he said, and most businesses received enough funding to cover three months of rental payments.

Fatseas said 41 percent of the businesses to receive a grant from the city were women-owned and 30 percent were minority-owned.

The Planning Department also assisted businesses in securing loans from the Paycheck Protection Program, or PPP, another part of the CARES Act. Those loans are eligible for forgiveness in certain circumstances.

More than 1,400 Quincy businesses received loans through the PPP, according to Jim Scribi, an assistant planner. The vast majority of those businesses, 1,200, received less than \$150,000 each, he said.

"Everyone is entitled to their own opinion on the federal program as a whole, but there is no question that the effects of the Paycheck Protection Program helped stimulate our local economy here in Quincy when our businesses and their families needed it the most," Scribi said.

Amid the pandemic, the state allowed local cities and towns to expedite the process for restaurants looking to open outdoor dining areas. Fatseas said 55 restaurants were able to do so and noted other steps the city took to support restaurants, including closing part of Cottage Avenue in Quincy Center on a temporary basis to create an outdoor seating area for several nearby restaurants and the recent decision to waive liquor license renewal fees for next year.

Quincy's restaurant industry, Fatseas stated, has fared better than most of the state.

"Twenty-five percent of all restaurants in Massachusetts have closed," he said. "In Quincy, we have approximately 300 restaurants. We certainly haven't lost 75 of them. There is a reason for that, and the reason is we have taken a major effort to really work and help the restaurant industry."

At present, Fatseas said 94 percent of commercial office space is leased city-wide, though only 35 per-

cent of the office space is currently occupied given the number of employees who are now working from home. He said it could take until next June or longer for office space to be fully in-use again.

"We certainly can't accurately anticipate when folks are going to come back to a full thriving business community," Fatseas said. "I think that has a lot to do with when there is a vaccine."

Fatseas said 92 percent of the industrial space in the city is now in use. Dan Quirk, he added, is in the process of building a 41,000 square foot office building in the Fore River Shipyard; it could also include lab space.

"That is quite a move on his part to build that building on spec," Fatseas said.

There has been no slowdown in the housing market in Quincy, Fatseas said, adding, "that of course could change." Some communities, including Boston, stopped construction in the spring amid the pandemic, but Quincy did not.

"Housing is a critical part of what economic development means in the city," Fatseas said, explaining why construction was not halted in the city.

"Obviously, the tax levy is our main source of income in the city. We're not a community that relies as strongly as others do on hotel/motel, meals tax, etc."

Council President Nina Liang said some people are choosing to leave Quincy and move further away from Boston because they can work remotely rather than commute. She asked what effect that would have on large-scale residential projects in Quincy going forward.

"Quite a number of condos are being put up for sale because a lot of folks are finding that luckily, in the jobs they are in, more often than not they are saying for the rest of 2021 they are going to be working remotely, maybe even beyond that," Liang said.

"I notice a lot of condos are being put up for sale and then folks are moving to areas like Sharon, Pembroke - anywhere else other than somewhere close to the

city."

Fatseas said his department has been in discussions as recently as last month with a developer who is seeking to build a large residential tower in the city; that company is trying to find the land to do so.

In addition, Fatseas said Chestnut Place - the 12-story, 140-unit apartment building that opened in September in Quincy Center - is now 60 percent rented. Nova Residences, a 171-unit apartment building also in Quincy Center that opened last year, is 99 percent rented.

Councillor Noel DiBona, chairman of the oversight committee, asked about the possibility of bringing an entertainment venue like a bowling alley and a grocer like Trader Joe's or Whole Foods to Quincy Center.

"Is there any funding sources we can develop that gives an incentive...to businesses to come to Quincy?" he asked, saying such businesses would create a more complete city.

Fatseas said the city had been approached by a company looking to open an indoor driving range and arcade in Quincy, but there might not be enough room for such a venue.

"That is probably not going to be something you're going to see for a while," he said. "I say that because Quincy Center isn't necessarily going to have the space for some of these things you are talking about, let's say a bowling alley."

In addition, Fatseas said the city has had conversations with both Trader Joes' and Whole Foods. Both grocers, he said, prefer to own and not lease their stores.

"That's what the folks you're talking about are looking for," Fatseas said.

Mahoney, the councillor who had sought the update on economic development, said one of those grocers, or a store like CVS or Roche Brothers, both of which already have locations in Quincy, is needed in the downtown so people living there have a place to go to closer than Star Market on Granite Street.

"That's typically the first thing that goes in," Mahoney said of those kinds of businesses. "Star Market is not that far, but they are looking for that stuff to be right near them."

Fatseas said such a store could be coming to Quincy Center in the future.

"I hope to be able to give you good news down

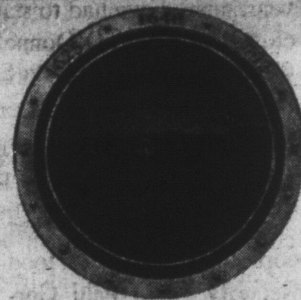
the road that there are some small unit type markets that are engaged," he said.

In addition, he stated that Target, CVS and Starbucks plan to move into The Abby, the mixed-use development now under construction at the North Quincy MBTA station. Mahoney welcomed the addition of those businesses to that site but noted the project is being overseen by private entities while the city is the master developer for Quincy Center.

"The downtown development has been happening for a long time, and people are looking for the fruits of the labor that's been promised," she said. "What is the demographic calling for and how are we targeting those kinds of businesses to bring to the downtown? I'm being specific about the downtown because that is where we as a city are the master developer."

Fatseas said retailers continue to reach out to the city about potential spots in Quincy Center.

"Quincy Center is not a stranger to folks that are reaching out and looking at retail developments," he said. "As we've always heard, we get the people there and then the retail follows."



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All QPS Students Eligible For Hybrid Learning

Cont'd From Page 1

Parents have the option to keep their children out of the classroom and in the remote only model, and roughly half of all students continue to learn remotely.

During the School Committee meeting on Oct. 14, committee member Paul Bregoli asked Jones what it would take to begin moving students from the hybrid plan to in-person learning on a full-time basis.

"I think that's the ultimate goal of the School Committee," he said. "A lot of parents out there feel what is out there is not working despite our best efforts and every day we lose a day we don't get back. Time is ticking—they've already lost seven months of instruction."

"I don't know what the metric has to be for us to say, 'OK, we can go back now face-to-face,' and I

think we need to start talking about that as a group."

Jones said it would be important to see what happens with COVID-19 rates over the coming weeks with more students back in the classroom.

"I think the next couple weeks of the metrics are going to tell us a lot," she said. "I'm looking forward to seeing the numbers for that because I think that is going to tell us a lot about how quickly and where we can progress from this point."

There were 13 COVID-19 cases reported among students between Sept. 30 and Oct. 14, Jones said; eight of those students were remote learners, two were hybrid learners and three were receiving in-person instruction. Jones said there had been no in-school transmission of the coronavirus, but it would be important to see how the situation plays

out going forward.

"I think we're doing good with numbers now. We have not seen any in school transmission, but... I want to see what happens when those eight remote, or maybe five of those eight remote, are back in the school now," Jones explained.

"I'm sure the nurses and the superintendent are on the same boat here—we want to see what happens when we increase the numbers of kids going back in in-person for the hybrid program."

Bregoli said it was important for parents to be vigilant, so they do not contract COVID-19 and spread it to their children.

"I think that's the message that has to get out there...the parents have to be more vigilant," he said. "If they are really serious about wanting to get their kids back to school, then they need to be more vigi-

lant about what they are doing and what their family members are doing so the kids can get back."

"I agree," Jones replied. "Absolutely."

During the committee meeting, Jones and Rita Bailey, the school district's coordinator of health services, provided an overview of how the schools are handling COVID-19.

Bailey said the district is using a layered defense to fight the spread of the virus.

"We know no one strategy alone can eliminate the transmission of COVID-19, however, utilizing many strategies together is what we keep us safe," she said.

"That being said, there is no zero risk. We know there will be cases. We have already experienced this first hand. We have put these mitigation strategies to the test and we have been successful."

Before the school year, parents were sent information on how to correctly wear a mask, proper hand hygiene, and what six feet of distancing look like, Bailey said. The district also sent parents, as well as teachers, a list of symptoms to screen for on a daily basis. The symptoms include a fever of 100 degrees or higher, fatigue, cough, shortness of breath, difficulty breathing, chills, muscle pain, sore throat and the loss of taste or smell. Anyone with those symptoms is asked to remain at home and contact their primary care provider as well as the school nurse.

Bailey also discussed the protocols the district has in place if a teacher or student becomes ill while in class.

If a teacher becomes ill, they would contact both the principal and the school nurse. The principal would be responsible for finding a substitute and the nurse would assess the teacher, including a temperature check. If the teacher were dismissed, they would be told to go straight home and contact their primary care provider for guidance.

If a student is ill, the teacher would contact the nurse who would assess the student to determine if the student needs to go home. If the student does need to go home, they would wait in a designated medical waiting room for a parent or emergency contact to pick them up. The student's parents would be asked to contact their child's doctor.

If a student or staff member is diagnosed with COVID-19, Bailey said they are asked to contact their school nurse to confirm their test results. They would also receive a call from their local health department, who would begin the process of contact tracing, among other things.

The state Department of Public Health defines a close contact as someone who has been within six feet of a positive case for more than 15 minutes with or without a mask on, Bailey said, starting two days prior to the onset of symptoms or two days before a positive test in an asymptomatic

case. A person who has had direct contact with infectious secretions without the necessary protective equipment would likewise be considered a close contact.

The district is requiring six feet of separation inside schools at all times. All students in grades two and up must wear masks inside schools at all times, except for designated mask breaks; staff must also wear masks.

When a student or staff member tests positive, Bailey said officials will determine whether those guidelines were adhered to. If they were followed, no one else in the same classroom would be considered a close contact.

"If all these guidelines are being followed, then we would not consider anyone in this class a close [contact]," Bailey said.

Close contacts are required to quarantine for 14 days at home without visitors. Those who are instructed to quarantine should contact their primary care provider, Bailey said, who would likely recommend testing for COVID-19.

Those with COVID-19 are required to isolate, meaning they stay away from everyone, including immediate family members. The person would be required to isolate until symptoms resolve, including 24 hours fever-free without the use of fever-reducing medication.

Amid the pandemic, the state has mandated nearly all students under the age of 30 receive flu shots starting this year. The requirement applies even to students who are remote learners.

Bailey said the district has partnered with Walgreens to offer flu clinics for students and staff at each school this fall. As of Oct. 14, 400 students and staff from eight buildings had received flu shots; clinics will be held at the other eleven buildings this month.

"The feedback we have received from the students and staff has been positive and they were extremely grateful we were able to offer this service," Bailey said.



SOUTH SHORE AREA chefs will compete at the Taste of the South Shore virtual chef competition on Thursday, Oct. 22 to support the South Shore YMCA food pantry. Photo Courtesy YMCA

Virtual Taste Of The South Shore Thursday

The YMCA is an organization that inherently brings people together. For 24 years, the South Shore YMCA has gathered over 700 people together at Lombardo's for its signature fundraiser, The Taste of the South Shore, a tasting event that assembles the best chefs in the area to raise money and help the Y serve the community.

In 2020, however, the COVID-19 pandemic has prohibited large events and fundraisers such as "The Taste" from taking place in their traditional ways, dealing a major blow to charitable non-profit organizations like the South Shore Y who rely upon funds raised to sustain vital community programs and services such as the Y's food pantry.

The Y was forced to reimagine this popular fundraiser, and on Thursday, Oct. 22, the Taste of the South Shore will be held virtually for the first time in its history. The event will support the Y's mission to ensure that no one goes hungry on the South Shore as a result of the pandemic, while supporting favorite local restaurants, food and beverage companies.

"Right now, there's

a major need to support people on the edge of food insecurity," said Paul Gorman, president and CEO of South Shore YMCA. "Since March, our South Shore YMCA Germantown Neighborhood Center food pantry has been operating at four times its normal capacity, distributing thousands of meals per week to local residents who may have lost jobs due to COVID-19, who are isolated, hungry and trying to feed themselves and their families."

With the holidays and colder weather approaching, the South Shore Y is preparing to meet an expected increased need for food service assistance. Funds raised through the Taste of the South Shore support the food pantry as well as the Y's holiday assistance program that brings holiday meals and gifts to neighbors and children in need.

"Through this event, our community will help ensure that our food pantry remains prepared and stocked," added Gorman. "And we can give back to the local restaurants and partners who have supported us through the Taste of the South Shore event for 24 years."

Billy Costa of KISS 108

FM and NESN's Dining Playbook will emcee this year's Taste, which will be headlined by the evening's main event, a local celebrity chef team competition to create a meal out of ingredients found in a typical family refrigerator. David Lombardo of Lombardo's in Randolph will act as host of the competition, which will be judged by legendary sportscaster and Quincy YMCA member, Bob Lobel, along with other local judges.

Paul Wahlberg of Alma Nove and Wahlburgers in Hingham will be competing with other local favorite chefs Brian Houlihan of Eat Local, Taste newcomer Anthony Mazzotta of Lucca, Robin King of Restaurant Oro, Mark Ellis of The Chef's Table, and 2019 Taste Winners Ming Cao and Jimmy Liang of the Fuji Group.

And what would the Taste be without the ability to taste great food and drink? In years past, restaurants donated food and beverages to support The Taste. This year, due to the financial strain that COVID-19 has had on the restaurant industry, The Taste now

supports participating restaurants and food and beverage companies through the purchase of at-home Taste Dinner Boxes. Registration for The Taste includes Dinner box options with a three-course meal for two, complete with appetizers, dinner and desserts created by local restaurants, plus local craft beer and wine selections. Taste Dinner Boxes can be picked up at the Quincy Y, the Emilson Y in Hanover or The Chef's Table in Marshfield on the day of the event for guests to enjoy a true "Taste" of the South Shore from home while enjoying the event remotely.

Throughout the event, Costa will announce the names of raffle winners for \$50 and \$100 gift certificates and "foodies and goodies" baskets from local restaurants, wineries and breweries. Multiple admission, sponsorship and donation levels are available online, with options to purchase extra Dinner Boxes, wine, beer and raffle tickets.

To explore registration options and to register for The Taste of the South Shore virtual event on Oct. 22, visit www.ssymca.org/taste.

AAA: Massachusetts Gas Prices Down One Cent

Massachusetts's average gas price is down one cent from last week (\$2.11), averaging \$2.10 per gallon.

Monday's price was 2 cents lower than a month ago (\$2.12), and 46 cents cheaper than Oct. 19, 2019 (\$2.56).

Massachusetts's average gas price is six cents lower than the national average.

"Today's national average is two cents less than a week and month ago and 49 cents cheaper than last year," said Mary Maguire, AAA Northeast director of Public and Legislative Affairs. "Decreases in U.S. gasoline demand, supply and imports pushed the national and 44 state gas price averages cheaper on the week."

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COVID Advice: 'Don't Let Your Guard Down'

Cont'd From Page 1

said. There was a total of 68 active cases as of Monday, Jones said, and those individuals remain in isolation. None of the 68 were hospitalized, she said, and some are asymptotic. The remaining 59 cases were referred, meaning the Health Department's investigation revealed they reside outside of the city.

The average age of those who have been infected in the city since Sept. 1 is 36, Jones said; the average age of those infected prior to

September was 51. The city has seen its two-week average of daily new cases rise from 2.9 per 100,000 on Sept. 9 to 6.4 per 100,000 as of Monday, which makes Quincy a yellow or moderate risk community under the state's guidelines. Communities with fewer than 4 new cases per day per 100,000 residents are considered green or low-risk and those with more than 8 per 100,000 are considered red or high-risk.

Jones attributed the rise in cases in part to some people no longer taking

steps to stop the spread of COVID-19, such as wearing masks, social distancing and proper hand hygiene. Taking those steps is more important now than before with winter approaching, she said.

"This is not the time for people to let their guard down, but I think people are tired of wearing their masks and they are tired of being so careful. I understand it, but it is probably the most important time to keep to those guidelines and keep doing what we're doing," Jones said.

"We know masks work, we know social distancing works, and we know washing the hands works, and those are things we have to really educate people on on a daily basis in our community and in our schools to make sure people are following the guidelines."

Jones said there were increases in cases after holidays this summer and expressed concern that upcoming holiday season could cause further increases.

"We would always see a spike after the holidays," she said. "We are concerned about holidays coming up with Thanksgiving and Christmas and people getting together and what kind of spike in cases that is going to be."

Getting back to normal will happen once a vaccine is available, Jones said, and a large part of the population has received it.

"Once we have a safe and effective vaccine, then we can talk a little bit more about slowly getting back to normal, but I don't see that instantly," she said. "I agree with the experts on this - I don't think you're going to see that happen until after the first of the year or later where entire communities are going to be able to get a safe and effective vaccine."

During the meeting, Jones outlined the metrics she and school officials are using to monitor the school system with the academic year underway. All Quincy Public Schools students are

now eligible to follow a hybrid learning model, with a mix of in-person and remote classes, after grades four through twelve the started the year with a fully remote model.

There has been no transmission of the virus within schools, Jones said. Thirteen cases were confirmed among students between Sept. 30 and Oct. 13, before grades four through twelve transitioned to the remote model on Oct. 15. Of those 13 students, eight were remote learners, two were in the hybrid model and three were attending in-person classes full-time.

Parents, she said, need to pay heed to the health guidelines for schools to remain open.

"I see a lot of kids, unfortunately, in groups of kids sometimes playing or kids having sleepovers," Jones said. "We just have to keep educating parents to do the right and do the right thing by their kids so that we can keep schools open."

Jones spoke at the council meeting at the request of Councillors Anne Mahoney and Brian Palmucci,

who previously introduced a resolution seeking an update on the city's pandemic response.

Mahoney said she was concerned about the virus spreading with colder weather coming.

"We had a great summer I think where people were able to social distance and see each other, but now it is getting cold, so how do we handle those cold months?" she said. "I appreciate the update and I'm glad to know Quincy is still in the yellow. I hope we stay in the yellow - I hope we get back to the green."

Mahoney also asked if the administration was prepared to help out residents and businesses should industry shutdowns occur in the coming months.

Chris Walker, the chief of staff to Mayor Thomas Koch, said the city has the resources to offer such aid again. The city previously used money from the Affordable Housing Trust Fund to offer rental assistance to hospitality workers and federal stimulus money to provide grants to small businesses.

Early Voting Underway

Cont'd From Page 1

for a total of 1,401.

"It was very good," she said of the first weekend of early voting. "Social distancing and all that was a priority."

There were lines waiting outside the school each morning, Crispo said, and a steady stream of voters for the rest of the day.

The city is using two locations for early voting this year.

Residents can vote in the council chamber on the second floor of the McIntyre Government Center (Old City Hall), 1305 Hancock St., on weekdays through next Friday, Oct. 30. The polling place there will be open from 8:30 a.m. to 4:30 p.m. on those days.

Early voting will once again take place at North Quincy High School, 316 Hancock St., this coming weekend, from 9 a.m. to 4 p.m. each day. Voters

are asked to use the Hunt Street entrance to access the school's gym, where voting will take place.

Residents can also vote by mail during this election. Nearly 23,000 ballots have been mailed to voters who requested them, and 6,000 have already been returned to the election department.

Those who have requested mail-in ballots have four ways to return them. Residents can hand deliver the ballots to the early voting locations while they are open; hand deliver them to the election office on the second floor of the City Hall annex building during business hours, including until 8 p.m. on Election Day, Nov. 3; drop them off in a kiosk located outside City Hall until 8 p.m. on Election Day; or mail them through the postal service.

Additional five-minute parking spaces are available in front of City Hall for vot-

ers. Residents can call the election office when they park to have an employee meet them curbside and pick up the ballot that way if they prefer; the number for the office is posted on the signs.

Ballots cast by mail need to be postmarked on or before the day of the election in order to be counted. Unlike the Sept. 1 primary, ballots received after Election Day will still be counted, provided they were postmarked by Nov. 3 and received at City Hall prior to 5 p.m. on Nov. 6.

Crispo said her office will release unofficial election results after polls close on Election Day. Final results will be available once all ballots are counted.

Mail-in ballots can be requested online at the secretary of state's website, sec.state.ma.us. The deadline to apply is Oct. 28, but the secretary of state's office rec-

Cont'd On Page 16

Mullaney's Variety

10/8/1992 - 9/1/2020

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RELIGION

Quincy Point Congregational Church

Online and "Drive in" worship will take place Sunday, Oct. 25 (weather permitting) at Quincy Point Congregational Church, 444 Washington St., Quincy.

October is Missions month and Rick Doane of Interfaith Social Services will be the guest speaker. Sign up for worship via Eventbrite at <http://quincy-pointcongregational.eventbrite.com>. Updated protocol for "drive in" worship is listed on the Eventbrite page. Don't forget a non-perishable food item for the food pantry at ISS.

After worship there will also be outdoor pumpkin

carving for those who want to partake. So that there is enough socially distant carving space, sign up for this event by contacting the church office at 617-773-6424 or office@quincy-pointcong.org. Bring your own pumpkin and carving tools.

Online Church School for All at begins on Sundays at 9:15 a.m. on The Quincy Point Congregational Church YouTube page. This week learn about the baby in the basket. Subscribe, the church needs to get 100 subscribers to unlock some YouTube opportunities, most importantly

having worship back at 10 a.m.

QPCC is collecting personal care items for the unaccompanied youth of the McKinney-Vento program during Missions month. For a list of items contact the church office at 617-773-6424 or email: office@quincypointcong.org to receive the sign up genius link (also available on the church's social media pages).

Donations can be dropped to the church weekdays from 9 a.m. to 2 p.m. and Sunday, Oct. 25. Items are due back by Nov. 1.

Bethany Congregational Church

Bethany Congregational Church, 18 Spear St., corner of Coddington Street, is conducting its regular Sunday service at 9:30 a.m. on Sunday mornings.

Rev. Patrick McCorkle will preach. Music will be provided by Paul Frazer, soloist. Church School classes for children are in session during the morning worship. All Saints Sunday will be celebrated in Nov. 1 with a remembrance service for members and friends who have passed away during this last year.

Masks and social distancing are required. There will be no group hymn singing or coffee hour. Masks and sanitizer are available. Areas in use are cleaned af-

ter every service. If you would prefer to stay at home, the on-line service will be available at a later date, either on the church website or on YouTube. To get to the church website, type in: bethany-congchurch.org and scroll down to the very bottom to find the link to the most recent service. This will give you not only the church service, but the bulletin and

other information about what's going on at Bethany. Or, you can go directly to YouTube and type in Bethany Church Quincy, Massachusetts to find all of the services.

Broad Horizons Preschool is open and accepting students both full and part-time.

To inquire and/or fill out an application, visit broadhorizonsbethany.com or call 617-471-0022.

First Baptist Church Of Wollaston

First Baptist Church of Wollaston, 81 Prospect Ave., Quincy has an on-line remote worship service Sunday mornings.

Pastor David Choi will preach his sermon: "Be Joyful" (Romans 12: 9-13). The reader will be Vera Bulman.

The church online dial-in/web meeting weekly schedule is:

- Sunday - 10:30 a.m. worship service

- Wednesday - 6:30 p.m. Community Group Meeting - Gospel of John

- Thursday - 6:30 p.m. Bible Classes - Epistle of Paul to Romans

- Friday - 11 a.m. Prayer Group Meeting

Go to the Home page of the church website: www.firstbaptistchurchofwollaston.org/ to join online Sunday worship service and activities.

INVITATION TO BID

INVITATION TO BID

CITY OF QUINCY, MASSACHUSETTS Department of Public Buildings

Thomas P. Koch
Mayor

Paul Hines
Director of Public Buildings

INVITATION TO BID

The Department of Public Works for the City of Quincy, Massachusetts is seeking sealed bids for **ON-CALL DEMOLITION** until **11:15 a.m.** local time **Thursday, NOVEMBER 5, 2020** in the offices of the Purchasing Agent, 1305 Hancock St., Quincy, Massachusetts 02169, at which time and place all bids will be publicly opened and read aloud.

The City of Quincy is seeking Contractor/Contractors to be on an "ON-CALL BASIS". Projects that arise shall be negotiated as needed and will be Prevailing Wage Projects. Quotes shall be obtained from the awarded Contractor/Contractors as projects arise and shall be in accordance with standards set forth below. DCAMM Certification in "Demolition" is required.

Detailed specifications are available at no cost on-line at

<http://www.quincyma.gov/Government/PPD/PurchasingBidPage.cfm>.

Bidders shall send a confirming email to "purchasing@quincyma.gov" to allow Owner to maintain a plan holders list. If Bidding Documents are downloaded and/or printed from Owner's website, it is Bidder's responsibility to check the website for any addenda before submitting a Bid. The Owner will not be responsible for any Bid that omits addenda acknowledgement. Bidding Documents are also available at the Office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM.

Each Bid shall be accompanied by a Bid security in the amount of five percent (5%) of the estimated value of \$100,000. in the form of a Bid bond or certified/treasurer's check.

The bidding and award of this Contract shall be in full compliance with Massachusetts General Laws, Chapter 30, Section 39M as last revised, all Federal, State and City of Quincy regulations when applicable in relation to Minority Business Enterprise, Women's Business Enterprise, Minority Work Force, Equal Employment Opportunity, and subject to the minimum wage rates set under the Massachusetts Prevailing Wage Law Chapter 149, §26 to 27H and/or any applicable federal rates. The City reserves the right to waive any informality in or to reject any or all Bids when such an action is deemed in the best interests of the City.

Non-responsive and/or unbalanced Bids may be rejected.

Thomas P. Koch, Mayor
Paul Hines, Director of Public Buildings
Kathryn R. Hobin, Chief Procurement Officer

10/22/20

REQUEST FOR PROPOSALS

REQUEST FOR PROPOSALS

CITY OF QUINCY, MASSACHUSETTS Public Buildings Department

Thomas P. Koch, Mayor
Paul J. Hines, Public Buildings Commissioner

Request for Proposals (RFP)

In accordance with M.G.L. Chapter 7, the City of Quincy, Massachusetts Department of Public Buildings are soliciting **Real Estate Consultant Services** until **11:00 a.m.** local time, **Thursday, November 5, 2020**, in the offices of the Purchasing Agent, 1305 Hancock St., Quincy, Massachusetts 02169.

The City of Quincy's Purchasing Department, acting on behalf of the Public Building Department, is soliciting proposals for non-exclusive on-call consultant advice and management services related to the City's real estate. Services will advise and management for existing municipal real estate and for future real estate planning and acquisition related to municipal services, public infrastructure enhancement, urban renewal activities, historic preservation, and open space protection.

Copies of the Request for Proposals will be available October 21, 2020 in the offices of the Purchasing Agent, 1305 Hancock St., Quincy, Massachusetts 02169 or on-line at the City of Quincy's Website, https://www.quincyma.gov/govt/depts/purchasing/current_bids.htm.

The City shall determine the selected Architect and reserves the right to withdraw the Request for Qualifications; to reject any and all qualification packages; and to select any qualification packages deemed to be in the best interest of the City of Quincy.

The selection and award of potential Contract shall be in full compliance with Massachusetts General Laws, Chapter 7, as last revised, all Federal, State and City of Quincy regulations in relation to Equal Employment Opportunity, OSHA and subject to the minimum wage rates set under the Massachusetts Prevailing Wage Law Chapter 149, §26. The City reserves the right to waive any informality in or to reject any or all qualification packages when such an action is deemed in the best interests of the City. The City of Quincy reserves the sole right to amend this RFP by formal Addendum.

Non-responsive qualification packages may be rejected.

Thomas P. Koch
Mayor
10/22/20

Paul J. Hines
Commissioner, Public Buildings Dept.

Kathryn R. Logan
Chief Procurement Officer

Cont'd From Page 15
ommends residents apply as soon as possible. Residents can also check the status of their mail-in ballot through the secretary's website.

The deadline to register to vote is 8 p.m. on Saturday, Oct. 24. The elections office will be open at City Hall until the deadline passes and residents can also register to vote in-person at North Quincy High School Saturday while the polling place is open.

Quincy voters will cast ballots in up to seven contested races.

Topping the ballot is the race for president and vice president. The race features four candidates: incumbent Republicans Donald Trump and Mike Pence; Democratic nominees Joe Biden and Kamala Harris; Libertarians Jo Jorgensen and Spike Cohen; and Green-Rainbow candidates Howie Hawkins and Angela Walker.

In the race for the U.S. Senate, incumbent Democrat Edward Markey of Malden faces a challenge from Republican Kevin O'Connor of Dover. Markey was first elected to the Senate in a 2013 special election and won a full six-year term in 2014.

In the eighth congressional district, which includes all of Quincy, incumbent Democrat Stephen Lynch of South Boston faces a challenge from independent candidate Jonathan Lott of Stoughton. Lynch has served on Capitol Hill since winning a 2001 special election.

Two incumbent members of the state legislature who represent Quincy, both

Democrats, are facing challenges this year.

Sen. John Keenan, a Hombomack Road resident, is facing a challenge from independent candidate Alexander Mendez of Shore Avenue to represent the Norfolk and Plymouth District. The district includes all of Quincy, Abington, Holbrook and Rockland as well as part of Braintree. Keenan is seeking his sixth two-year term in office. Mendez is challenging Keenan for the third straight election.

Rep. Ronald Mariano of Falls Boulevard will face Republican Stephen Torgas of Gilbert Street in the race to represent the Third Norfolk District in a rematch from 2018. The district includes all of Ward 2 in Quincy as well as Ward 4, precinct 5, and extends south to parts of Weymouth and Holbrook. Mariano was first elected to Beacon Hill in a 1991 special election and is the House majority leader.

The three other representatives who represent parts of Quincy - Bruce Ayers, Tackey Chan and Daniel Hunt, all Democrats - are unopposed. Ayers has served on Beacon Hill since 1999, Chan since 2011 and Hunt since 2014.

There are also a pair of contested Norfolk County races on the ballot in Quincy.

The race for sheriff pits incumbent Republican Jerry McDermott of Westwood against Quincy Democrat Patrick McDermott, presently the county's register of probate. The winner of the special election will serve

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Pine Hill Cemetery Expansion Underway

By SCOTT JACKSON

The city has begun clearing land to make way for the expansion of Pine Hill Cemetery in West Quincy, which Mayor Thomas Koch said would provide some 4,000 new burial plots.

As a result of the expansion, residents will be given the opportunity to pre-purchase lots.

"We're estimating about 4,000 new graves with this project, which should last us for quite a few years," Koch said. "We will plan to open up for pre-need. Right now, you can't buy them ahead of time because we are so low, but we will probably have an early sale once we get further along and know when the date will be when they will be available."

"My guess is a lot of people will come forward. A lot of people do pre-planning with their undertaker, but that is the missing link. If they can get that wrapped up, they will. I think probably out of the box we'll sell several hundred."

The mayor estimated the 4,000 graves would meet the city's needs for 20 years.

"I think it takes care of the next couple of decades," he said.

The city purchased about 50 acres of land from the state in 1962 to accommodate the new cemetery; roughly 13 acres have been used for burials to date at Pine Hill.

Once the ongoing expansion is complete, Koch said there would be no more room for burials elsewhere on the land because of state environmental regulations; the land is home to certain protected snakes.

"In this deal, we lost a lot of acres for cemetery use because of the snake habitat. If this had been built out in the '60s, all the roads put in, we would be set for a hundred years. But that's not how cemeteries are done. You build them out as you bring

Cont'd On Page 35



SIGN POSTED on an access road in Pine Hill Cemetery alerts visitors of an expansion project underway at the West Quincy cemetery. Photo below shows some of the work underway at the top of the access road. The expansion will provide space for some 4,000 new burial plots, Mayor Thomas Koch said.

Quincy Sun Photos/Robert Bosworth



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AN ARRAY of greens, golds, yellows and reds paint the landscape and horizon at Granite Links Golf Course in West Quincy on a picture-perfect day for golf last Wednesday (Oct. 14th) - one day after heavy rain brought some much needed relief to the state-wide drought. Quincy Sun Photos/Robert Bosworth



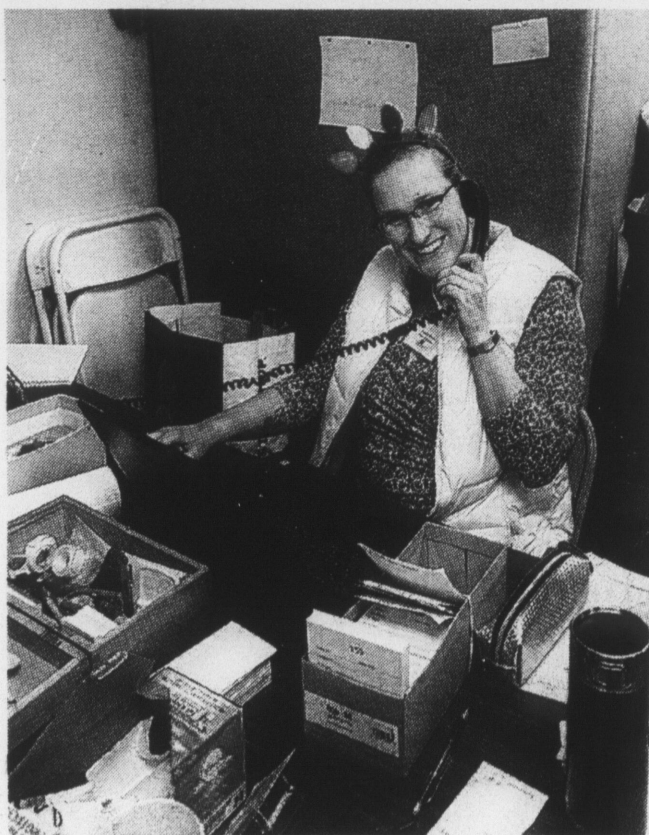
Interfaith Social Services Seeks Donors To Sponsor Client Families Through Help For Holidays Program

Though fall has just begun, most local social service agencies have already begun preparations for what should be an incredibly busy holiday season. Interfaith Social Services, which provides South Shore families with emergency food, mental health counseling and homelessness prevention services, has already seen a marked increase in the number of people signing up for their holiday assistance programs.

The holiday season is a particularly difficult time for the families Interfaith serves, and the COVID-19 pandemic has only added more stress. The agency is gearing up to ensure that the 700 children they serve will be able to receive not only emergency food and a Thanksgiving meal, but also gifts for the holidays.

"It's incredibly important to us to try to spread a little bit of joy to our client families during the holidays," said Interfaith's Executive Director Rick Doane. "We provide them with the basic necessities they need, but thanks to our generous donors, we're also able to provide a bit of holiday magic for the children as well."

Interfaith is now seek-



INTERFAITH SOCIAL SERVICES' Family and Children Program Coordinator Emily Ryan takes calls about Interfaith's Help for the Holidays program last winter. The agency is seeking sponsors to provide holiday gifts for 700 children this season. Photo Courtesy Interfaith Social Services

ing donors to sponsor client families through their Help for the Holidays program. Interested donors will sign up to purchase gifts for a child and will receive the child's age and interests. A \$50-75 spending range is suggested for each sponsored child. Donors can sign up at <http://bit.ly/ISSholi>

days.

Businesses, organizations and faith communities are also welcome to sponsor families or run toy drives to support the program. Contact Emily Ryan, Family and Children Program Coordinator, at eryan@interfaith-socialservices.org.

EARLY VOTING



For the November 3, 2020 State Election



YOU CAN EARLY VOTE FROM OCTOBER 17 - OCTOBER 30

Saturday & Sunday, Oct. 17/18 & Oct. 24/25

9:00 a.m. - 4:00 p.m. at

North Quincy High School Gym

• Use Hunt Street Entrance •

Monday - Friday Oct. 19 - 23 & Oct. 26 - 30

8:30 a.m. - 4:30 p.m. at Quincy City Hall, Great Hall, 1305 Hancock St.



Voting Is Now More Convenient than ever and on YOUR Schedule

Questions? Please Call Us! 617-376-1144 or Email ncrispo@quincyma.gov

OCT

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2020

Quincy School Enrollment Down This Year

By SCOTT JACKSON

The number of students in Quincy Public Schools was down at the start of the new school year compared to the same time last year, but the total enrollment is still at its second highest point in the past decade.

As of Oct. 1, there were 9,680 students enrolled in pre-kindergarten to grade twelve, according to figures that Superintendent Kevin Mulvey provided to the School Committee on Oct. 14. That is 145 students fewer than the 9,825 that were enrolled on Oct. 1, 2019.

Mulvey said the district was still processing 50 new registrations as of Oct. 14, including ten kindergartners and 40 for grades one through twelve.

The total of 9,680 students in the district as of Oct. 1 is the second highest total enrollment on that date in the past decade, exceeded only by last year. There were 9,396 students enrolled at the start of the 2011-12 school year and that number had grown to 9,623 at the start of the 2018-19 school year.

This year's kindergar-

ten class is the smallest the district has seen in the past decade. There were 685 students in kindergarten as of Oct. 1. That is 94 fewer kindergartners than were enrolled at the same point last year and 31 fewer than the 716 that were enrolled at the beginning of the 2014-15 school year, the second smallest kindergarten class the district has seen since 2011-12.

Committee member Doug Gutro asked school administrators why the kindergarten enrollment was down this fall.

"It's been pretty consistent over the years until this year," he said.

Laura Owens, the assistant to the superintendent, said more parents opted to keep their children in full-time daycare programs or at home this year.

"We had some kids who registered for school and decided to stay at full-time daycare programs that have accredited kindergarten programs. There are some instances...of families moving; they registered for kindergarten and they moved away. There is always some movement along those

lines," Owens said.

"There are families who have deferred kindergarten completely. There are probably a few families at each school whose families have reported they are not sending them to kindergarten this year."

The total number of elementary students enrolled this year as of Oct. 1 was 4,082, down 101 from the

4,183 who were enrolled at the start of the previous school year. Enrollment at each elementary school is down, except for Lincoln-Hancock, which saw its enrollment grow by eight.

There were 2,256 students enrolled in the five middle schools, down 53 from the 2,309 enrolled at the same point last year. The South-West Middle School

saw its enrollment increase by three students, while enrollment at the other four all decreased.

The two high schools have a total enrollment of 2,835 students, 52 more than the 2,783 who were enrolled at the start of last year. North Quincy's enrollment is 1,350, 91 more than last year, while Quincy's en-

rollment of 1,485 is 39 fewer than the previous year.

Mulvey said he planned to provide the committee with an update on class sizes at an upcoming meeting. He was unable to do so on Oct. 14 because students in grades four through twelve were in the process of transitioning from remote learning to a hybrid model.

QNN Cross Country vs. Plymouth South Oct. 15

Scores

Girls won 21-40, Boys Meet won by Plymouth South, 20-39

Girls meet

21 finishers

Distance 2.5 miles

QNN Finishers

Race won by Sarah Kenney of Ply So. 17:17

2. Lezly Acevedo 17:20

3. Victoria Mariano 18:31

4. Aluna Coogan-Coyne 18:44

5. Maeve White 18:48

7. Kyla Ho 19:18

8. Jennie Burgess 19:32

9. Eileen Durgin 19:50

11. Grace Cody 20:08

15. Sofie Cerone 21:11

16. Sabrina Egan 21:41

17. Leili Mahrouk 22:22

19. Viktoria Miller 23:10

20. Juliana DiBlasi 25:30

21. Charlotte McConville 27:48

QNN is 2-1 in the Fisher Division of the Patriot League

Boys Meet

30 finishers

QNN Finishers

Race won by Patrick Clarke Ply So. 14:09

1. Robert Cannon 14:32

6. Vinh Tran 14:58

8. Jack Nelson 15:23

12. Jonathan Bina 15:40

13. Matt Francouer 15:51

15. Kyle Clements 15:59

20. Nathan Doyle 16:32

22. Will Cook 16:50

24. Zach Clements 18:15

25. Peter Cooney 18:19

27. Dante Nguyen 19:55

28. Trevor Mangino 19:55

29. Nick Bina-Rodriguez 20:09

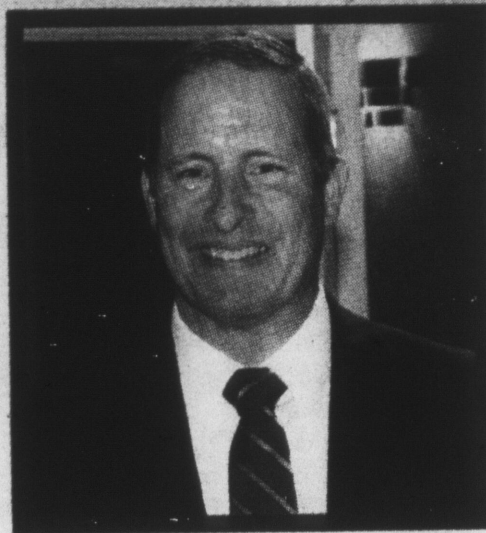
30. Patrick Lee 20:18

QNN is 2-1 in the Fisher Division of the Patriot League

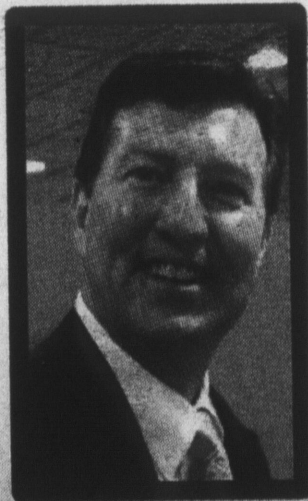
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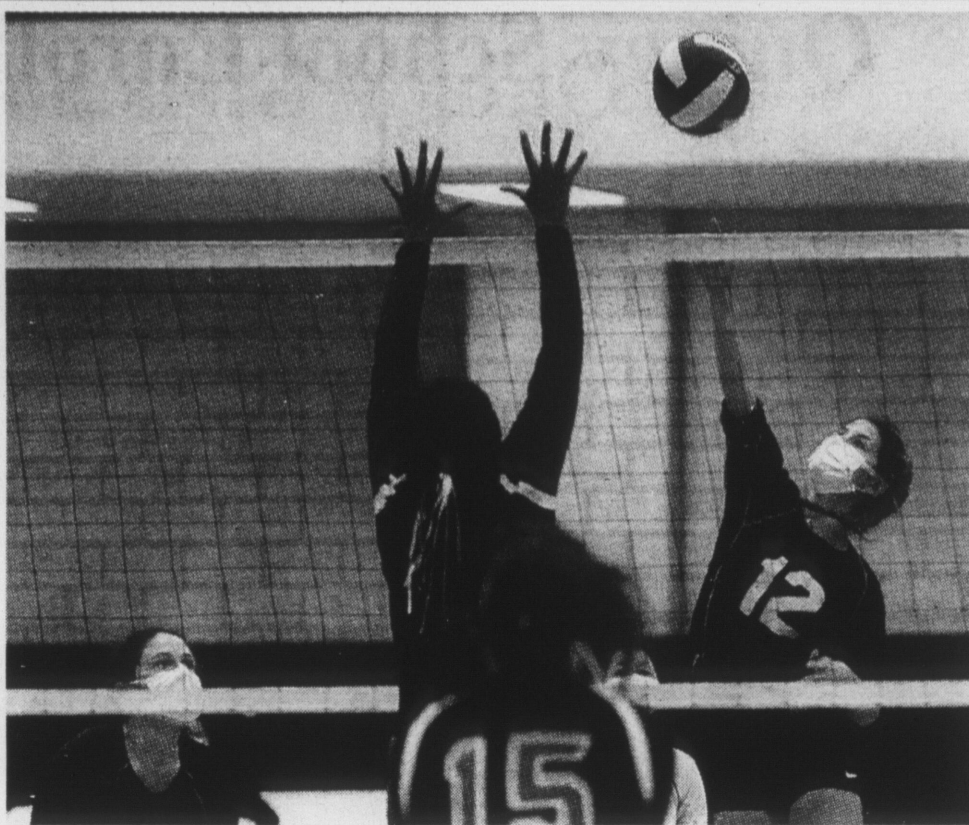
#1 On The Ballot

Paid for by the McDermott Committee



NORTH QUINCY'S Kaila Jacques, left, blocks the shot of Quincy's Annika Schmitt. The Presidents defeated the Raiders 3-0 Oct. 12 to improve to 3-0 on the season. North Quincy fell to 2-2.

Quincy Sun photos/Tom Gorman



QUINCY'S RACHEL MCKENNA spikes over North Quincy defenders.

QHS Girls Volleyball Defeats North Quincy, 3-0

By TOM JOYCE

The two high schools in Quincy faced off for a rivalry girls' volleyball match and had their share of bright spots.

Although North Quincy was highly competitive, particularly in the first set of the match, Quincy pulled away late in it and kept that momentum going. Quincy won the contest 3-0 (25-19, 25-12, 25-15) to improve to 3-0 on the season. With the loss, North Quincy was 2-2 thus far.

North Quincy had a strong run in the first set, pulling within two points late in it. They trailed by two points 20-18. However, Quincy finished the set off strong with a 5-1 run, giving themselves some momentum headed into the second set.

Quincy got off to a hot start in the second set, taking 15 of the first 21 points, gaining a 15-6 advantage. Sophomore Bridget Hoare had a few points as the set progressed, helping Quincy take a 20-8 advantage. Although Olga Kosinski countered that with a pair of kills, Quincy had too big of a lead for North Quincy to make a comeback. Quincy ended up winning the set 25-12.

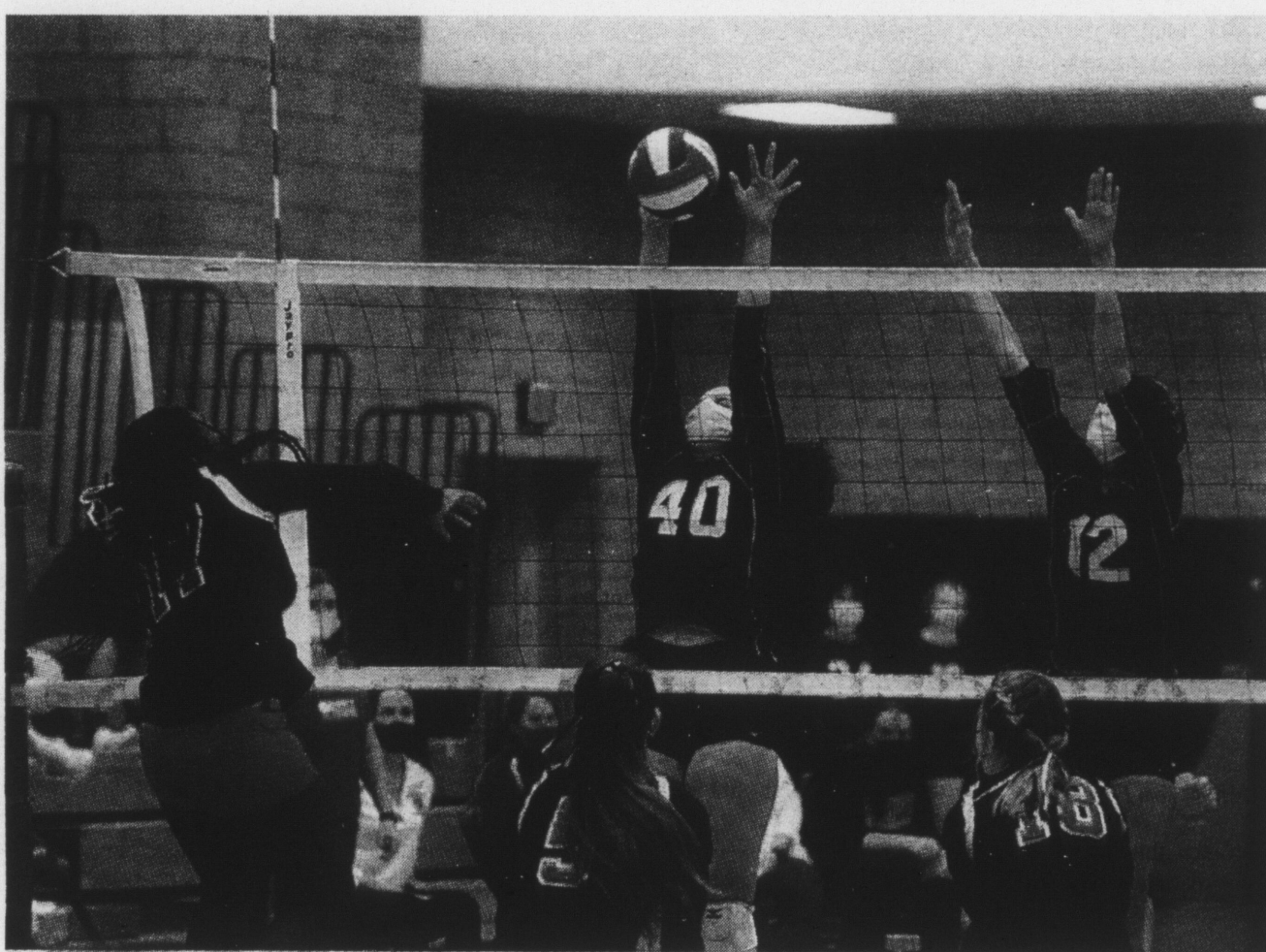
"The first game was close

for a while, but we were able to get on a good run at the end," Quincy head coach Jacqui Niosi said. "That second game, we really played well, and didn't have nearly as many unforced errors."

Momentum shifted to start the third and final set of the match. North Quincy took a quick 4-0 lead, but with Ashley Grehan serving, Quincy not only tied the set at four apiece but went on a 6-0 run to take a 6-4 lead. The go-ahead point came on an ace from Grehan. North Quincy would also tie the game at eight apiece following points from Kosinski and senior Ashley Caldwell.

Strong serving once again gave Quincy the lead. Sophomore Annika Schmitt had a pair of aces as she helped Quincy take four points and gain a 13-9 lead.

North Quincy sophomore Stephanie Huang brought her team within three points, 17-14, with an ace, but that was as close as the team came to the lead in the second half of the final set. Quincy senior captain Rachel McKenna put momentum back on her team's side with a kill following a long volley. Additionally, Quincy finished the game on a 6-0 run, and senior captain Alyssa Ruan picked up four



QUINCY'S EMMA GLAVIN, center, blocks the shot of North Quincy's Isabella Thong.

points serving in that span.

Part of the key to Quincy's success so far this season has been experience. The team this season has eight seniors on its roster.

"We have a nice mix of seniors and varsity veterans, and five returning varsity starters," Niosi said. "They definitely play with confi-

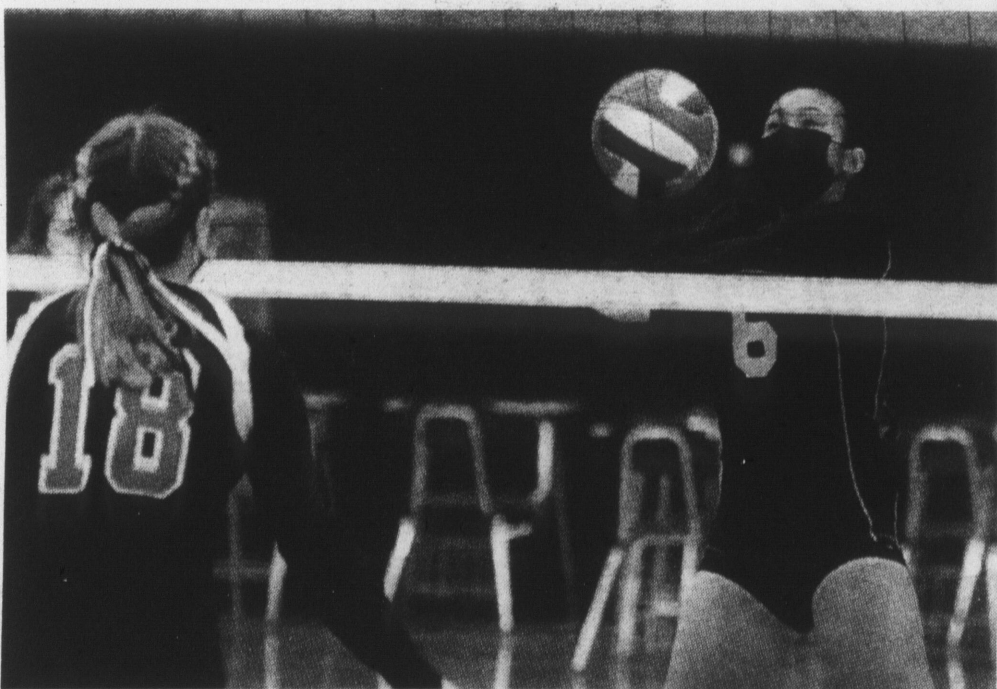
dence, and our other seniors all have a good amount of experience. I think that having so many returning veterans has been a huge advantage for us this year, with the

late start, smaller preseason and so on. These players already know the tone we set, and what we expect of them. With a younger team, it would've been much harder

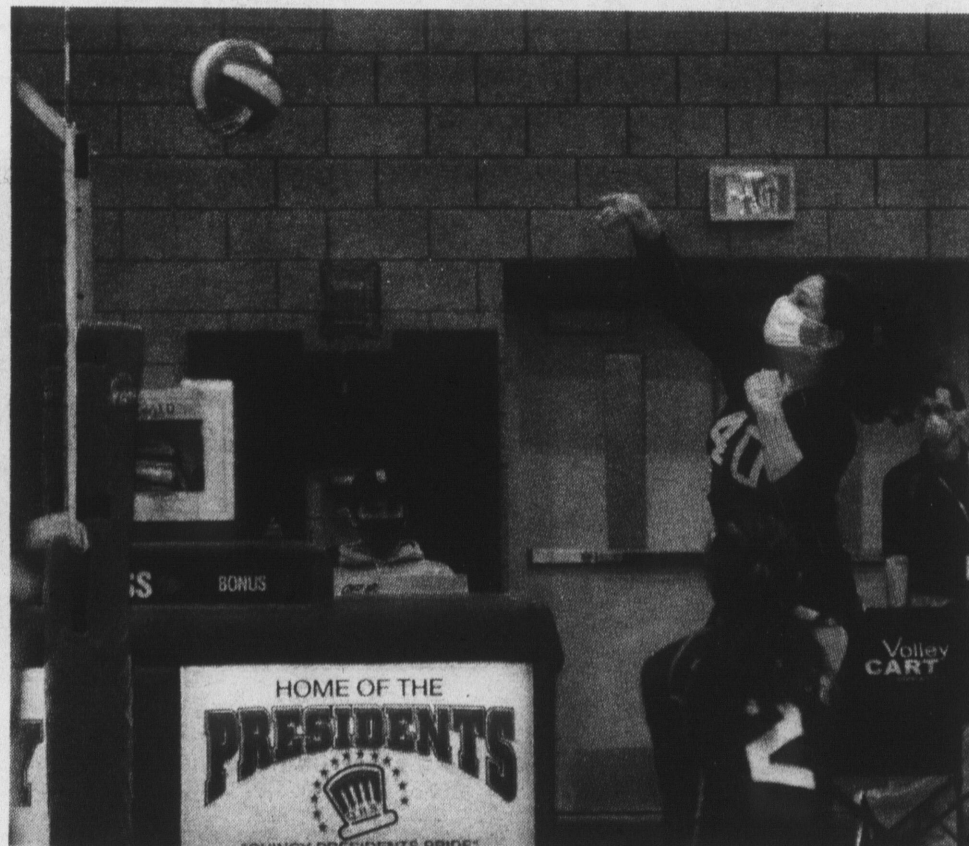
for us to get up and running so soon."

North Quincy is in a different situation. The team only has four seniors on

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QUINCY'S MONA LY, right, returns a shot as North Quincy's Olga Kosinski, left, sets.



QUINCY'S EMMA GLAVIN fires a shot over the net.

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North Quincy Girls Soccer Edge Quincy, 2-1

By LIAM GAMBON

One year ago, Victoria Talarico wasn't able to take the field because of a torn ACL.

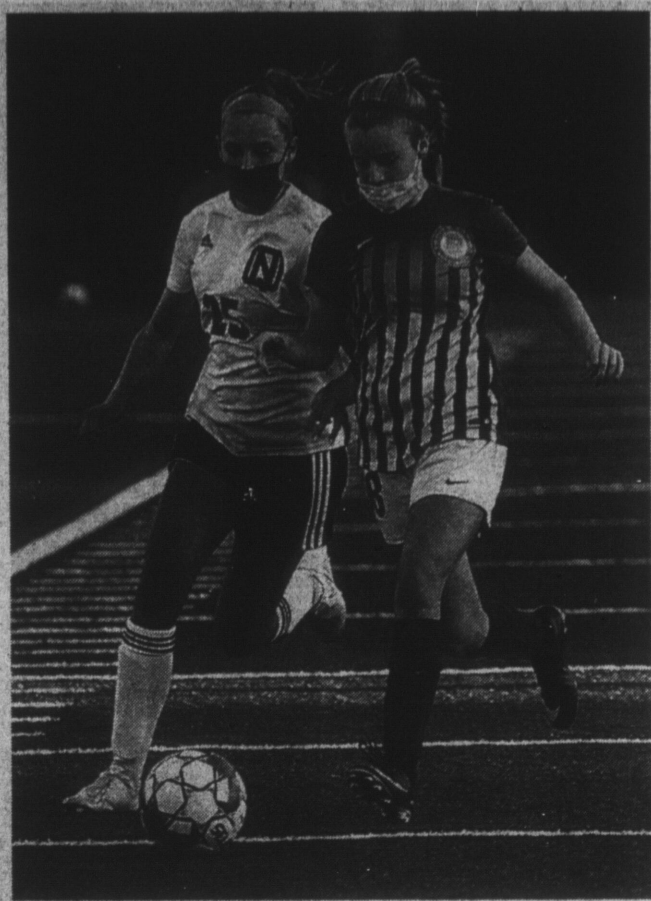
The North Quincy senior captain has had a productive return to the field this season as the Raider's goalkeeper. In the team's season opener two weeks ago, Talarico put together 31 saves and then led North to their first win of the young year with a 3-2 victory against Plymouth South Oct. 6.

Then last Wednesday night, she shut the door on rival Quincy High and earned a 2-1 win. Talarico is now 2-1 in net as a senior, but throughout her high school career, she was forced to watch from the sidelines.

In her freshman year, she took a knee to the face during a home game and broke her nose, received a concussion, got two black eyes, and fractured the orbital bone under her left eye.

"It was super scary, especially as a freshman being in my first year of high school and missing close to a month of school, and also not knowing what my future in soccer would look like," recalled Talarico. "I remember being pretty heartbroken, there were a lot of tears."

After returning to the



QUINCY'S KACI PETTIGREW-LYNCH, right, kicks the ball away from North Quincy's Alex Abrahamovich. The Raiders defeated the Presidents, 2-1 Oct. 14.

Quincy Sun photo/Tom Gorman

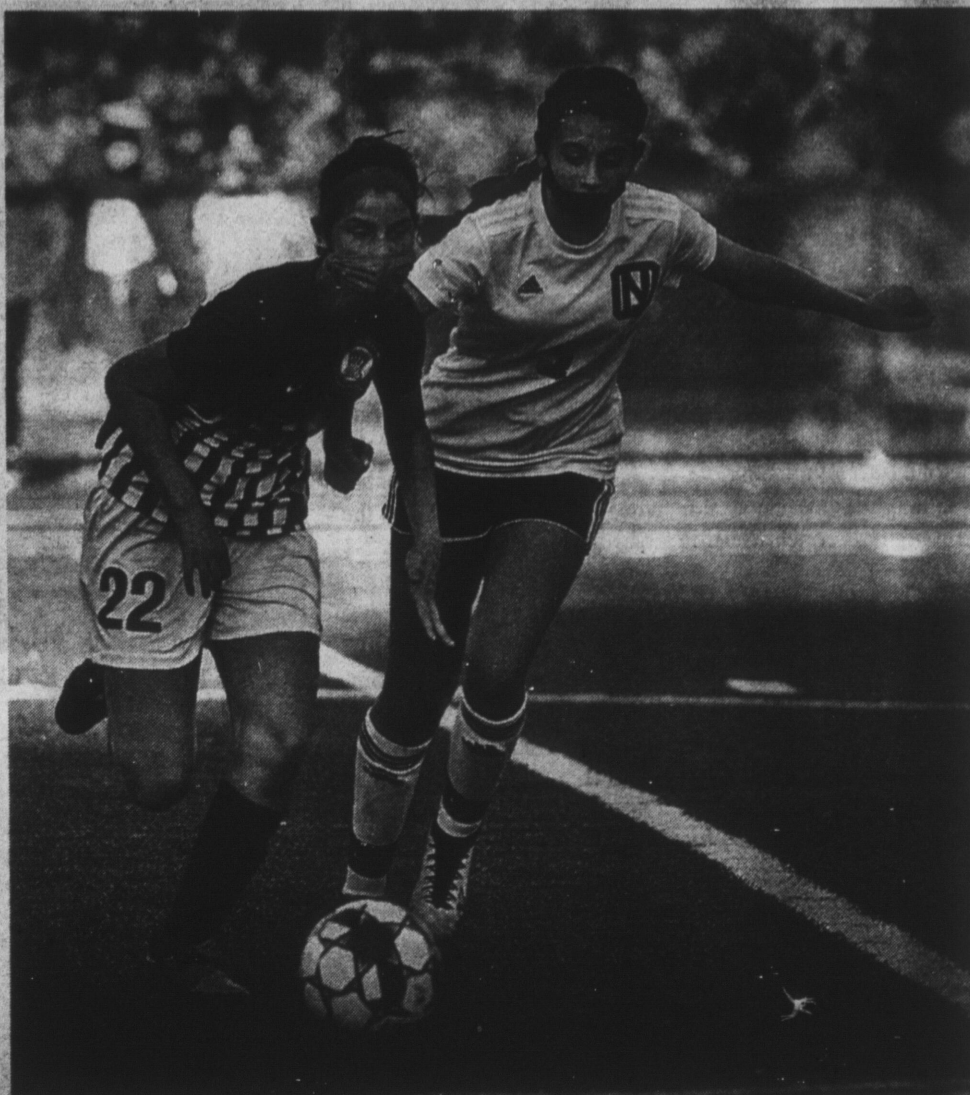
field as a sophomore, Talarico dislocated her elbow while diving for a ball in a club soccer practice.

"As a goalkeeper who needs their arms just as much as their legs, that shook me up a bit," Talarico said. "I still feel a bit of discomfort there but it's all mental in the end. If you 100% believe you can do something, then you can and

there's nothing that can stop you."

She didn't stop as after suffering two major injuries, Talarico made it back to soccer again and this time, she tore her ACL at the very start of her junior year.

While running up to clear the ball as it was outside of the goalie box, Talarico went to kick it and twisted her leg on the turf and fell,



QUINCY'S CIARA GOLDEN, left, and North Quincy's Paige Grippi race for the ball.

dislocating her kneecap and tearing her ACL.

"It was possibly one of the worst feelings I've ever had. Coming back from this was a process, and it still is," Talarico said. "I knew from the second they told me it was torn that I would

push myself to get back on the field and do what I love. It was a long year, but I'm finally getting back to where I was before, and it is very exciting."

On Oct. 14, the senior captain got to do what she does best in the bright lights

of Veterans' Memorial Stadium. After fellow senior captain Fiona Smith pitched a goal from the 20-yard line over the Quincy keeper's head with 3:30 left in the first, the Presidents did the same to Talarico 10 seconds

Cont'd On Page 22

QHS Girls Volleyball Defeats North Quincy, 3-0

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their roster this season -- and most people in the starting lineup are new to it.

"We only have a couple of varsity returners," North Quincy's first-year head coach Caitlin Plaskasovitis said. "I think anytime we play Quincy it becomes a mental game, more than a physical one. That second

game was a good example of that, where we came out flat after losing that first game. Our errors got in our heads, and took us out of our game."

Plaskasovitis said the shortened preseason due to the coronavirus pandemic was a tough adjustment for the team but is impressed with how her team has responded to it -- especially

at a time when both high schools in the city are attending classes remotely.

"Well, it was certainly not the preseason any of us had planned for," she said with a laugh. "But all we can do is follow all the rules, and try to do everything right. I think it amazes me that the kids even show up --

they are not even in school yet. They are an inspiration to me, because everyone has to get a ride to practice every day, and then a ride home, and so on, and they just keep doing anything we ask of them."

Niosi added that despite everything else going on, her team is thrilled to be

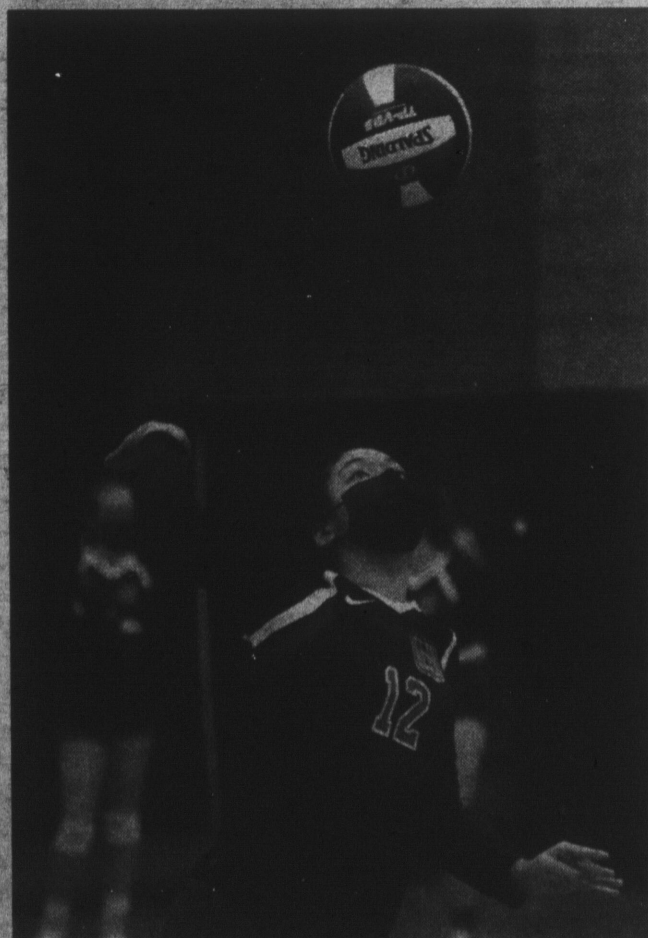
competing once again this season.

"I think the main thing is that we're all just so overwhelmingly happy to be on the court," she said. "Many of these girls lost their spring seasons and weren't even able to get in the gym over the summer. The kids

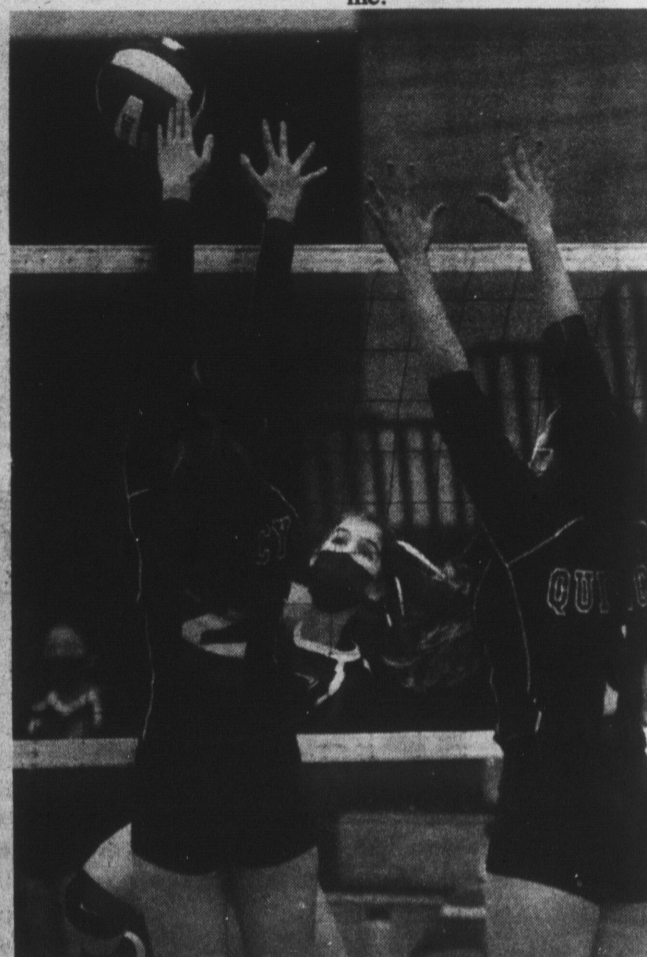
aren't even coming back to school until next week, so most of them are doing remote learning. I know, Friday practices can be tough to get going, because everyone's been on their computer all week. But I also think the game is a great stress outlet. I know it has been for me."



QUINCY'S ASHLEY GREHAN serves to North Quincy. Quincy Sun photos/Tom Gorman



NORTH QUINCY'S Tiffany Chu serves.



NORTH QUINCY'S Jessica Tran, center, spikes the ball past Quincy defenders Bridget Hoare, left, and Annika Schmitt.

North Quincy Girls Soccer Edge Quincy, 2-1

Cont'd From Page 21

later.

From then on, the keeper who wears a brace on that formerly dislocated left knee and dons two yellow goalie gloves with a blue hydro flask behind the net, went to work. With 11 minutes to go in the second, sophomore midfielder Malanie Chretien stopped one scoring chance and then did the exact same a minute later as she cleared the ball out both times.

Four minutes later, Talarico put all concerns aside and dove to the left side of the net, stopping a clear shot that was powered to the left corner. She repeated this action three minutes before halftime on an indirect kick at the net, before Chretien once again stopped a fast break scoring chance for Quincy.

In the third period, it was Talarico again making two diving stops from point blank range.

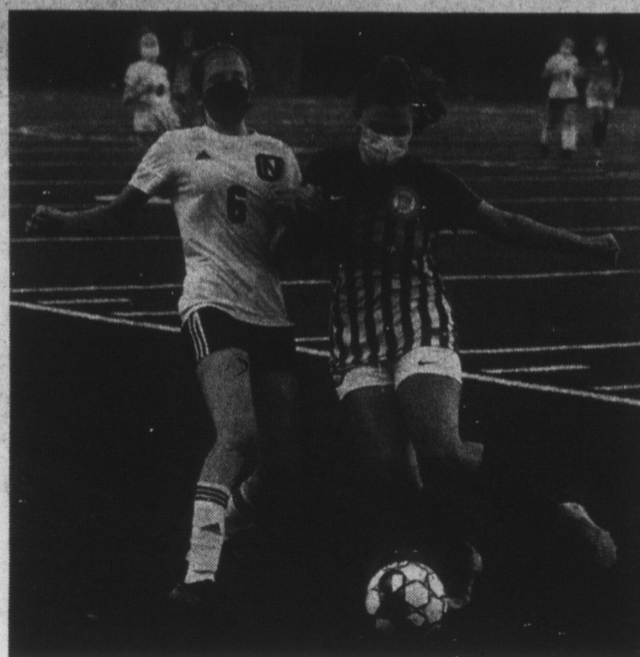
"For her to come out still diving all over the place shows what kind of player she is," North Quincy girls soccer coach Devon McKay said.

"I absolutely love the adrenaline of diving and being the last defender," Talarico said.

In the final period just a minute in, junior midfielder Teresa Sheedy did what Smith did early on in the game as she floated a shot over the keeper and into the net giving the Raiders a 2-1 lead.

"Teresa is one of those girls that gets overlooked," McKay said. "She's a competitor."

Five minutes after, Talarico - who sometimes goes by "V" - saved the game with a one-handed stop made with her fingertips. When the final whistle went off, the team ran to hug the keeper that is shutting



QUINCY'S AISLING KELLY, right, pushes away North Quincy's Keira Murphy. Quincy Sun photos/Tom Gorman

the door against teams after three major injuries.

She may have seen glimpses of the soccer field over the last three years of being banged up, but Victoria Talarico has no rust in net.

"You'd think I'd say that it feels weird or uncomfortable, but it feels like I've never left," Talarico said. "At the end of the day, I'm so used to overcoming obstacles that I'm up for anything that comes my way."



NORTH QUINCY'S Teresa Sheedy kicks a goal against Quincy.

North Quincy Boys Soccer Blanks Quincy, 1-0

By LIAM GAMBON

Last season, Quincy boys soccer's longtime goalkeeper went down with an injury. A day later, Jacob Ferrullo stepped up, volunteered, and took on the role.

A year later and he is now the starting keeper for the Presidents and a senior captain, the only captain on the team in fact.

"Ever since then he's taken one step to improve and another after that," Quincy boys soccer coach Daniel Mongo said. "That's an example of the character he is, he's a great leader and a great guy to be around, he's just continuing with that leading by example."

On Wednesday night, Oct. 14 under the bright lights of Veterans' Memorial Stadium, Ferrullo and company took on rival North Quincy and fought through a slug match along the way to a 1-0 loss.

At the start of the game, Quincy's freshman striker Antoine Johnson kicked the ball in off the sideline then asked for it right back and sliced the ball between two North defenders right onto the foot of a forward who sent it on net, but it was saved. Later on with 18:50 left in the second, North's sophomore midfielder Oliver Smith spun through a defender at midfield and then shot away from the 40-yard line and nearly potted the first goal of the game before it was saved by Ferrullo.

These stood as the best scoring chances for either team all game as the match turned into a scrap fest with neither side gaining any territory or breathing room.



NORTH QUINCY'S Gerard Llanaj controls the ball as Quincy's Daniel Pakkala moves in. Quincy Sun photos/Tom Gorman

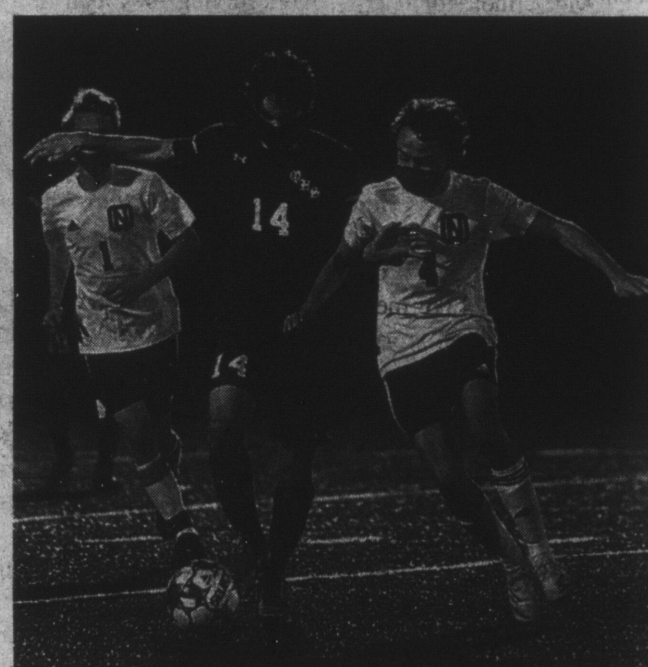


QUINCY'S ZACHARY DONAGHUE, center, blocks a shot as he splits North Quincy's Subear Hussein, left, and Oliver Smith, right.

Then four minutes into the final period, Ferrullo made the save of the game. After a shot was sent flying

at the top of the net, a shot that should've been out of reach, Ferrullo leapt up and made a one handed save

with the tops of his fingers as he sent the ball flying through the field goal posts



QUINCY'S COLLIN DRISCOLL, center, pushes off North Quincy's Mike Colantonio as he moves the ball downfield.



QUINCY'S ALEX CARMONA-MONTUFAR controls the ball as North Quincy's Oliver Smith, right, moves in.

behind the net. After another four minutes, he stopped a save directly on him as the North side gained momentum.

But the pressure became

too much as North junior defender Dan Vu slipped past Quincy's defenses and struck a shot at Ferrullo. After catching the ball and

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Gov. Baker Proposes \$45.5 Billion State Budget

Cont'd From Page 4

said better reflects the cost of benchmarking direct care and clinical staff wages.

The Executive Office of Elder Affairs would receive \$575.5 million in funding. The proposed budget includes \$16.5 million for grants to local councils on aging and an increase of \$9.7 million above the FY20 budget to support consumer growth in the state Home Care Program, which provides care management and

in-home support services to help eligible elders age in place. The proposal also includes a \$4.7 million increase for the Community Choices Program, which provides MassHealth-eligible elders with nursing facility levels of need with home care support.

The proposed budget also includes language from an FY20 supplemental budget that provides the Department of Public Health with greater authority to

take action against a nursing facility in order to protect resident health and safety, officials said. This includes authorizing the department to restrict or suspend a license for cause rather than only when an imminent risk of harm exists.

The revised FY21 budget proposal would provide \$181.7 million for the emergency assistance family shelter system, of which \$1.8 million will help support 40 new family shelter

units that are compliant with the Americans with Disabilities Act in order to accommodate homeless families that include a person with disabilities. The budget recommends \$53.4 million to maintain an estimated 3,036 beds, services, and day programs at homeless shelters for individuals.

The budget would also provide \$122.7 million for the Massachusetts Rental Voucher Program and \$72 million for local housing authorities.

The budget includes \$1.27 billion in budget transfers to the MBTA, an increase of \$64 million over the previous fiscal year. The

MA Department of Transportation would receive \$386 million, an increase of \$40 million to fund snow and ice removal.

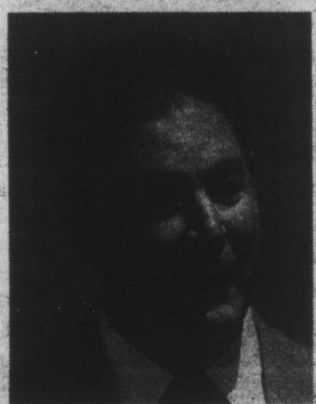
Baker said he expects the legislature to approve a one-month budget to cover spending for the month of November, and then to approve a final budget for him to review by Thanksgiving.

Former Mayor Phelan Endorses Jerry McDermott For Norfolk County Sheriff

Norfolk County Sheriff Jerry P. McDermott has been endorsed by Bill Phelan, a former mayor of Quincy, who was runner-up in the September Democratic Primary for Norfolk County sheriff.

"I am a lifelong Democrat, and I am endorsing Jerry McDermott for sheriff," Phelan said in a press release issued by the Jerry McDermott campaign. "These past few months Jerry and I had respectful, substantive conversations about criminal justice reform. I learned that we share many of the same values. Like me, Jerry has a personal story that guides his commitment to public service."

"Jerry's platform is consistent with my own vision for the jail, especially his focus on compassionate care, racial equity, improving treatment for mental health and substance use disorders and ending the unequal treatment of incarcerated women. Jerry has committed to being the first sheriff in Massachusetts to provide free local phone calls for inmates to their loved ones."



WILLIAM PHELAN

Phelan said.

Continuing, Phelan said: "Partisanship has left our communities deeply divided, for me, making sure the best person is elected is more important than party politics. Over the last two years, Jerry has demonstrated he is a reformer with results: The people of Norfolk County deserve to see that progress continue."

Upon receiving Phelan's endorsement, Sheriff Jerry McDermott said, "I am deeply honored to have the support of Bill Phelan. He is a great public servant and gentleman, who loves Quincy, and Norfolk County, and giving back to the community. I appreciate his support



JERRY McDERMOTT

and friendship and look forward to continuing working with him as sheriff."

Sheriff Jerry McDermott has been endorsed by a broad coalition of over 30 Norfolk County town officials, community advocates and legislators.

Jerry McDermott is a graduate of Catholic Memorial High School, and UMass Boston. He has received extensive training from the National Sheriffs Institute (NSI) and the National Institute of Corrections (NIC). Additionally, he completed the FBI - LEEDA program, where he was a Trilogy Award recipient. He lives in Westwood with his two daughters.

Former Democratic Candidate For Sheriff Jimmy Coughlin Endorses Jerry McDermott

Norfolk County Sheriff Jerry P. McDermott has been endorsed by Jimmy Coughlin, who served 29 years in the Massachusetts State Police and who ran in the September Democratic Primary for Norfolk County sheriff.

"As a lifelong Democrat, I believe the position of sheriff should not be a political one, and it should be held by someone that understands law enforcement and corrections, as well as the many challenges of substance abuse disorders and mental health," Coughlin said in a press release issued by the Jerry McDermott

campaign. "I have great respect for Jerry McDermott and all the work he has done as sheriff. I am very proud to endorse Jerry because he's the only one in this race who has the experience, knowledge, temperament, and management skills to do the job. I'm looking forward to voting for Jerry, and I ask all my supporters to do the same," said Coughlin.

Upon receiving the endorsement of Coughlin, Sheriff McDermott said, "I am deeply honored to have the support of Jimmy Coughlin, someone who has 29 years of experience in law enforcement, and is

highly respected. He is a person of great integrity and who loves giving back to the community. I appreciate his support and friendship and look forward to continuing working with him as Sheriff."

The endorsement of Coughlin the day after Sheriff McDermott received the backing of Bill Phelan, the runner-up in the Democratic primary.

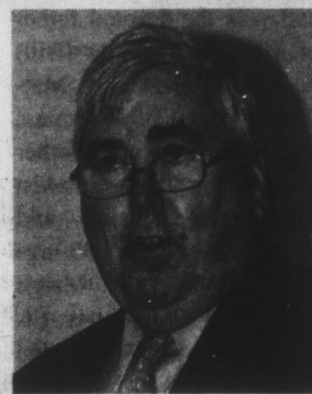
Sheriff Jerry McDermott has also been endorsed by a broad coalition of over thirty Norfolk County town officials, community advocates and legislators.

Dist. Atty. Morrissey Endorses Patrick McDermott For Norfolk County Sheriff

Patrick McDermott, Democratic candidate for Norfolk County sheriff, announces he has received the endorsement of Norfolk County District Attorney Michael Morrissey.

"Pat McDermott is a proven innovator, building partnerships with the District Attorney's office to protect victims of domestic violence in the Probate Court," said Morrissey in a press release issued by the Patrick McDermott campaign. "Pat will bring that same commitment to the Sheriff's Office working on re-entry and recidivism programs to keep our citizens safe. He is the type of leader who will be smart on crime prevention issues."

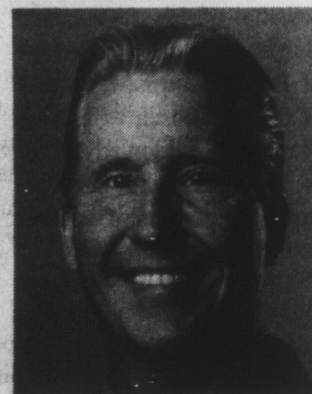
"District Attorney Morrissey shares my commitment to justice and equity in our legal system," said



MICHAEL MORRISSEY

Patrick McDermott. "As Register of Probate, I have worked with him to improve access to justice, and I am committed to bringing that focus to the Norfolk County Sheriff's Office. The Sheriff's Office must evolve to fit the needs of our current climate, and as sheriff, I look forward to working with District Attorney Morrissey to make that a reality."

Patrick McDermott has



PATRICK McDERMOTT

served the 28 cities and towns of Norfolk County for the past 18 years as the Register of Probate, where he has worked to improve services and efficiency in the Probate and Family Court. He also served as a Quincy city councillor and is involved in professional and community organizations such as Rotary International and the Norfolk County and Massachusetts Bar Associations.

Treasurer James Timilty Endorses Patrick McDermott

Patrick McDermott, Democratic candidate for Norfolk County sheriff, announces he has received the endorsement of Norfolk County Treasurer James Timilty, who also served as Massachusetts state senator for the Norfolk and Bristol District.

"As the former Chair of the Joint Committee on Public Safety and Homeland Security, I have great respect for Patrick McDermott's vision for the Norfolk County Sheriff's Office," James Timilty stated in a press release issued by the Patrick McDermott campaign. "Patrick McDermott knows that public safety is bigger

than the jail -- it requires a commitment to improving the lives of Norfolk County residents. Patrick McDermott knows that homelessness, healthcare, education, systemic racism, and more are also public safety issues, which is why I am proud to vote for him as the next Norfolk County sheriff."

"The Norfolk County sheriff has the opportunity -- and the responsibility -- to make life better for the residents of Norfolk County. When people feel secure in their lives, they are simply less likely to commit crimes, which means that everyone benefits," Patrick McDermott said. "Jim

Timilty understands this, and I am honored to receive the endorsement of a person who knows that public safety does not start with the jail."

Patrick McDermott has served the 28 cities and towns of Norfolk County for the past 18 years as the Register of Probate, where he has worked to improve services and efficiency in the Probate and Family Court. He also served as a Quincy city councillor and is involved in professional and community organizations such as Rotary International and the Norfolk County and Massachusetts Bar Associations.

READERS FORUM

Supports O'Connor For U.S. Senate

Dear Editor,
I am endorsing Kevin O'Connor for U.S. Senate.

Last month, Senator Edward Markey said, 'police routinely attack peaceful protestors'. He went on to say, 'we must disarm these officers'. Two weeks later

two California sheriffs were ambushed. Markey is putting public safety at risk by attacking those who protect us and also encouraging attacks on officers by his hateful speech.

Kevin O'Connor is opposed to defunding the po-

lice and has gained the support of police departments across the state. That is why I will be voting for Kevin O'Connor for U.S. Senate.

Maryann Flaherty
Eddie Street
Quincy

OBITUARIES

Stephen J. Burns

A funeral Mass for Stephen J. Burns of Braintree will be celebrated Saturday at 10 a.m. at Divine Mercy Parish/St. Mary's Church, Quincy.

Mr. Burns died Oct. 16 at Brigham and Women's Hospital, Boston, surrounded by his loving family after experiencing cardiac issues.

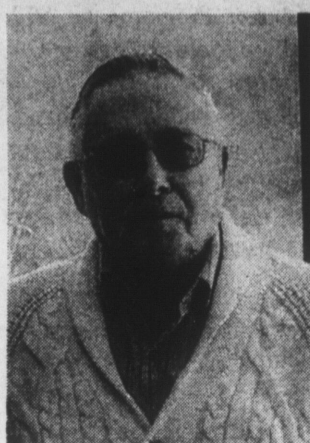
He was born in Fitchburg on June 12, 1948, raised in Milton, and became an integral part of a "Yours, Mine, and Ours" family after the passing of his father Bud Burns and the remarriage of Lucille Burns, a mother of three children to Patrick Magner a widowed father of six girls, who then became the parents of another daughter.

Being part of a large family was well known to Mr. Burns; and, when he and Clare Macdonald, one of 11 children of Jerry and Ethel Macdonald of Milton, married in 1968, that commitment to family enlarged exponentially.

Subsequent to graduating from Milton High School, Mr. Burns attended Northeastern University and then worked for 34 years as chief mechanic at Mullen's Mobil in East Milton Square.

After retirement, he enjoyed spending time on myriad outings with his grandchildren and hosting them on overnights. A quiet man, Mr. Burns was a voracious reader and specifically liked action/adventure novels. He volunteered with the COA Associates, preparing the seniors' newsletters for the monthly bulk mailing.

Mr. Burns is survived



STEPHEN J. BURNS

by his loving wife Clare and was the devoted father of Michelle Andrews (Bill) of Quincy and son Matthew (Tricia) of Whitman, and committed grandfather of Colleen and Stephen Andrews and Jason and Aaron Burns, his siblings Jane Kamm of CT, Marge Rostedt of Westminster, Eleanor Allard of NH, Anne Ulfelder of TX, several brothers-in-law, and many nieces and nephews. He was predeceased by his father Bud Burns, his mother Lucille (Couillard) Magner his adoptive father Patrick Magner, his brother Frank Burns, and sisters Kathleen Burns, Mary Miller, Martha Bray, and Sheila Toohy. Steve was also loved by Clare's brothers, sisters, in-laws, nieces, nephews, and cousins and his lifelong friend, Tommy Harrington (Joan) of Warwick, RI.

Visiting hours are 3 to 7 p.m. Friday in Hamel-Lydon Chapel & Cremation Service of Massachusetts, 650 Hancock St., Quincy.

Memorial donations may be made to the PKD Foundation, PO Box 871847, Kansas City, MO 64187.

Emilie McIntyre

A funeral Mass for Emilie (Schafstler) McIntyre of Quincy was celebrated Monday at Divine Mercy Parish in St. Ann's Church, Quincy.

Mrs. McIntyre died peacefully Oct. 10.

Beloved wife of the late John L. McIntyre Jr. Devoted mother of Christopher J. McIntyre of Quincy and his wife the late Dr. Elizabeth Hingston, and the late Patricia Ellen McIntyre and John L. McIntyre III.

Born in Hohenlinden, Germany, she was the daughter of the late George and Anne Schafstler. Mrs. McIntyre was raised on a farm and was educated in Germany. She worked in the Southern Province of Germany for American, German, and English intelligence. This is where she met her husband, John and she later returned to the United States with him to start their family.

Mrs. McIntyre never lost the skills and talents of her younger days on the farm,



EMILIE MCINTYRE

and for many years grew all of her own fruits and vegetables, and made all her own jelly, preserves and wine. She authored the book "Vallaha's Wake" in 1987 and was a member of the Writers Guild of America.

For many years, Mrs. McIntyre was an assistant buyer with Macy's Department Stores. She was a Gold Star Mother.

Interment at Massachusetts National Cemetery, Bourne.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Virginia Mahoney, 99

A funeral Mass for Virginia (Smith) Mahoney, 99, of Quincy, was celebrated Oct. 17 in Holy Trinity Parish at Our Lady of Good Counsel Church, Quincy.

Mrs. Mahoney died Oct. 14.

The beloved wife of the late Daniel J. Mahoney. Loving mother of Gail Walbridge and her husband Joe of Hanson, Elizabeth Alongi and her husband Charles of Braintree, Michael Mahoney and his wife Toni-Marie of Quincy and the late Joan Clark and Daniel J. Mahoney. Mother in Law of Marilyn Mahoney of Haver. She is the cherished grandmother of 11 grandchildren and 15 great grandchildren.

Mrs. Mahoney graduated from Stoneham High School Class of 1939. During WWII she volunteered at Quincy Hospital. Mrs. Mahoney worked for the Quincy School Department for many years. She was a talented artist and truly enjoyed oil painting. A longtime member of the Hi-Lo Bridge Club, playing for more than 60 years, well into her 90s. She was a



VIRGINIA MAHONEY

member of the Quincy Art Association.

Mrs. Mahoney was a devoted mother and grandmother who cherished her family. She will be sadly missed by all those who were blessed to have had her in their lives.

Interment at Mount Wollaston Cemetery.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

The Mahoney family would like to thank her longtime care giver from PACE, Tara and the compassionate staff at John Adams Health Care Center, for all the love and support they gave to Virginia. Thank you all for the kindness you extended to our Mother.

Beatrice E. Kanelos, 87

A funeral Mass for Beatrice E. "Bea" (Joyce) Kanelos, age 87, a lifelong resident of Quincy, was celebrated Monday in St. Mary's Church, Quincy.

Mrs. Kanelos died peacefully Oct. 14 at South Shore Hospital. She said, "I did everything I was supposed to and I died anyway."

She was born, raised and educated in Quincy. She was a graduate of Quincy High School.

Mrs. Kanelos was employed as an instructor and competitor at the Arthur Murray Dance Studio in Boston for twenty years.

She was the well-known co-owner and operator of the former Wollaston Florist Shop in Wollaston Center, with her late sister, Pearl. Together, they worked as a team for thirty-eight years.

Wife of George Kanelos of Sanford, Maine. Beloved daughter of the late John J. and Sarah J. (Corcoran) Joyce. One of six siblings, she was the dear sister of Mary V. Pickering of Quincy.



BEATRICE E. KANELOS

cy and was predeceased by Frank R. Joyce, John J. Joyce, Jr., Paul J. Joyce, and Pearl V. Donahue. She is survived by many loving nieces and nephews, great nieces and great nephews, cousins, and friends.

Interment at Saint Mary Cemetery, Randolph.

Memorial donations may be made to the charity of your choice.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Robert McElaney, 54

Robert McElaney, age 54, of Brookline and formerly of Quincy died suddenly Oct. 12.

Beloved son of Daniel W. McElaney of Florida and the late Elizabeth (McDermott) McElaney. Devoted brother of Lisa McElaney and her husband Abe Morell of Newton, Kevin McElaney and his wife Nancy Kirk of Milton, Jack McElaney of Turner's Falls, Anne McElaney and her husband Phil Rogers of Eden, UT. Uncle of Brady Morell of Newton, Laura Morell of Raleigh,

NC, Joanna McElaney of Poughkeepsie, NY, Kyle McElaney and Samantha McElaney both of Brooklyn, NY. Mentor of Mauro Serrano of Irvine, CA and Alicia Lima of Chicago, IL.

Funeral services and interment private.

Memorial donations may be made to the McElaney Family Fund, Nativity Preparatory School, 39 Lamarline St., Jamaica Plain, MA 02130.

Funeral arrangements were made by Dolan Funeral Homes.

Florence K. Counihan

A funeral Mass for Florence K. "Kay" Counihan of Quincy will be celebrated Thursday at 10:30 a.m. in St. Ann's Church, Quincy.

Mrs. Counihan died Oct. 14.

Her family and faith were most important to her. Mrs. Counihan was a devout Catholic and loved to read, especially spiritual books. She was a friend of Bill W. and proudly sober for 48 years. Mrs. Counihan worked as a special education teacher for many years and loved helping and motivating people. She was kind, generous, and caring with unlimited patience. She will be greatly missed by those who knew and loved her.

Former wife of the late Donald Williams and John J. Counihan. Loving mother of Paula Garrant of Haverhill, Jennifer Counihan of



FLORENCE K. COUNIHAN

San Pedro, CA, and Brian Counihan of Franklin. Cherished grandmother of Taylor Garrant, Rachel, Lauren, and Jordan Toledo, and the late Reid Landry Garrant.

Visiting hours were 4 to 8 p.m. Wednesday in Keohane Funeral Home, 785 Hancock St., Quincy. A celebration of life service will be held in the funeral home at 9:30 a.m. Thursday.

Memorial donations may be made to Catholic Charities, 51 Sleeper St., Boston, MA 02210.

More Obituaries online at
www.TheQuincySun.com



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Joanne L. Vitti, 76

A funeral Mass for Joanne L. (May) Vitti, age 76, of Hanson will be celebrated Thursday at 10 a.m. in St. Joseph's Church, Quincy.

Mrs. Vitti died Oct. 15.

The beloved wife of the late Ronald N. Vitti, she is survived by her loving son Matthew of Hanson and loving daughter Jennifer of Quincy. Daughter of the late Flora and Joseph May of Quincy, she was the dear sister of Paula M. Haumann of Pembroke, twin sister Jane M. Durante of Hanson, Mary Sullivan of Scituate, Anthony May of Dover, and the late Arthur May of Hingham. She is also survived by several nieces, nephews and cousins.

Raised and educated in Quincy, Mrs. Vitti was proud of growing up in Quincy Point. A QHS graduate of the class of 1962, she was the chairperson of many QHS class reunions.

Mrs. Vitti was a devout



JOANNE L. VITTI

Catholic. Her favorite thing to do was hosting dinner parties for family and friends, especially during the holidays. She was an avid reader, enjoyed knitting and chatting on the telephone. Mrs. Vitti loved to travel locally to Cape Cod, Maine and internationally to Europe, especially to Italy with Ronnie and close friends. She made friends wherever she went and considered many friends like family. Most of all, she loved spending time with

her family.

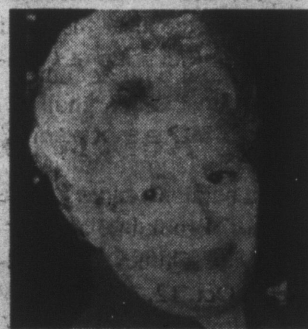
Mrs. Vitti started her career as an LPN at South Shore Hospital. After completing her education at Lesley College with a Bachelor of Science degree, she continued her career as an RN at Boston City Hospital, finally retiring at age of 70 in 2015.

Visiting hours were 4 to 8 p.m. Wednesday in the Dennis Sweeney Funeral Home, 74 Elm St., Quincy. On Thursday there will be a gathering at the funeral home at 9:00 a.m.

Interment at Massachusetts National Cemetery, Bourne.

Memorial donations may be made to the American Cancer Society, 3 Speen St., Framingham, MA 01701 (cancer.org) or in her husband Ronald's name to the Alzheimer's Association, 225 N. Michigan Ave., Floor 17, Chicago, IL 60601 (alz.org).

Shirley Fonseca



SHIRLEY FONSECA

Great-grandmother of Kirstin, Jayda, Timothy Jr., Kyleigh, Jordyn, Payton, Cory and Skyla.

Mrs. Fonseca's life revolved around her family. She enjoyed taking part in her children's activities when they were young. She always told us "Family Comes First" and said that the F in Fonseca did just that. She always loved being around her grandchildren especially during the holiday season. Mrs. Fonseca was fond of watching the Red Sox games, Western movies and dancing with

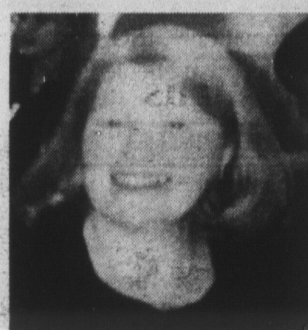
her sons and grandchildren. She loved to go out to eating ice cream specially when Kathy took her out for a Saturday afternoon. She loved helping Barbara learn all her secret cooking recipes. Her sons loved looking up at her window as she would be tapping at them letting them know she needed them. She was always there to listen, give a helping hand, arms for loving and a warm hug when needed. She will be greatly loved and missed.

Visiting hours are 4 to 8 p.m. Thursday in Keohane Funeral Home, 785 Hancock St., Quincy. A celebration of life service will be held in the funeral home at 9 a.m. Friday.

Interment at Cedar Grove Cemetery, Boston.

Memorial donations may be made to the Parkinson's Association, 135 Parkinson Ave, Staten Island, NY 10305 (apdaparkinson.org).

Patricia M. Heald, 74



PATRICIA M. HEALD

Patricia M. Heald, 74, of Moultonborough, NH, died peacefully in her home Oct. 6 with her family by her side.

Born in Boston on November 2, 1945, she was the daughter of the late Thomas E. and Dorothea (Young) McMahon. She grew up in the small community of Squantum, Quincy, attending elementary school there.

Mrs. Heald was a 1963 graduate of North Quincy High School and a 1969 graduate of Northeastern University with a degree in elementary education. She taught first grade in Quincy, third grade in Auburn, ME and first grade in the Shenandoah School District in Albany, NY.

Devoted to raising her son Doug Jr., she was involved in Cub Scouts, athletics, and was president of the Friends of Music Marshfield High School Music Program.

She thoroughly enjoyed arts and crafts ranging from crocheting, sewing, and quilting to kid's crafts. Mrs. Heald always thought of others first. She had a wonderful sense of humor and loved to watch

comedy movies ranging from the Pink Panther series to The Bird Cage. Her energy and smile were contagious to be around. In the summers she loved being around her family on Lake Winnepesaukee. She was a collector of many antiques and keepsakes.

Mrs. Heald was a person of strong morals and believed in higher education. One of her main focusses in life was spending time and giving back to children.

She leaves behind her husband Douglas W. Heald Sr.; son Douglas W. Heald Jr. and grandson Aiden T. Heald. Brothers Thomas McMahon, Brian McMahon, and Robert McMahon; sisters in law Kathy McMahon and Deborah McMahon. Also survived

by many loving nieces and nephews.

Her funeral Mass and interment were private.

Memorial donations may be made to the American Arthritis Foundation, 47 Elm St., Walpole, MA 02081.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE
Docket No. NO20P2136EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:

Rose M. Kirwin

Date of Death:

September 20, 1999

To all persons interested in the above captioned estate, by Petition of:

Petitioner Dorothy A. Lucic of Framingham, MA

Petitioner Dorothy A. Lucic of Framingham, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

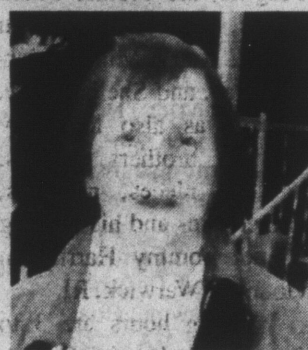
The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.
10/22/20

Mary E. McDonnell

A funeral Mass for Mary E. (Franconia) McDonnell, of Quincy, formerly of Dorchester and Toureen, Carraroe, Co. Galway, was celebrated Wednesday in St. Ann's Church, Quincy.

Mrs. McDonnell died in her hundredth year on Oct. 15.

Beloved wife of the late James McDonnell. Cherished mother of Maureen T. McDonnell of Hull, James J. of PA and his late wife Tobi McDonnell, and Anthony T. and his wife Arlene McDonnell of Quincy. Dear sister of the late William P. Franconia and niece of the late Anthony J. McDonough. Loving Granny of Ashley and Great Granny of Caroline and Liam. Also



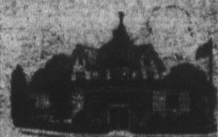
MARY E. McDONNELL

survived by two nieces.

Interment at New Calvary Cemetery.

Memorial donations may be made to Little Sisters of the Poor, 964 Main St., Pawtucket, RI 02860.

Funeral arrangements were made by the Alfred D. Thomas Funeral Home, Milton.



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Nicole Flora Elected Senator Assumption University Student Government Association

The Assumption University Student Government Association (SGA) announces that Nicole Flora of

Quincy has been elected to and is serving as senator of the Class of 2021 during the 2020-21 academic year.

SGA is the governing student body on campus, representing all full-time undergraduate students. The purpose of SGA is to work

with, advocate for and support students, organizations, and the greater campus community in order to enhance the student experience at Assumption. The SGA provides an opportunity for all students to contribute to the social and academic

atmosphere on campus by providing them with a voice to express opinions and concerns.

SGA is comprised of students elected from each class who are responsible for fundraising and planning events, while upholding the

institutional by-laws. In addition to individual class officers, executive officer positions include: president, vice president for financial affairs, vice president for student affairs, vice president for academic affairs, and senate speaker.

NOTICE OF PUBLIC HEARING

Case ZBA 20-62

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, November 17, 2020 @ 5:30 P.M. to consider the application of **HARRISON NGUYEN & CHRISTINA TRAN** for a **VARIANCE/SPECIAL PERMIT FLOOD PLAIN FINDING** to demolish the existing structure and construct two townhome residences in violation of Title 17 as amended, Chapter 4.0 (dimensional requirements), Chapter 3.4.3 (nonconforming structures), Chapter 5.1.16 (paving rear) and Chapter 8.1.9 (special permit flood plain) on the premises numbered **166 VASSALL STREET, QUINCY.**

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Time: Nov. 17, 2020 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://zoom.us/j/92179141812?pwd=Sy8zaFZyYWFmZS8zVnlibDVXYRDQTO9>

Meeting ID: 921 7914 1812

Passcode: Quincy

Dial by your location

+1 646 558 8656 US (New York)

Meeting ID: 921 7914 1812

Passcode: 880512

Find your local number: <https://zoom.us/j/92179141812?pwd=Sy8zaFZyYWFmZS8zVnlibDVXYRDQTO9>

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance. 10/22/20, 10/29/20

LEGAL NOTICE

COMMONWEALTH OF MASSACHUSETTS PROBATE COURT NORFOLK DIVISION
Docket No. 20E0022PP

To The Estate of Norma S. Leo and to Norman E. Leo of Quincy in the County of Norfolk and to all other persons interested:

A petition has been presented to said Court by Peter Leo of Rockland in the County of Plymouth representing he holds as tenant in common undivided part or share of certain land lying in Quincy in said County, and briefly described as having a street address of 28 Albertina St., Quincy, MA and setting forth that he desire that - all the following described part of said land may be sold at private sale for not less than five hundred ninety thousand (\$90,000.) dollars and praying that partition may be made of all the land aforesaid to law; and to that end that a commissioner be appointed to make such partition and be ordered to make sale and conveyance if all, or any part of said land which the Court finds cannot be advantageously divided either at private sale or public auction, and be ordered to distribute the net proceeds thereof.

If you desire to object thereto you or your attorney should file a written appearance in said Court at Canton before ten o'clock in the forenoon on the 4th day of November, 2020, the return day of this citation.

Witness, Patricia A. Gorman, Esquire, First Judge of said Court, this 5th day of October, 2020.

PATRICK W. McDERMOTT
Register

10/15/20, 10/22/20, 10/29/20

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE
Docket No. NO20P2332EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
Forbes W. Kelley, Jr.
Also Known As:
Forbes W. Kelley,
Forbes Woodhull Kelley, and
Forbes Woodhull Kelly, Jr.

Date of Death:
September 1, 2020

To all persons interested in the above captioned estate, by Petition of:

Petitioner **Bruce W. Young** of Boothbay Harbor, ME.

Bruce W. Young of Boothbay Harbor, ME has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

10/22/20

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO20P2378EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
James Stephen Clary
Date of Death:
July 22, 2020

To all interested persons:
A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by Patricia A. Cunliff of Quincy, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Patricia A. Cunliff of Quincy, MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in an unsupervised administration.

IMPORTANT NOTICE
You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 11/12/2020. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)
A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.
Date: October 5, 2020

PATRICK W. McDERMOTT
Register of Probate

10/22/20

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO20P2467EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
Eric Jerome Nesmith
Date of Death:
July 31 2020

To all interested persons:
A Petition for Formal Adjudication of Intestacy and Appointment of Personal Representative has been filed by Kymberley M. Nesmith of Randolph, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Kymberley M. Nesmith of Randolph, MA be appointed as Personal Representative(s) of said estate to serve With Personal Surety on the bond in an unsupervised administration.

IMPORTANT NOTICE
You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 11/12/2020. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)
A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.
Date: October 9, 2020

PATRICK W. McDERMOTT
Register of Probate

10/22/20

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO20P2487EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
Robert E. Marshall
Date of Death:
July 27, 2020

To all interested persons:
A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by Robert B. Marshall of Foxboro, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Robert B. Marshall of Foxboro, MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in an unsupervised administration.

IMPORTANT NOTICE
You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 11/18/2020. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)
A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.
Date: October 13, 2020

PATRICK W. McDERMOTT
Register of Probate

10/22/20

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO20P2394EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
Lucy R. Gagliardi
Date of Death:
August 20, 2020

To all interested persons:
A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by Jean M. Every of Boston, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Jean M. Every of Boston, MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in an unsupervised administration.

IMPORTANT NOTICE
You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 11/12/2020. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)
A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.
Date: October 6, 2020

PATRICK W. McDERMOTT
Register of Probate

10/22/20

OCT

22

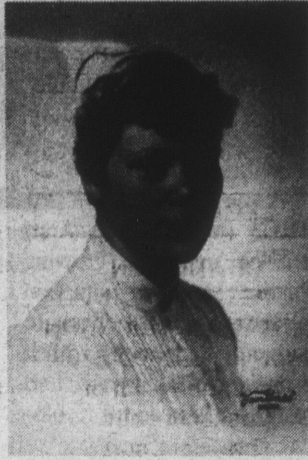
2020

OBITUARY

Audrey M. Leeping, 85

Audrey M. (Tingle) Leeping, a longtime resident of Quincy, died at the home of her daughter Jane in Andover on Oct. 18, 2020. She was 85 years old and was surrounded by loved ones in her final days.

Audrey grew up, along with her brother Tom, in Lawrence, where her nickname was "Tink." She was the youngest of her graduating class at the Boston City Hospital's Nursing School, class of 1955. After graduating, she worked at the Boston City and Somerville Hospital, and eventually spent the majority of her career working in Brookline



AUDREY M. LEEPING

for Dr. Moussa Menasha.

Over the years she enjoyed going to see musicals at the theatre and traveling with her most memorable

trips to Alaska and Hawaii with her husband Richie. Audrey was also an avid reader keeping Barnes and Noble in business all by herself.

Audrey was the wife of the late Richard Leeping with whom she shared 27 years of marriage. Beloved sister of Tom Tingle and his wife Marian Hyde of Plaistow, NH. Loving mother of her son Michael Morton and Sandy Murphy of Somerville, her late son David Morton of Cambridge, her daughter Judy Irish of Belmont, and her daughter Jane Kingston and her husband Scott of Andover. Also survived by stepchildren Richard P. Leeping, Jr. and his wife Pamela of Scituate and Donna M. Doherty and her husband Gerard of So. Weymouth.

She was the loving Nene to her granddaughters Courtney Morton and Diana Fuller, she was B'Nana to her grandson Ian Kingston, and grandmother to Jen Mattson, Danielle, Patrick and Ryan Doherty, Hannah and Nicholas Leeping, and her great-grandchildren Camden and Elias Morton, Abbie, Ellie and the late Isabelle Fuller. Also survived by many nieces, nephews, grandnieces and grandnephews. Audrey was predeceased by her parents Thomas and Rita (Wholley) Tingle of Lawrence.

Relatives and friends are invited to attend the visiting hours at the Keohane Funeral Home, 785 Hancock St., Quincy, on Friday, Oct. 23, from 4-7 p.m. Funeral Saturday at 9 a.m. in the funeral home, followed by burial

at Cedar Grove Cemetery, Dorchester Center. Face masks and social distancing are required.

In lieu of flowers, expressions of sympathy may be made in Audrey's memory to Caring For A Cure, <https://www.massgeneral.org/cancer-center/everyday-amazing/caring-for-a-cure>.

Family and friends may offer their support by visiting www.Keohane.com to share a special memory or message. For those who cannot access the website, call 1-800-KEOHANE to have your message added.

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO20P2451EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
Margaret Mary Woodward
Also known as:
Margaret M. Woodward
Date of Death:
May 30, 2020

To all interested persons:
A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by Kathy McAteer of Kingston, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Kathy McAteer of Kingston, MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in an unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 11/12/2020. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: October 8, 2020
PATRICK W. McDERMOTT
Register of Probate

10/22/20

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO20P2489EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
Vincent William Yucas
Date of Death:
April 21, 2020

To all interested persons:
A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by Mary A. Yucas of Quincy, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Mary A. Yucas of Quincy, MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in an unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 11/18/2020. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: October 13, 2020
PATRICK W. McDERMOTT
Register of Probate

10/22/20

NOTICE OF PUBLIC HEARING

Case ZBA 20-51

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, November 17, 2020 @ 5:30 P.M. to consider the application of JAMES WHITE for a VARIANCE/FINDING to convert the attic space into additional living space in violation of Title 17 as amended, Chapter 4.0 (dimensional requirements) on the premises numbered 1-3 BRADFORD STREET, QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals
Time: Nov. 17, 2020 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting
<https://zoom.us/j/92179141812?pwd=Sy8za2FzYWFMZS8zVnlibDVXYIRDQT09>
Meeting ID: 921 7914 1812
Passcode: Quincy
Dial by your location
+1 646 558 8656 US (New York)
Meeting ID: 921 7914 1812
Passcode: 880512

Find your local number: <https://zoom.us/j/92179141812?pwd=Sy8za2FzYWFMZS8zVnlibDVXYIRDQT09>
Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.
10/22/20, 10/29/20

NOTICE OF PUBLIC HEARING

Case ZBA 20-60

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, November 17, 2020 @ 5:30 P.M. to consider the application of ROBERT EGAN for a VARIANCE to construct a new home in violation of Title 17 as amended, Chapter 4.0 (dimensional requirements) on the premises numbered 143 SEA AVENUE, QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals
Time: Nov. 17, 2020 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting
<https://zoom.us/j/92179141812?pwd=Sy8za2FzYWFMZS8zVnlibDVXYIRDQT09>
Meeting ID: 921 7914 1812
Passcode: Quincy
Dial by your location
+1 646 558 8656 US (New York)
Meeting ID: 921 7914 1812
Passcode: 880512

Find your local number: <https://zoom.us/j/92179141812?pwd=Sy8za2FzYWFMZS8zVnlibDVXYIRDQT09>
Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.
10/22/20, 10/29/20

NOTICE OF PUBLIC HEARING

Case ZBA 20-63

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, November 17, 2020 @ 5:30 P.M. to consider the application of MITCHELLE ARO-GALAC for a VARIANCE to construct a side yard deck in violation of Title 17 as amended, Chapter 4.0 (dimensional requirements) on the premises numbered 76 WATKINS STREET, QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals
Time: Nov. 17, 2020 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting
<https://zoom.us/j/92179141812?pwd=Sy8za2FzYWFMZS8zVnlibDVXYIRDQT09>
Meeting ID: 921 7914 1812
Passcode: Quincy
Dial by your location
+1 646 558 8656 US (New York)
Meeting ID: 921 7914 1812
Passcode: 880512

Find your local number: <https://zoom.us/j/92179141812?pwd=Sy8za2FzYWFMZS8zVnlibDVXYIRDQT09>
Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.
10/22/20, 10/29/20

NOTICE OF PUBLIC HEARING

Case ZBA 20-66

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, November 17, 2020 @ 5:30 P.M. to consider the application of MOSURY LLC for a SPECIAL PERMIT/FINDING to convert the existing second floor space to a residential unit in violation of Title 17 as amended, Chapter 4.1.2 (notes to table, special permit) and Chapter 3.0 (use regulations) on the premises numbered 494 SOUTHERN ARTERY, QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals
Time: Nov. 17, 2020 05:30 PM Eastern Time (US and Canada)

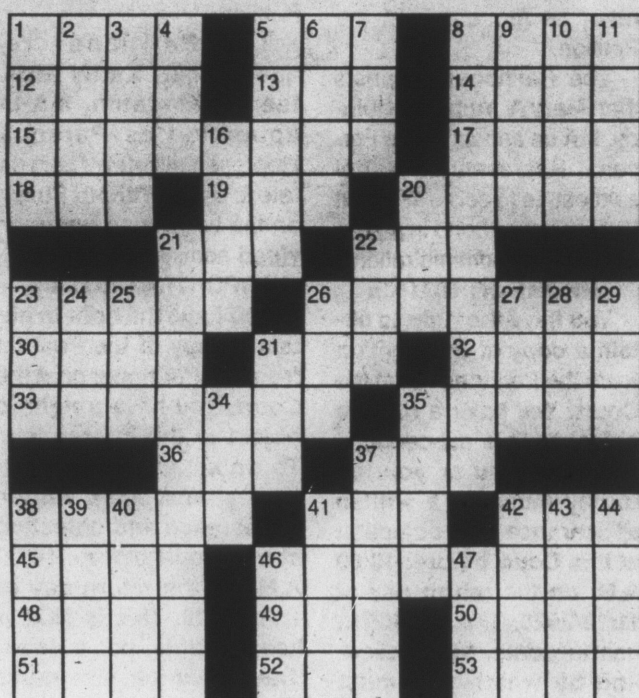
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Passcode: Quincy
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Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.
10/22/20, 10/29/20

SUN FUN PAGES

King Crossword

- ACROSS**
- 1 Manhandle 38 Suspicious 10 File command
5 Kimono sash 41 Pal 11 Transmitted
8 Hollywood 42 Hot tub 16 Gloomy
12 Otherwise 45 Stereo hookup 20 Card player's
13 Paid athlete 46 — bacon call
14 Swindle 48 Pod vegetable 21 Janitor
15 Glass made of 49 Plant bristle 22 Hounds' prey
lava 50 Fairy tale bad- 23 Possess
17 Small songbird 51 Lowly worker 24 Bill's partner
18 Series of bat- 52 Thickness 25 Trig ratio
tles 53 Chew like a 26 Rotating part
chipmunk 27 Peculiar
19 Individual 28 Scepter
20 Too thin 29 Like 22-Down
21 Prompt 31 Bear hair
22 Evergreen type 32 Shaft of light
23 Happen 33 Last few notes
26 Andean vul- 34 Optimistic
tures 35 Buy stuff
30 Courts 36 Woodsy walk-
31 Email alterna- 37 Frizzy 'do
tive 38 Cry loudly
32 Pedestal 39 Portent
occupant 40 Law firm aide,
33 Panacea 41 for short
35 Golfer's aid 42 From the
36 Rowing need 43 beginning
37 Junior 44 century
45 Upper limit
46 Mutt
- DOWN**
- 1 Cat call? 34 Shaft of light
2 Actress Jessica 35 Last few notes
3 Cold War abbr. 37 Optimistic
4 Muumuu 38 Buy stuff
5 Put one's two 39 Woodsy walk-
cents in 40 Frizzy 'do
6 Highland hill- 41 Cry loudly
side 42 Portent
7 Charged bit 43 Law firm aide,
8 Early era in 44 From the
England's 20th 45 beginning
century 46 Upper limit
9 Mentor 47 Mutt



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MAGIC MAZE • ONE-WORD NOVELS

U S X V S Q S N K I I F D A X
V T N Q O M G H J R H F S C A
Y D W O U N T R A O P N E L J
H D E L I V E R A N C E S O O
F D B V E S Z X A W E V S M R
T R O Q O M U T O E M K Y O G
I L H F P L I L R E H D L R N
B Z Y W O L E T L D V N U T E
T R Q O O N T B G I L K O S L
I H F L C U R E D A R T D O U
C A Z X S W V W O R R A Y N M

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
Unlisted clue hint: STATIN

- | | | | |
|-------------|-----------|----------|---------|
| Beloved | Lolita | Nostromo | Suttree |
| Deliverance | Loving | Ragtime | Trader |
| Illusions | Moonheart | Scoop | Yarrow |
| Ironweed | Mulengro | Shane | |

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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Cloud is missing. 2. Artist has glasses. 3. Boy's necklace is different. 4. Easel has third leg. 5. Painting is different. 6. Artist's paint rag is gone.

Trivia test

by Fifi Rodriguez

- TELEVISION: What is Homer's favorite beer brand on "The Simpsons"?
- MEASUREMENTS: How much does a gallon of water weigh?
- GEOMETRY: How many sides does a triskaidecagon have?
- MOVIES: Who is the voice of Buzz Lightyear in the "Toy Stories" movies?
- LITERATURE: What are the names of "The Three Musketeers"?
- HISTORY: What was the first car that was mass-produced?
- FOOD & DRINK: Which region of Italy produces Marsala wine?
- ANIMAL KINGDOM: How do snakes smell?
- SCIENCE: What is the study of sight and light called?
- GENERAL KNOWLEDGE: What was Twitter's original character limit?

Answers

- Duff
- 8.34 pounds
- 13
- Tim Allen
- Athos, Porthos and Aramis
- Ford Model T
- Sicily
- With their tongues
- Optics
- 140

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Wishing Well®

6 8 6 7 5 8 7 3 7 8 3 2 6
P F R L S E O D O E I M A
8 6 5 4 8 2 5 7 2 6 3 2 4
L I W T I O E K N S S E A
7 6 7 6 8 2 3 6 3 6 8 6 2
T E O O N Y C T O H G E F
8 3 7 2 7 6 7 8 7 3 8 5 2
S V S R E R L R F E U E O
3 5 3 6 2 8 5 4 8 3 2 4 3
R T T S M N S K D H W E E
2 3 8 5 8 4 5 8 4 5 3 2 3
R T E U E C C P H C R I U
2 3 5 4 2 5 3 2 5 4 2 4 4
T T E A I S H N S R G G E

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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Salome's Stars

ARIES (March 21 to April 19) You might be growing impatient with a situation that seems to resist efforts to resolve it. But staying with it raises the odds that you'll find a way to a successful resolution.

TAURUS (April 20 to May 20) Travel and kinship are strong in the Bovine's aspect this week. This would be a good time to combine the two and take a trip to see family members for a pre-holiday get-together.

GEMINI (May 21 to June 20) A colleague could make a request you're not comfortable with. If so, say so. Better to disappoint someone by sticking with your principles than disappoint yourself if you don't.

CANCER (June 21 to July 22) The Moon Child's ability to adapt to life's ebbs and flows helps you deal with the changes that you might confront at work or at home, or both. Things settle down by the week's end.

LEO (July 23 to August 22) It's a good week for Leos and Leonas to get some long-outstanding business matters resolved. Then go ahead and plan a fun-filled family get-away weekend with the mate and the cubs.

VIRGO (August 23 to September 22) A possible workplace change seems promising. If you decide to look into it, try not to form an opinion on just a small part of the picture: Wait for the full image to develop.

LIBRA (September 23 to October 22) A newcomer helps keep things moving. There might be some bumpy mo-

ments along the way, but at least you're heading in the right direction. You win praise for your choices.

SCORPIO (October 23 to November 21) You could be pleasantly surprised by how a decision about one thing opens up an unexpected new option. Also, assistance on a project could come from a surprising source.

SAGITTARIUS (November 22 to December 21) With more information to work with, you might now be able to start the process that could lead to a major change. Reserve the weekend for family and friends.

CAPRICORN (December 22 to January 19) This could be a good time to begin gathering information that will help you turn that long-held idea into something substantive. A personal matter might need extra attention.

AQUARIUS (January 20 to February 18) That new challenge might carry some surprises. But you should be able to handle them using what you already know. That new supporter should be there to lend assistance.

PISCES (February 19 to March 20) Someone might be trying to disguise his or her true motives. But the perceptive and perspicacious Pisces should have little or no problem finding the truth in all that foggy rhetoric.

BORN THIS WEEK: You can always rely on your people skills to help you find solutions to problems others often give up on.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: X equals E

ZNDX OWNMZ YIWF S RKWMTWMA
FSLXKM SMR ASLX WF FBX
FSAOWMX "VBXKX XLXKQYNRQ
TMNVZ QNIK DSMX."

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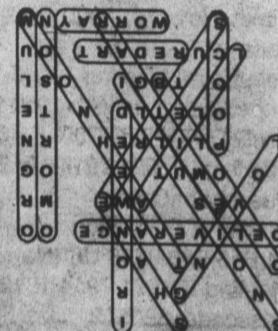
King Crossword

Answers

Solution time: 21 mins.



Magic Maze ANSWERS:



CryptoQuip answer

Some lions built a drinking
tavern and gave it the
tagline "Where everybody
knows your mane."

OCT

22

2020

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD — Bradley Cooper has found his leading lady to play his wife in the Leonard Bernstein biography film "Maestro," and she is British actress Carey Mulligan. Cooper, who also co-wrote the screenplay, reveals: "I was struck by Carey ever since I saw her on stage years ago and haven't missed a performance since. I am humbled to be working with such a mammoth talent."

Mulligan, 35, received a best-actress Oscar nomination for "An Education" (2009), and starred as Daisy opposite Leonardo DiCaprio in "The Great Gatsby" (2013). More recently she starred in and exec-produced the black-comedy thriller "Promising Young Woman," with Bo Burnham, Alison Brie, Jennifer Coolidge, Connie Britton and Laverne Cox, and also stars in Netflix's upcoming "The Dig," with Ralph Fiennes and Lily James.

Leonard Bernstein won an Oscar for the soundtrack of the Marlon Brando classic "On the Waterfront" (1949), 16 Grammys from 63 nominations, seven Emmys from 13 nominations, two Tony Awards and a Kennedy Center Honors. On film he wrote music for "On the Town" (1949) and "West Side Story" (1961).

Meanwhile, Steven Spielberg's remake of "West Side Story" has moved from Dec. 18 to Dec. 10, 2021 due to the pandemic. Other films postponed are Scarlett Johansson's "Black Widow," from Nov. 6 to May 7; "Death on the Nile," with Annette Bening, Kenneth Branagh, Gal Gadot and Armie Hammer, from Oct. 23 to Dec. 18; and "Eternals," with Richard Madden, Kumail Nanjiani, Salma Hayek, Angelina Jo-

lie and Kit Harrington, from Feb. 12 to November 2021.

It's been 15 months since "The Big Bang Theory" ended. Jim Parsons (Sheldon) had two projects on Netflix, the 50th anniversary of "Boys in the Band" and the miniseries "Hollywood." Kaley Cuoco (Penny) has "The Man from Toronto," with Kevin Hart and Woody Harrelson hitting theaters next September and is the co-creator, executive producer and star of the upcoming HBO Max series "The Flight Attendant," with Rosie Perez. It's about a flight attendant who wakes from a hangover in Dubai to find a dead body in her room; she calls no one and just flies off to New York, where the FBI is waiting for her.

Kunal Nayyar (Rajesh) starred in the recent release of "Think Like a Dog," with Josh Duhamel and Megan Fox. Mayim Bialik executive-produced (with Jim Parsons) and hosted "Celebrity Show-Off" and will star in the mid-season FOX comedy series "Call Me Kat," based on the British series by Miranda Hart, with Cheyenne Jackson, Leslie Jordan ("Will & Grace") and Swoosie Kurtz. Melissa Rauch (Bernadette) was one of the stars of "Cats & Dogs 3: Paws Unite," which went straight to video, while Simon Helberg (Howard) is currently shooting the Amazon musical "Annette," with Adam Driver and Marion Cotillard.

So far none of them have made a "Big Bang" since their series ended, but that's just my theory!

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GO FIGURE!

by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ***

★ Moderate ★★ Difficult *** GO FIGURE!

	-		x		7		
x		x		-			
	÷		+		5		
-		+		+			
	÷		+		8		
3		9		8			
1	2	3	4	5	6	7	9

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KOVELS' Antiques & Collecting

By Terry and Kim Kovel

Halloween Torch — In ancient times, the Celts dressed in strange costumes to scare the spirits that were killing the crops in the fall. That was a forerunner of Allhallow's Eve, when people asked for food in exchange for prayers for a good year. Halloween was celebrated in the United States by the 19th century, brought by the Irish. They carved scary turnips, but learned that the pumpkin was easier to use. The Halloween parade didn't start until the 1900s. Allentown and Newtown, both in Pennsylvania, claim the first known parade. There were costumed people, bands and parade torches. Some of the metal torches were shaped like jack-o'-lanterns and today those are rare Halloween collectibles. The vintage jack-o'-lanterns are made of papier-mache. Newer ones are plastic foam or hard plastic.

Q: McDonald's sold Happy Meals in plastic pumpkin pails that could be used for trick-or-treating probably 30 years ago. Are they worth anything?

A: McDonald's Happy Meals — kids' meals with a small toy included — were first sold in 1979. McDonald's Halloween pails were first issued in 1986 and included three orange pails: McBoo, McGoblin and McPunk'n. They were issued again in 1987. Similar plastic pails were offered for several years in different colors. In 1989, the pails were three characters: McGoblin (orange), McGhost (white), and McWitch (green). In 1990, the colors were neon and glow-in-the-dark; in 1992, they came with cookie-cutter lids. In 1994, the witch was purple instead of green. The pails, in good condition, sell online for about \$5 each.

Q: How much is a barometer signed "J. Mangiacavalli, 1859, England" worth? It has a thermometer and hygrometer. The barometer is broken and doesn't work.

A: Barometers measure changes in atmospheric pressure to forecast the weather. The thermometer measures the temperature, and the hygrometer measures relative humidity. Antique barometers with elaborate wooden cases and brass trim are the most desirable. If the barometer is broken and can't be fixed, it isn't worth anything.

CURRENT PRICES

Doll, troll, orange hair, brown eyes, wearing black mask with orange-and-black cape, Halloween costume, stamped, Russ, 1980s, \$10.

Cookie jar, Jack-o'-lantern, scalloped lid, leaf handle, cream and brown glaze, marked, Abington pottery, 1950s, 8 x 7 inches, \$350.

Sterling silver, spoon rest, Salem witch figure with broom at top, heart-shaped caddy, c. 1895, 3 1/2 x 2 inches, \$1,075.

TIP: Old papier-mache jack-o'-lanterns originally had a thin piece of paper in the eyes. The light from the candle showed through the paper. You can make a replacement with tracing paper and watercolor paint.

"Kovels' Antiques & Collectibles Price Guide" — the all new 2021 edition — is now available in bookstores and online, or visit www.kovels.com for a special offer.

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Strange BUT TRUE

* An armadillo's shell is so hard that it can deflect a bullet, as a Texas man discovered to his chagrin when he took aim at one. The bullet ricocheted into his jaw and he had to be airlifted to a hospital, while the armadillo strolled away unscathed.

* "Pants" was considered a dirty word in Victorian England.

* Two conductors have died while conducting the second act of Wagner's opera "Tristan und Isolde." They collapsed from heart attacks at exactly the same point in the music due to its technical demands!

* Had Georgie Fletcher of Australia never signed on to play the mobile game "Words With Friends," her husband, Simon, might be dead. Georgie struck up a friendship via the game's chat feature with frequent opponent Beth Legler from Missouri. One day, Georgie told Beth that Simon hadn't been feeling well. Beth relayed his symptoms to her husband Larry, a doctor, who insisted that the Fletcher

ers go to the hospital immediately. A 99% blockage was discovered near his heart, which, left untreated, would have certainly been fatal.

* In 2015, Legoland became the first theme park to create its own currency.

* Writer Guy de Maupassant frequently lunched in a restaurant at the base of the Eiffel Tower. Why? It was the only place he could go where he didn't have to look at it.

* The process of things being stretched out and torn apart as they enter a black hole is called spaghettification.

* Our senses of taste and smell are cut by 50% and 20%, respectively, during flights, which is why airplane food has never tasted so hot. ("That's what I've been telling you!" said every airplane food chef, ever.)

Thought for the Day: "A mind that is stretched by a new experience can never go back to its old dimensions." — Oliver Wendell Holmes

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Now here's a tip!

by Jo Ann Derson

* "Use a permanent marker to put your initials on your charging cord. They all look the same, especially if they are white. This way you will know if someone — say, your sister — takes your cord!" — V.V. in Georgia

* "I use Milk of Magnesia on a cotton ball applied to my toes to ward off itchy feet from athlete's foot or whatever causes itching. I just apply it when I get out of the shower, and it dries before I put socks on. It really works!" — E.L. in Kentucky

* "An online grocery order mistake landed me with way too many bananas. In addition to banana muffins and breads, I sliced and froze a few bananas to use in smoothies, and mixed mashed bananas together with some other fruit pieces to make a sorbet of sorts." — Y.D. in Arizona

* When painting, most people know to place a

roller in a plastic bag to keep it moist between paint sessions. An added layer of protection is to then stick the roller (in the bag) inside a Pringles chip can. It's the right size, and it can keep it safe until the next day.

* "When my curly curly hair gets the frizz, I use a sheet of fabric softener to take the static electricity out of it. This works so well that in the winter, I keep several in my purse." — P.M. in Michigan

* Childproofing in a pinch: Slip a thick sock over a doorknob, and secure with a rubber band. Little kids will have to work much harder to grip and turn the doorknob, and it can help keep kids from opening doors.

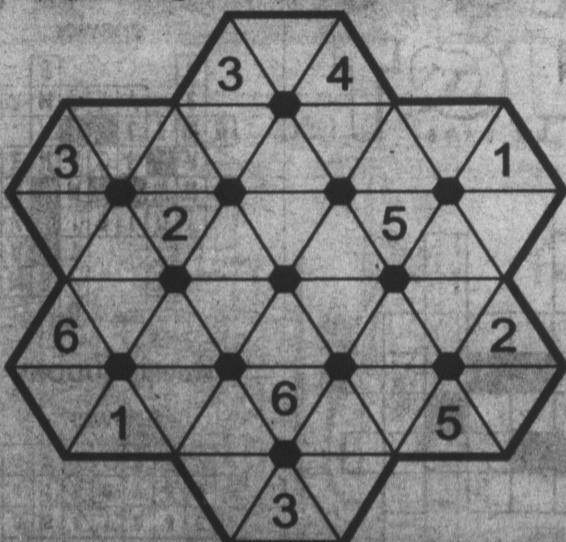
Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆◆◆◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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STICKELERS

by Terry Stickels

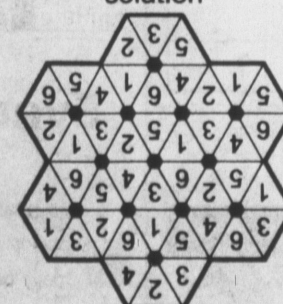
Below is a 16-letter word that is known to all. See how quickly you can unravel it. The word starts with the letter "M."

A	I	P	S
P	R	R	P
I	I	A	T
O	G	N	M

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SNOWFLAKES

solution



Go Figure!

answers

8	6	8
8	5	6
+	+	-
5	4	6
-	x	x
7	7	2

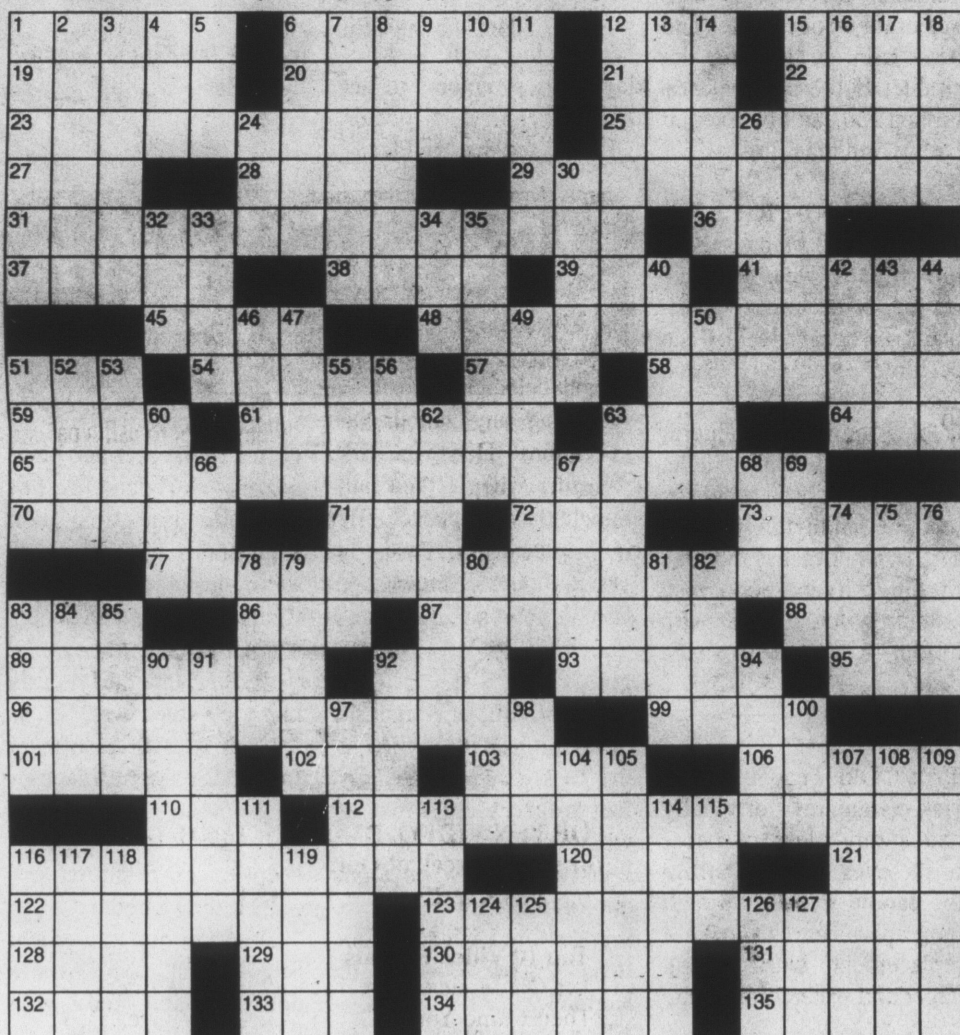
Stickelers Answer

The word is "misapprehending."

Super Crossword

CITY
SCRAMBLE

- ACROSS**
- 1 Wash with vigor
 - 6 Not there
 - 12 Melancholy
 - 15 Aspirin, e.g.
 - 19 "Petunia" star Birch
 - 20 Many a Giotto work
 - 21 "Woo—!"
 - 22 Wee amount
 - 23 Suit fitter in a California city?
 - 25 Holding the attention of
 - 27 Seat winners
 - 28 "Breezy" co-star Kay
 - 29 Boys and men from an Oregon city?
 - 31 Michigan city whose residents are a bit more eccentric?
 - 36 Jacuzzi sigh
 - 37 Swirly letters
 - 38 Popular cookie
 - 39 Hamm on a soccer field
 - 41 Actor Hill of "Moneyball"
 - 45 Denounce
 - 48 Plundered an Ohio city?
 - 51 Big lug
 - 54 Judd of song
 - 57 L-P middle
 - 58 "Renegade" star Lamas
 - 59 Hay bundle
 - 61 Setting of "Anne of Green Gables"
 - 63 Yang partner
 - 64 Mouse-spotting cry
 - 65 Painting exhibitor on wheels in a Maryland city?
 - 70 Sphere
 - 71 Sphere
 - 72 Debt memo
 - 73 Green shade
 - 77 Pennsylvania city with a big population of forefathers?
 - 83 Sussex loc.
 - 86 Pale —
 - 87 One making a change
 - 88 Palo —
 - 89 Piano relative
 - 92 24-hr. cash convenience
 - 93 Runoff conduit
 - 95 Part of LAPD
 - 96 Includes an Arizona city in the tally?
 - 99 Noah's Ark groupings
 - 101 Military foe
 - 102 Cleanup org.
 - 103 Not distant
 - 106 Electric car maker
 - 110 Sprite
 - 112 Speak badly of an Illinois city?
 - 116 Off-Broadway awards whose winners hail from an Idaho city?
 - 120 Film director Reiner
 - 121 Thurman of "Jennifer 8"
 - 122 Illumination
 - 123 Warehouse vehicle produced in a Texas city?
 - 128 First-aid gel
 - 129 —di-dah
 - 130 Negative battery poles
 - 131 City close to Minneapolis
 - 132 Antarctic explorer Richard
 - 133 Perch
 - 134 Compounds in explosives
 - 135 Perch
 - DOWN**
 - 1 Big step
 - 2 Casual slacks
 - 3 Scorches
 - 4 Net address
 - 5 Baseball club
 - 6 In pursuit of
 - 7 "The Chase" star Marlon
 - 8 One nabbing something
 - 9 Immigrant's class, in brief
 - 10 Sgt., e.g.
 - 11 Body trunk
 - 12 Collielike pooch
 - 13 Top-grade
 - 14 Firm belief
 - 15 Do some excavating
 - 16 Make turbid
 - 17 With 105-Down, eclectic digest
 - 18 Comics' acts
 - 24 Corrida cry
 - 26 Three-sharp musical key
 - 30 "We — please!"
 - 32 Actor Knight
 - 33 "No man — island"
 - 34 Phone no.
 - 35 Lodger
 - 40 Impromptu
 - 42 Goose of Hawaii
 - 43 Timber-dressing tool
 - 44 Boxing blow
 - 46 Counterpart of "sir"
 - 47 De — (afresh)
 - 48 Slanting
 - 50 R&B's
 - 51 "SOS" group
 - 52 Jack of early talk TV
 - 53 Model Macpherson
 - 55 Melancholy
 - 56 Like argon
 - 60 Smoky peak in Sicily
 - 62 Rodents in research
 - 63 Lionel Richie hit of 1983
 - 66 Actor McShane
 - 67 Lawn pests
 - 68 Mauna —
 - 69 "Lohengrin" heroine
 - 74 — turn up eventually
 - 75 Executive "no"
 - 76 Greek Cupid
 - 78 Tigers, e.g.
 - 79 Make glad
 - 80 Biscotto nut
 - 81 Creek DiFranco
 - 82 Work detail
 - 83 Latin "Behold!"
 - 84 Gas in signs
 - 85 Pasting stuff
 - 90 Snared
 - 91 Surgical probe
 - 92 Without — (worry-free)
 - 94 College military gp.
 - 97 On edge
 - 98 Modern, in Mannheim
 - 100 Island locale
 - 104 Consent (to)
 - 105 See 17-Down
 - 107 Atelier
 - 108 Units of light
 - 109 Noah's Ark landing site
 - 111 Thwarts
 - 113 Lion of C.S. Lewis' "Narnia" tales
 - 114 Metal waste
 - 115 Em preceder
 - 116 Blurt out the secret
 - 117 Grease-filled
 - 118 Monster film lab helper
 - 119 — B'rith
 - 124 Songwriter DiFranco
 - 125 "Baloney!"
 - 126 Above, in odes
 - 127 Bustle



Celebrity extra

by Dana Jackson

Q: With the recent death of Eddie Van Halen, it made me wonder how Ozzy Osbourne is doing. Didn't he have some health issues a few years ago? -- E.S.

A: Singer and reality TV star Ozzy Osbourne has been on the mend since having spinal surgery earlier this year. In an interview with SiriusXM satellite radio, the 71-year-old stated he still has some discomfort but is off pain medication and hopes to tour again, even if it isn't in front of a live audience due to the pandemic.

In addition to his extensive surgery, Ozzy announced that he has Parkinson's disease. His family certainly has had their share of health battles: Wife Sharon overcame colon cancer, and his son Jack has multiple sclerosis.

The band Van Halen first opened for Ozzy's band Black Sabbath back in 1978. In a recent essay he wrote for "Rolling Stone" magazine, Osbourne stated, "I remember seeing Eddie do that finger-tapping thing, and that was the first time I'd ever seen anyone do that. Just when you think nobody can make guitar playing exciting, somebody like that comes out. ... He made it look easy."

Q: Whatever happened to actress Madolyn Smith, who was in the movie "Urban Cowboy" with John Travolta? My favorite role of hers was in a TV movie based on the Sidney Sheldon book "If Tomorrow Comes." I miss those TV movies. Those were the good old days. -- W.F.

A: You have a good memory! Madolyn Smith made her acting debut playing Debra Winger's rival in "Urban Cowboy" in 1980, and about five years later she starred in the TV movie based on the bestseller "If Tomorrow Comes." Her biggest role was arguably opposite Chevy Chase in the comedy film "Funny Farm," but then she met hockey star Mark Osbourne, settled down and had a family. Her last acting credit was in 1994.

Q: When is the Tom Selleck police show "Blue Bloods" coming back, and how will they film the family dinner scenes if the pandemic is still going on? -- Y.S.

A: The CBS drama series "Blue Bloods" recently resumed production for season 11, but an actual airdate for the premiere hasn't been announced. The previous season was cut short due to the pandemic and fans were left with the cliffhanger story of a new family member named Joe, played by Will Hochman. I would keep checking the CBS.com website for up-



Ozzy Osbourne

Photo credit: Depositionphotos
dates on when new episodes will air, but hopefully you'll see some by the end of November.

If you're a fan of Amy Carlson, who played Linda on "Blue Bloods" until her character was tragically killed off three years ago, you can catch her on CBS's "FBI: Most Wanted" this fall, where she'll play a bounty hunter in a recurring role. The death of her character on "Blue Bloods" in a helicopter crash was one of the most shocking and saddest in recent memory.

Joining Carlson this season on "FBI: Most Wanted" is Terry O'Quinn, who is best known for playing John Locke on the ABC hit series "Lost."

Send me your questions at NewCelebrityExtra@gmail.com, or write me at KFWS, 628 Virginia Drive, Orlando, FL 32803.

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Even Exchange by Donna Pettman

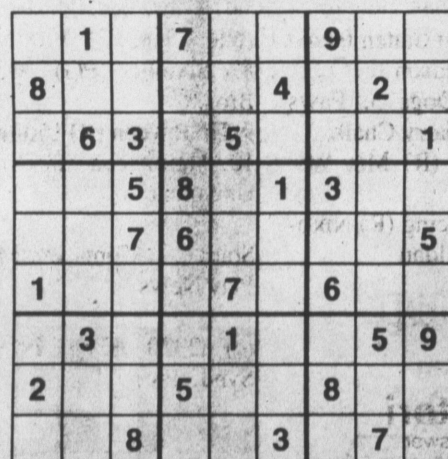
Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

- | | | | |
|---------------------------|-------|-------------------|-------|
| 1. Eatery | — N — | Pearl gatherer | — V — |
| 2. Spiritualist's session | — E — | Viewpoint | — T — |
| 3. Baby's cloth | — A — | Ladle | — P — |
| 4. Complete disorder | — O — | Cowboy's leggings | — P — |
| 5. Allocate | — N — | Proportions | — S — |
| 6. Put on ice | — L — | Youngster | — D — |
| 7. Made of lumber | — D — | Made of fleece | — L — |
| 8. Deluge | — D — | Carpet location | — R — |
| 9. First born | — L — | Most peculiar | — D — |
| 10. Stopping pedal | — A — | Penniless | — O — |

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Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

♦♦ Moderate ♦♦ Challenging

♦♦♦ HOO BOY!

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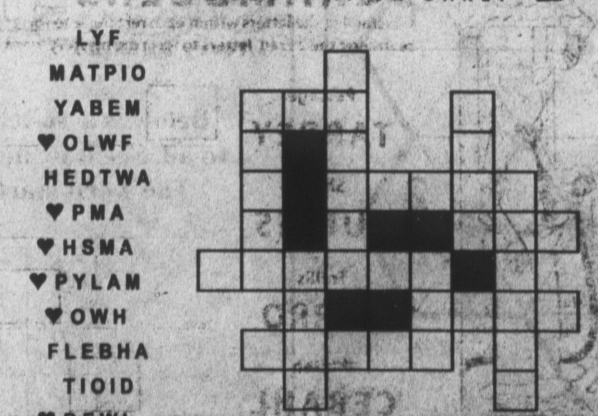
Super Crossword

Answers

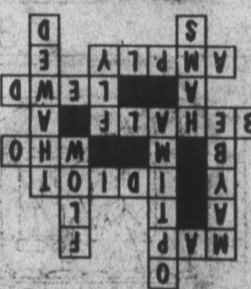


Even Exchange answers

- | | |
|-------------------|-------------------|
| 1. Diner, Diner | 5. Ration, Ration |
| 2. Seance, Seance | 6. Chill, Child |
| 3. Diaper, Dipper | 7. Wooden, Woolen |
| 4. Chaos, Chaps | 8. Flood, Floor |
| | 9. Oldest, Oddest |
| | 10. Brake, Brake |



Unscramble these 12-letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.



Weekly SUDOKU

Answer



OCT

22

2020

Amber Waves



Out on a Limb

by Gary Kopervas



R.F.D.

by Mike Marland



SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag.

Passage: TARREY
Sheet: SUITES
Trolls: BARRO
Whiten: CEBABL

TODAY'S WORD

Conceptis Hitori

Each puzzle consists of a square grid with numbers appearing in all squares. The object is to shade squares so:

1	5	3	1	2
5	4	1	3	4
3	4	3	1	5
4	4	2	3	3
2	1	5	4	4

- No number appears in a row or column more than once.
- Shaded (black) squares do not touch each other vertically or horizontally.
- When completed, all un-shaded (white) squares create a single continuous area.

5	6	4	2	1	1
3	5	1	2	4	5
4	5	4	6	1	3
2	1	5	2	3	6
4	3	1	1	1	2
4	4	2	5	6	1

©2020 Concepts Puzzles Dist. by King Features Synd., Inc.



Halloween Candy Is No Treat for Pets

DEAR PAW'S CORNER:

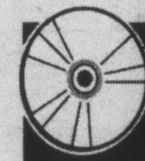
Last year, my kids dumped out their trick-or-treat candy on the kitchen table to sort through. Halfway through it, they got distracted and left. I wasn't paying attention either, but our two Golden retrievers, "Nala" and "Jetty," certainly were. They both got onto the table and ate much of the candy -- of which most contained chocolate. For pet owners who don't know, chocolate can be deadly to dogs. Never mind the candy wrappers that they had ingested! That led to a panicked rush to the emergency vet and an overnight stay for both our dogs. Fortunately, their size and overall good health helped keep them from suffering any serious complications. However, I still shudder when I think about might have happened. What if we lived in an area where a 24-hour emergency vet

wasn't available? What if we hadn't noticed the wrappers and smeared chocolate on the floor under the table until the next morning? Please warn your readers to be vigilant about how they store their Halloween candy -- both what they give out and what their children bring home. -- Farah A., Lansing, Michigan

DEAR FARAH: You warned them, and I thank you. Halloween marks the beginning of an extended holiday season where rich food, chocolate, alcohol and other party foods are in abundance. And dogs love to be in on the feast. Pet owners need to be especially watchful to keep their pets from ingesting chocolates, candies and other foods that can harm them (like onions and avocados, among other things). Avoid leaving food out on the counter or table, and place pets in their own room to chill out during parties to protect their health and your peace of mind.

Send your tips, questions or comments to ask@pawscorner.com.

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TOP VIDEO RENTALS AND SALES

TOP TEN VIDEO, DVD for release week of Oct. 19, 2020

- Top 10 Video Rentals
1. Ava (R) Jessica Chastain
 2. Then Came You (PG-13) Kathie Lee Gifford
 3. Hocus Pocus (PG) Bette Midler
 4. Alone (NR) Jules Willcox
 5. Death of Me (R) Maggie Q
 6. Do Not Reply (R) Jackson Rathbone
 7. The King of Staten Island (R) Pete Davidson
 8. Cats & Dogs 3: Paws Unite (NR) Garry Chalk
 9. Blackbird (R) Mia Wasikowska
 10. The Silencing (R) Nikolaj Coster-Waldau

Top 10 DVD, Blu-ray Sales

1. Hocus Pocus (PG) Disney
2. Rick and Morty: Season 4 (TV-14) Warner
3. Beetlejuice (PG) Warner Bros.
4. The Nightmare Before Christmas (PG) Disney
5. The Secret: Dare to Dream (PG) Lionsgate
6. It: Chapter One (R) Warner Bros.
7. Halloween/Halloween II (NR) Disney
8. Scoob! (PG) Warner Bros.
9. Halloween (R) Lionsgate
10. Halloween (2018) (R) Universal

Source: Comscore/Media Play News

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Hitori

answer

4	9	5	2	4	4
1	6	1	1	3	4
2	1	1	1	3	4
9	3	2	5	2	2
6	4	6	1	3	4
3	5	1	2	4	5
5	6	4	2	1	1

SCRAMBLERS
Today's Word
1. Artery 2. Tissue
3. Arbor 4. Bleach
solution

LEGAL NOTICES

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2020-148
ORDERED: October 19, 2020

BE IT ORDAINED, by the City Council of the City of Quincy, that the Quincy Municipal Code is hereby amended as follows:
In Chapter 325. Vehicles and Traffic. Article V Stopping Standing and Parking
Section 325-74 Parking Restrictions - Prohibited - Handicapped Spaces - Curb Access
- Applicability

Add the following:
Street At Type of Regulation
Plover Road 13 Handicap Parking

A TRUE COPY
ATTEST: Nicole L. Crispo
Clerk of Council

10/22/20

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2020-149
ORDERED: October 19, 2020

BE IT ORDAINED, by the City Council of the City of Quincy, that the Quincy Municipal Code is hereby amended as follows:
In Chapter 325. Vehicles and Traffic. Article V Stopping Standing and Parking
Section 325-74 Parking Restrictions - Prohibited - Handicapped Spaces - Curb Access
- Applicability

Add the following:
Street At Type of Regulation
Richie Road 25 Handicap Parking

A TRUE COPY
ATTEST: Nicole L. Crispo
Clerk of Council

10/22/20

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2020-150
ORDERED: October 19, 2020

BE IT ORDAINED, by the City Council of the City of Quincy, that the Quincy Municipal Code is hereby amended as follows:
In Chapter 325. Vehicles and Traffic. Article V Stopping Standing and Parking
Section 325-74 Parking Restrictions - Prohibited - Handicapped Spaces - Curb Access
- Applicability

Add the following:
Street At Type of Regulation
Richie Road 31 Handicap Parking

A TRUE COPY
ATTEST: Nicole L. Crispo
Clerk of Council

10/22/20

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2020-151
ORDERED: October 19, 2020

BE IT ORDAINED, by the City Council of the City of Quincy, that the Quincy Municipal Code is hereby amended as follows:
In Chapter 325. Vehicles and Traffic. Article V Stopping Standing and Parking
Section 325-74 Parking Restrictions - Prohibited - Handicapped Spaces - Curb Access
- Applicability

Add the following:
Street At Type of Regulation
Washington Street 432 Handicap Parking

A TRUE COPY
ATTEST: Nicole L. Crispo
Clerk of Council

10/22/20

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2020-152
ORDERED: October 19, 2020

BE IT ORDAINED, by the City Council of the City of Quincy, that the Quincy Municipal Code is hereby amended as follows:
In Chapter 325. Vehicles and Traffic. Article V Stopping Standing and Parking
Section 325-74 Parking Restrictions - Prohibited - Handicapped Spaces - Curb Access
- Applicability

Remove the following:
Street At Type of Regulation
Kendrick Avenue 179 Handicap Parking

A TRUE COPY
ATTEST: Nicole L. Crispo
Clerk of Council

10/22/20

LEGAL NOTICES

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2020-153
ORDERED: October 19, 2020

BE IT ORDAINED, by the City Council of the City of Quincy, that the Quincy Municipal Code is hereby amended as follows:
In Chapter 325 Title 10. Vehicles and Traffic. Article V Stopping Standing and Parking
Section 325-79 Passenger loading and unloading

Remove the following:
Street At Type of Regulation
Dale Avenue 20 Handicap Loading Zone

A TRUE COPY
ATTEST: Nicole L. Crispo
Clerk of Council

10/22/20

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2020-154
ORDERED: October 19, 2020

BE IT ORDAINED, by the City Council of the City of Quincy, that the Quincy Municipal Code is hereby amended as follows:
In Chapter 325. Vehicles and Traffic. Article V Stopping Standing and Parking
Section 325-74 Parking Restrictions - Prohibited - Handicapped Spaces - Curb Access
- Applicability

Remove the following:
Street From To Type of Regulation
South Central Terrace South Central 25' North of Handicap Parking
Avenue South Central
Avenue

A TRUE COPY
ATTEST: Nicole L. Crispo
Clerk of Council

10/22/20

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2020-155
ORDERED: October 19, 2020

BE IT ORDAINED, by the City Council of the City of Quincy, that the Quincy Municipal Code is hereby amended as follows:
In Chapter 325. Vehicles and Traffic. Article V Stopping Standing and Parking
Section 325-74 Parking Restrictions - Prohibited - Handicapped Spaces - Curb Access
- Applicability

Add the following:
Street At Type of Regulation
Copeland Street 307 Handicap Parking

A TRUE COPY
ATTEST: Nicole L. Crispo
Clerk of Council

10/22/20

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2020-156
ORDERED: October 19, 2020

BE IT ORDAINED, by the City Council of the City of Quincy, that the Quincy Municipal Code is hereby amended as follows:
In Chapter 325. Vehicles and Traffic. Article V Stopping Standing and Parking
Section 325-74 Parking Restrictions - Prohibited - Handicapped Spaces - Curb Access
- Applicability

Remove the following:
Street At Type of Regulation
Penn Street 20 Handicap Parking

A TRUE COPY
ATTEST: Nicole L. Crispo
Clerk of Council

10/22/20

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2020-157
ORDERED: October 19, 2020

BE IT ORDAINED, by the City Council of the City of Quincy, that the Quincy Municipal Code is hereby amended as follows:
In Chapter 325 Title 10. Vehicles and Traffic. Article V Stopping Standing and Parking
Section 325-79 Passenger loading and unloading

Remove the following:
Street At Type of Regulation
Loring Street 51 Handicap Loading Zone

A TRUE COPY
ATTEST: Nicole L. Crispo
Clerk of Council

10/22/20

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MBTA Is Safe To Ride, Baker Says

By SCOTT JACKSON

Gov. Charlie Baker wants commuters to return to public transportation, saying it is safe to do so amid the coronavirus pandemic.

During his press conference on Oct. 14, Baker said he has ridden on the Blue Line in recent months and

feels safe doing so.

"I've ridden the T since the pandemic. I believe it is safe," Baker said, adding that studies of transit systems in the United States and elsewhere, "basically say riding the public transportation system is safe."

Baker said riding on public

transportation like the MBTA is one of the safer things people can do, noting the agency has taken steps to protect passengers.

"What do people do when they ride the public transportation system for the most? This is what they do," Baker said, as he

donned a facemask, stepped away from the podium, put his head down and pretended to scroll on his cellphone.

"Honestly, I can't think of a less risky activity. There is not a lot of talking. There is certainly not a lot of yelling. There is very little engagement. Most people

have their heads down buried in their phone or a book or a newspaper and there is plenty of distance.

"I would really like to see people give the public transportation a try. People have done a lot of work to make it safe."

The MBTA is facing a deficit of up to \$600 million

with ridership down on all services amid the pandemic, leading T officials to contemplate potential service cuts. Ridership on the Commuter Rail is at 12 percent of pre-pandemic levels, the subway system is at 25 percent of pre-pandemic levels, and buses are at 40 percent of pre-pandemic levels.

North Quincy Boys Soccer Blanks Quincy, 1-0

Cont'd From Page 22

making the save, the senior captain lost his grip and it rolled into the back of the net.

After going down 1-0 with under seven minutes left, Mongo made the decision to sub in the energetic senior Ciro Moura. After getting the call in, Moura told his coach to trust him and get him the ball.

Living up to his promise, Moura received the ball on one play and made a break for it and set up a scoring

chance for his team before it was stolen away, effectively ending the game with a 1-0 Raiders victory.

After the crushing loss to 0-4, the Quincy players hardly uttered a word. On the North Quincy side of the field, they move to 2-2 which is more wins than all of last season as the Raiders recovered nicely from an opening game 6-0 loss to Pembroke two weeks ago.

They saw solid performances all around and

mainly on defense as they rarely permitted Quincy to enter their defensive zone all night. But despite not entering the zone often, the Presidents still created opportunities and missed out on a few goals that rolled past the net.

"Despite us not getting the result we wanted, I think it was our best performance of the season," Mongo said. "There was a lot of grit out there and we gave ourselves a chance. We've just gotta keep with the same recipe

we've been working with."

That recipe is trying to manufacture wins through a rebuild as the team is made up of only six seniors and one captain with four freshmen and sophomores. Seventeen seniors graduated from the team a year ago and they also have a new coach in Mongo.

Mongo played soccer for Quincy High under the coach that he replaced this season, Mark Spendlove as he graduated with the class

of 2012. After graduating and volunteering for the team as an assistant under Spendlove, the longtime Quincy coach gave Mongo his first coaching job in 2017 as the freshman boys soccer coach.

So, with a fresh and new

rebuilding team at Quincy High and a coach that is new in only title but not new to the players that he coached from 2017 on, the Presidents along with their captain and keeper Jacob Ferrullo, will look to rebound on a slow start to the season.



**PLEASE
RECYCLE
THIS
NEWSPAPER**

LEGAL NOTICES

CITY OF QUINCY IN COUNCIL

ORDER NO. 2020-158
ORDERED:

October 19, 2020

BE IT ORDAINED, by the City Council of the City of Quincy, that the Quincy Municipal Code is hereby amended as follows:
In Chapter 325, Vehicles and Traffic, Article V Stopping Standing and Parking
Section 325-74 Parking Restrictions - Prohibited - Handicapped Spaces - Curb Access
- Applicability

Add the following:

Street	At	Type of Regulation
Marlboro Street	127	Handicap Parking

A TRUE COPY

ATTEST: Nicole L. Crispo
Clerk of Council

10/22/20

CITY OF QUINCY IN COUNCIL

ORDER NO. 2020-159
ORDERED:

October 19, 2020

BE IT ORDAINED, by the City Council of the City of Quincy, that the Quincy Municipal Code is hereby amended as follows:
In Chapter 325 Title 10, Vehicles and Traffic, Article V Stopping Standing and Parking
Section 325-79 Passenger loading and unloading

Add the following:

Street	At	Type of Regulation
Apthorp Street	36	Handicap Loading Zone

A TRUE COPY

ATTEST: Nicole L. Crispo
Clerk of Council

10/22/20

CITY OF QUINCY IN COUNCIL

ORDER NO. 2020-160
ORDERED:

October 19, 2020

BE IT ORDAINED, by the City Council of the City of Quincy, that the Quincy Municipal Code is hereby amended as follows:
In Chapter 325, Vehicles and Traffic, Article V Stopping Standing and Parking
Section 325-74 Parking Restrictions - Prohibited - Handicapped Spaces - Curb Access
- Applicability

Add the following:

Street	At	Type of Regulation
Billings Street	303	Handicap Parking

A TRUE COPY

ATTEST: Nicole L. Crispo
Clerk of Council

10/22/20

LEGAL NOTICES

CITY OF QUINCY IN COUNCIL

ORDER NO. 2020-161
ORDERED:

October 19, 2020

BE IT ORDAINED, by the City Council of the City of Quincy, that the Quincy Municipal Code is hereby amended as follows:
In Chapter 325, Vehicles and Traffic, Article V Stopping Standing and Parking
Section 325-74 Parking Restrictions - Prohibited - Handicapped Spaces - Curb Access
- Applicability

Add the following:

Street	At	Type of Regulation
Billings Street	109	Handicap Parking

A TRUE COPY

ATTEST: Nicole L. Crispo
Clerk of Council

10/22/20

CITY OF QUINCY IN COUNCIL

ORDER NO. 2020-162
ORDERED:

October 19, 2020

BE IT ORDAINED, by the City Council of the City of Quincy, that the Quincy Municipal Code is hereby amended as follows:
In Chapter 325, Vehicles and Traffic, Article V Stopping Standing and Parking
Section 325-74 Parking Restrictions - Prohibited - Handicapped Spaces - Curb Access
- Applicability

Remove the following:

Street	At	Type of Regulation
Billings Road	101	Handicap Parking

A TRUE COPY

ATTEST: Nicole L. Crispo
Clerk of Council

10/22/20

CITY OF QUINCY IN COUNCIL

ORDER NO. 2020-163
ORDERED:

October 19, 2020

BE IT ORDAINED, by the City Council of the City of Quincy, that the Quincy Municipal Code is hereby amended as follows:
In Chapter 325, Vehicles and Traffic, Article V Stopping Standing and Parking
Section 325-74 Parking Restrictions - Prohibited - Handicapped Spaces - Curb Access
- Applicability

Add the following:

Street	At	Type of Regulation
Lurton Street	65	Handicap Parking

A TRUE COPY

ATTEST: Nicole L. Crispo
Clerk of Council

10/22/20

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	FOR SALE Veterans Only - Side by side custom vault, bronze matching markers @ Blue Hill Cemetery \$2,000.00 obo 207-935-3099 11/5	PERSONAL THANK YOU ST. JUDE, BLESSED MOTHER, ST. ANTHONY, ST. JOSEPH, ST. PEREGRINE, ST. THERESA 11/19	 Bob Jansky Residential & Commercial Licensed & Insured <i>We'll work with you!</i> Gas/Electric Heating Systems - Water Heaters WWW.JANSKYMECH.COM Emergency Service 617-774-9003 janskytech@gmail.com MA Lic. #15288 10/29	J.F. ROOFING Co. QUINCY, MA <ul style="list-style-type: none"> • Shingles • Rubber • Slate • Copper • Vinyl Replacement Windows 617-471-8216 CREDIT CARDS ACCEPTED 2/18	HOME FOR SALE HOME FOR SALE \$889,900 - FOR SALE - Beautiful Home For Sale in the desirable Crabtree Neighborhood, Squantum! 123 Crabtree Road is a 3 bedroom, 3 bath, 1,754 sq-ft home with a finished basement, deck off the master bedroom, open floor plan, and water front ownership/access from a deeded separate lot also on Crabtree Road - Open House Sunday 10/18 11am-3pm & Monday 10/19 4pm-7pm by appointment only - Please contact Jac- lyn @ (978)852-1294 for more information and to set up your appointment now. Private tours available! 10/22
		Happy Holidays to the Bishop and Kelleher families and our beautiful friends in Quincy. Love, Karen and Linda 10/22			
		Politicians & Activists need to drive both racism and Trump back to the fringes of public life where they belong. VOTE! 10/22			

Want to pick up a copy of The Quincy Sun?

Here are stores in Quincy that sell it on their newsstands:

GOODIE'S STORE 1250 Hancock St., Presidents Place	DAILY MART 291 Quincy Ave.	COPELAND LIQUORS 273 Copeland St.	MULLANEY'S VARIETY 205 W. Squantum St.
NEW STORE ON THE BLOCK 1183 Hancock St., Quincy Ctr. T Station	ROCHE BROTHERS The Falls	7-11 Copeland St.	STOP & SHOP 65 Newport Ave.
HANCOCK MARKET 5 Cottage Ave.	WALGREENS 418 Quincy Ave.	JOE'S PLACE 260 Centre St.	7-11 363 Hancock St.
MIGNOSA'S FRUIT BASKET 138 Granite St.	ARTERY GROCERY 1000 Southern Artery	CORNER FOOD MARKET 1060 Hancock St.	WALGREENS 324 Hancock St.
STAR MARKET 130 Granite St.	7-11 495 Washington St.	200 FOOD MART 200 Sea St.	SAM'S VARIETY 125 Billings Rd.
WALGREENS 132 Granite St.	DAIRY FARM 330 Washington St.	ADAMS SHORE SUPERMARKET 494 Sea St.	LUCKY'S WINE & LIQUOR 66 Newbury Ave.
HANCOCK PARK LOBBY SHOP 164 Parkingway	STOP & SHOP Southern Artery	PALMER STREET MARKET 231 Palmer St.	5 CORNER FOOD MART 163 Newbury Ave.
FRANKLIN ST. BP 60 Franklin St.	CVS Southern Artery	BERNIE'S GENERAL STORE 1147 Sea St.	ATLANTIC MARKET & LIQUORS 247 Atlantic Ave.
7-11 78 Franklin St.	WALGREENS 550 Adams St.	WEST ELM VARIETY 139 W. Elm Ave.	CARMINE'S CAFE 69 Huckins Ave.
SHOP N SAVE LIQUORS 20 Independence Ave.	7-11 650 Adams St.	7-11 721 Hancock St.	7-11 751 E. Squantum St.
ADAMS VARIETY 22 Independence Ave.	7-11 678 Adams St.	BEALE ST. NEWS AND TOBACCO 17 Beale St.	LUCKY SHAMROCK 265 Beale St.
DONUT + DONUTS + MUFFINS 33 Scammell St.	VILLAGE COMM. MARKET 100 Willard St.	CVS 42 Beale St.	ANDRE'S STORE 20 Brook St.
PRESIDENTIAL LIQUORS 25 Scammell St.	GRANITE MART 308 Willard St.	COFFEE BREAK CAFE 12 Old Colony Ave.	EVEREST MARKET 121 Standish Ave.
		SUPREME LIQUORS 615 Hancock St.	QUINCY MARKET 33 Washington St.

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PAYABLE IN ADVANCE. Payment must accompany order.

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<input type="checkbox"/> Services	1 WEEK	<input type="checkbox"/> \$9.00 for one insertion, up to 20 words, 10¢ for each additional word.
<input type="checkbox"/> For Sale	2-4 WEEKS	<input type="checkbox"/> \$8.00 per insertion up to 20 words for 2-4 insertions of the same ad, 10¢ each additional word.
<input type="checkbox"/> Autos	5-10 WEEKS	<input type="checkbox"/> \$7.50 per insertion, up to 20 words, for 5-10 insertions of the same ad 10¢ for each additional word.
<input type="checkbox"/> Boats	11 WEEKS OR MORE	<input type="checkbox"/> \$7.00 per insertion, up to 20 words, for 11 or more insertions of the same ad 10¢ for each additional word.
<input type="checkbox"/> For Rent		
<input type="checkbox"/> Wanted		
<input type="checkbox"/> Help Wanted		
<input type="checkbox"/> Work Wanted		
<input type="checkbox"/> Pets		
<input type="checkbox"/> Lost & Found		
<input type="checkbox"/> Real Estate		
<input type="checkbox"/> Antiques		
<input type="checkbox"/> Flea Markets		
<input type="checkbox"/> Yard Sales		
<input type="checkbox"/> Instruction		
<input type="checkbox"/> Day Care		
<input type="checkbox"/> Personal		
<input type="checkbox"/> Miscellaneous		

Enclosed is \$ _____ for the following ad to run _____ weeks in **The Quincy Sun.**

COPY: _____

NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION. DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.

OCT

22

2020

Pine Hill Cemetery Expansion Underway

Cont'd From Page 17

money in — sell lots and use that money to build it out. The environmental laws changed. They got tougher and tougher. Humans come behind snakes, I guess.”

“Once this is done and prepared for those graves... that will be it for that site unless 20 years from now the environmental laws change and those snakes aren’t protected anymore because they’re thriving,” Koch added. “But under the law and the conditions we’re in today, that will be it.”

Koch said he is looking at potential locations where a new cemetery could be built, it is too soon to specify which spots he was con-

sidering.

“I’ve got some ideas but I’m not ready yet to talk about it,” he said. “I think that’s going to give us quite a few years going forward, so we have some time to figure it out.”

The mayor noted cremation has grown in popularity in recent years, which means fewer burial plots are being used. The expanded area at Pine Hill will likely include gardens for cremated remains.

“Over time, cremation has become more popular. That takes up a lot less

space,” Koch said. “We will probably have cremation gardens as part of this new area up on Pine Hill, so that will accommodate a lot of people.”

“As you know, you can put cremations in with regular in-depth burials, so down the road families can add to their grave with urns.”

In addition, new areas will be set aside for veterans’ burials.

“The veterans’ lot up there is pretty tight,” Koch said. “We will either add to that section or create another section for veterans.”



PHOTO SHOWS LAND that has been cleared as part of the Pine Hill Cemetery expansion project in West Quincy. The expanded area will likely include gardens for cremated remains, Mayor Thomas Koch said.
Quincy Sun Photo/Robert Bosworth

MassDOT Highlights October Distracted Driving Awareness Month

Cont'd From Page 8

forcement officers to report

data on violations that will be shared with the public.

The use of phones and all electronic devices, including phones in hands-free mode, remains illegal for drivers under the age of 18.

“Driving safely should be the most important responsibility for anyone who gets behind the wheel,” said Secretary Tom Turco of the Executive Office of Public Safety and Security. “That means driving sober, putting away mobile devices, and keeping our eyes on the road. Distracted Driving Awareness Month is a time to pause and reflect on the importance of giving road-way safety our full attention.”

MassDOT data shows that during the first several months of the COVID-19 pandemic, there was an approximately 65-75% drop in weekday volume on Metropolitan Highway System (MHS) and toll roadways and a 45-50% drop on other state roadways where traffic counts are taken. As of last week, statewide daily traffic volumes were on average about 13% lower than the corresponding 2019 traffic volumes for the same period. To better understand traffic volume data statewide, visit MassDOT’s Mobility Dashboard at: <https://mobility-massdot.hub.arcgis.com/>.

Traffic safety experts believe driver inattention is a contributing factor in the increase of crashes. Based on the data from MassDOT’s IMPACT Dashboard, there is a total of 207 fatalities from March to September 2020 compared to 202 fatalities from the same time frame in 2019 — a concerning trend of increased fatalities when traffic volumes are down.

Punishment for violating the hands-free law includes a \$100 fine for a first offense, a \$250 fine for a second offense, and a \$500 fine for a third or subsequent offense. Operators who commit a second or subsequent offense are required to complete an educational program focused on distracted driving prevention. A third or subsequent offense will count as a surchargeable incident.

The Registry of Motor Vehicles (RMV) reports that 22,417 motor vehicle citations have been issued since the law became effective on February 23, 2020. This includes warnings and 2,885 fineable first offense citations and 18 second offense citations that triggered the educational program requirements.

Under the new law, vehicles without built-in GPS,

Apple Car Play, or Android Audio must be equipped with a phone mount on the dash or windshield for GPS navigation.

For motorists not using hands-free technology, the EOPSS Office of Grants and Research offers these additional tips:

- Before driving, please turn your phone off and put it out of reach.
- Set your mobile phone to “Do Not Disturb While Driving” mode.
- Let your friends and family know that you’ll be driving and can’t take their calls or texts.
- If you have to make a call or send a text, pull over.
- Watch for pedestrians and bicyclists — especially at night.
- Remember to buckle up! Seatbelts are your best defense against a distracted driver.

Early Voting Underway

Cont'd From Page 16

for two years and be eligible to run for a full six-year term in 2022. Gov. Charlie Baker appointed Jerry McDermott to the sheriff’s seat in December 2018 after the resignation of Michael Bellotti.

Three candidates are in the running for two seats on the county commission. They are incumbent Joseph Shea, a Quincy Democrat; Canton Town Moderator Richard Staiti, a Democrat; and Heather Hamilton, a Brookline selectwoman running as an independent.

Two Democrats are unopposed in their bid for county seats: Colleen Brierley of Norwood, who is running for register of probate, and Bellotti, the former

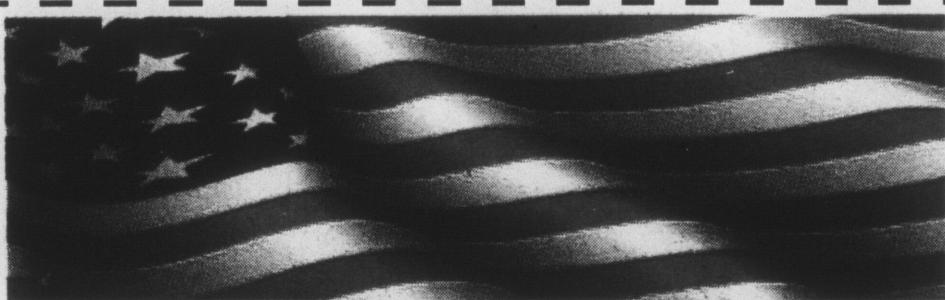
sheriff from Quincy who is running for treasurer.

Democrat Christopher Iannella Jr. is running unopposed in his re-election bid for a seat on the Governor’s Council.

Residents can also vote on two ballot questions this year.

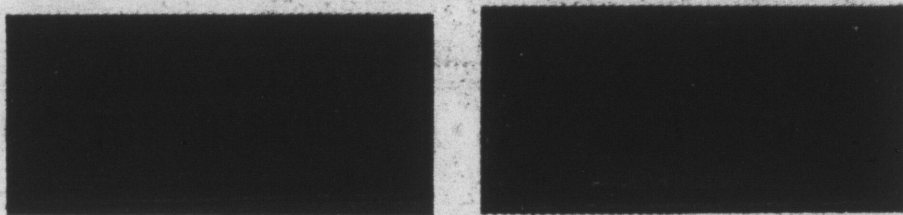
A yes vote on Question 1 would provide motor vehicle owners and independent repair facilities with expanded access to wirelessly transmitted mechanical data related to their vehicles’ maintenance and repair. A no vote would make no change in the law governing access to vehicles’ wirelessly transmitted mechanical data.

A yes vote on Question 2 would create a system of ranked-choice voting in which voters would have the option to rank candidates in order of preference and votes would be counted in rounds, eliminating candidates with the lowest votes until one candidate has received a majority. A no vote would make no change in the laws governing voting and how votes are counted.



FLAGS FOR VETS ISLAND SQUADRON 294

Bricks for Veterans Program



PHASE 2 Still Available

The Sons of the American Legion, Squadron 294, Morrisette American Legion Post in Quincy is still selling engraved honor and memorial bricks for its “Bricks for Veterans” at Flags for Veterans Island, Fort Square, Quincy.

Phase 1 along the walkway to the island’s main flag pole is sold out but bricks for **PHASE 2** are still available.

PHASE 2 engraved bricks will form a patio in front of the flower bed located on the Pleasant Street side of the island in Fort Square.

Bricks are available for \$50 each. The bricks can be inscribed with a veteran’s name, rank and branch of service. A sample brick appears above.

This form can be clipped, filled out and mailed to order a brick.

BRICKS FOR VETERANS

Line 1: Veteran Name/Rank: _____

Line 2: Branch of Service: _____

Bricks cost \$50 each

Send this form and check to:
S.A.L. Squadron 294
87 Woodcliff Road.
Quincy, MA 02169

For more information or to order, call 617-733-8026

REGGIE'S OIL

CO., INC.
Heating & Air Conditioning Service

Joseph P. Reggiannini
92-94 (Rear) Franklin St.
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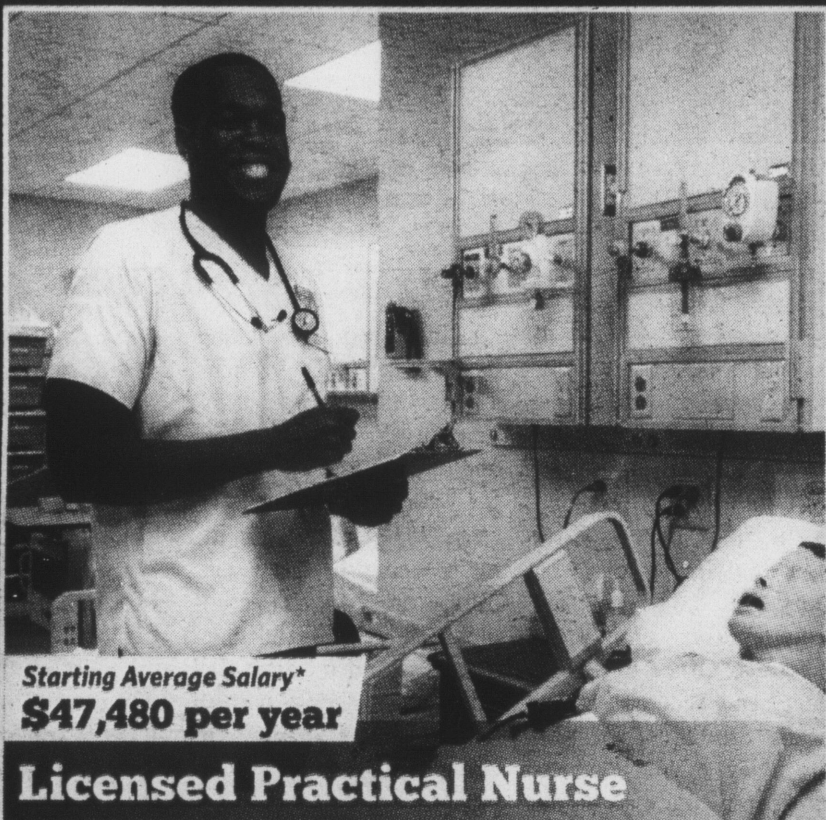
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We are a local, family-owned & operated oil company located right here in Quincy. We’ve been providing a quality product & superior service to our customers here in Quincy & throughout Southeastern MA for more than 50 years....and we always will!

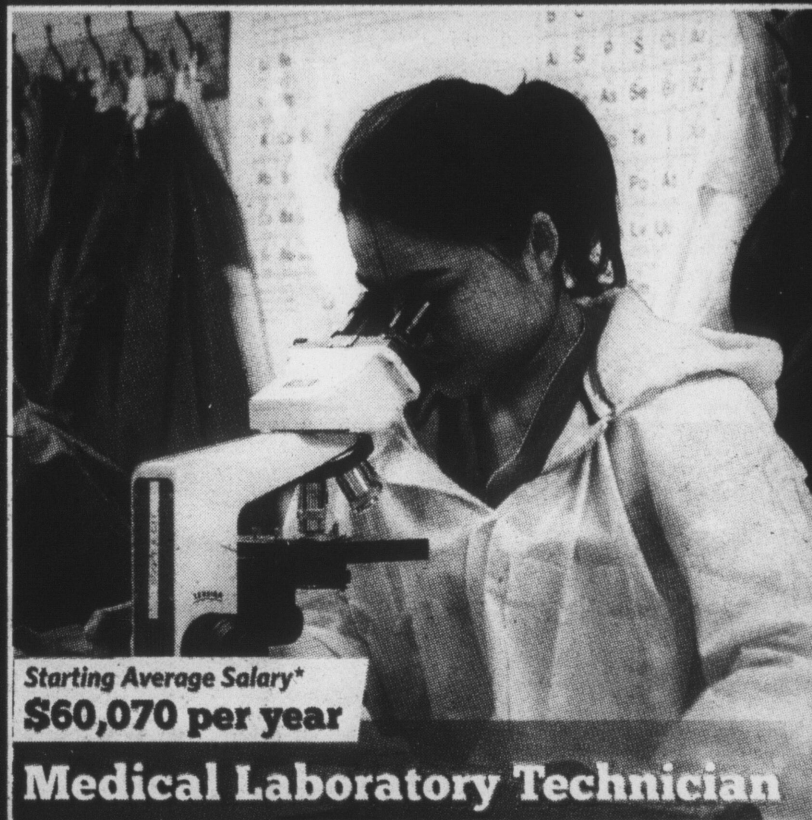
QUINCY COLLEGE

Higher Education - Lower Tuition - Higher Salaries



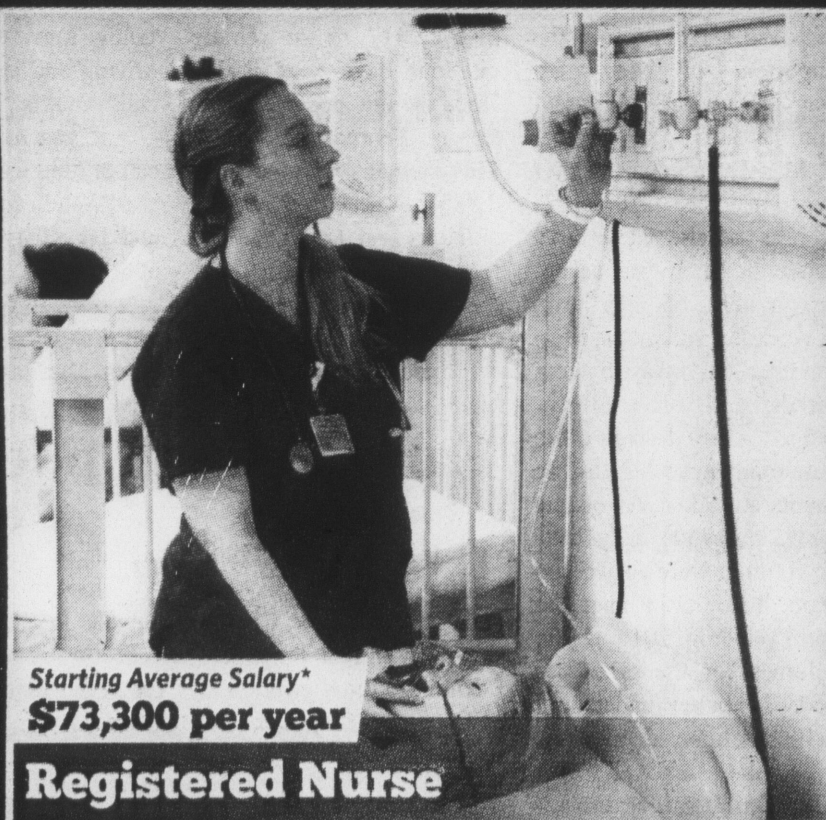
Starting Average Salary*
\$47,480 per year

Licensed Practical Nurse



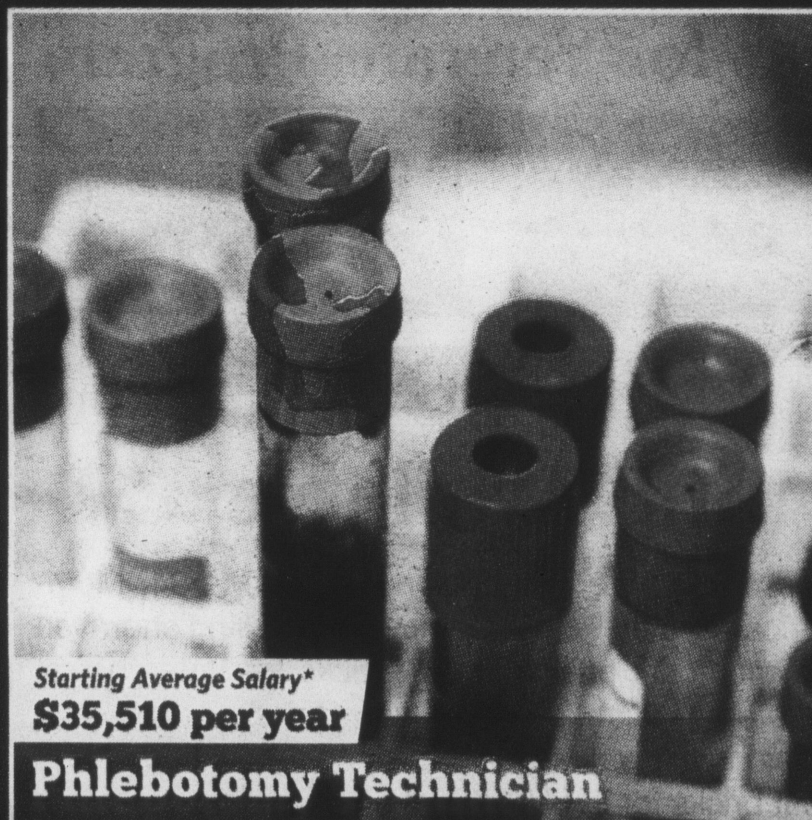
Starting Average Salary*
\$60,070 per year

Medical Laboratory Technician



Starting Average Salary*
\$73,300 per year

Registered Nurse



Starting Average Salary*
\$35,510 per year

Phlebotomy Technician

*Source: www.bls.gov

Interested in a Career in Healthcare?

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admissions@quincycollege.edu

617-984-1710



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